

ORALMET TABLET

Consumer Medication Information Leaflet (RiMUP)

Metformin Hydrochloride (250mg, 500mg, 850mg and 1000mg)

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What Oralmet Tablet is used for

Oralmet tablet is used to control the level of sugar in blood for Type 2 diabetes or non-insulin dependent diabetes mellitus patients.

How Oralmet Tablet works

When there is too much sugar in your blood and insulin produced by your body is not enough to extract sugar from your blood, Oralmet Tablet will help to increase your body sensitivity to insulin and helps your body to use the sugar in the normal way again.

Before you use Oralmet Tablet

When you must not take it:

Do not use Oralmet,

1. if you are allergic to metformin,
2. if you have recently had an heart attack or any other heart problems,
3. if you have liver or kidney problems,
4. if you are pregnant, planning to get pregnant or are breast feeding.

Before you start to take it:

Talk to your doctor before using Oralmet if the conditions below apply to you:

1. Acidity in blood increased (Ketoacidosis)
2. Bad infection, stress, trauma
3. Problem with kidneys
4. Problem with liver and thyroid
5. Problem with heart

6. Loss a lots of water from body
7. Addiction to alcohol

Taking other medicine:

Some medicines may interact with Oralmet when taken together. These include:

- (a) Medicine which tend to produce high blood sugar such as corticosteroid, diuretics, thyroid products, nicotinic acid and etc.
- (b) Medicine can increase metformin concentration in blood, such as Furosemide.
- (c) Cationic medicines such as ranitidine, morphine, procainamide, trimethoprim and vancomycin.
- (d) Medicine that can increases peak and blood concentration of metformin such as Cimetidine.

Please consult your pharmacist or doctor for further advice.

How to take Oralmet Tablet

How much to take it

The usual starting dose is 500 mg metformin hydrochloride three times a day, given during or after meals. If you are taking Oralmet Tablet 850mg, initially 850mg can be taken twice or three times daily. A slow increase of dose may improve gastrointestinal tolerability. The maximum recommended dose of metformin hydrochloride is 3 g daily. The doctor will decide your initial dose and maintenance dose depends on your condition.

When to take it

Oralmet can be taken with or after meals.

How long to take it

Refer to your pharmacist or doctor for advice.

If you forget to take it

You need to take it immediately and do not take double dose to make up for a forgotten dose.

If you take too much (overdose)

High overdose of metformin or concomitant risks may lead to lactic acidosis. Lactic acidosis is a medical emergency and must be treated in hospital.

While you are using it

Things you must do

Check for your diabetes regularly. Remember to continue your diet with a regular distribution of carbohydrate intake during the day. Overweight patients should continue their energy-restricted diet.

Things you must not do

Do not take more than what your pharmacist or doctor prescribed

Thinks to be careful of

Avoid consumption of alcohol and alcohol-containing medicinal product.

Side effects

1. Nausea, anorexia and vomiting,
2. Absorption of Vitamin B12 may be impaired.
3. Weight loss.

Please consult your doctor/pharmacist for further information.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumer – Reporting).

Storage and diaposal of Oralmet

Storage

Store in a dry place, protect from direct light and humidity and below 25°C.

Disposal

Consult your doctor or pharmacist how to dispose the medicines which no longer required or has expired.

Product description

What it looks like

Oralmet Tablet 250mg - White round convex, 9mm in diameter tablet, film-

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Metformin Hydrochloride (250mg, 500mg, 850mg and 1000mg)

coated, inscribed with "SL" logo on one side.

Oralmet Tablet (500mg) - White round convex, 12mm in diameter tablet, film-coated, inscribed with 'SL' logo on one side and scoreline on the other.

Oralmet Tablet 850mg - off-white to slightly yellow, film-coated tablet, 14mm in diameter, convex inscribed with 'SL' logo on one side.

Oralmet Tablet 1000mg - off-white to slightly yellow, film-coated tablets, capsule shaped 10x18.75mm, with breakline on one side and 'SL' logo on the other.

Ingredients

Active ingredient:

Metformin HCl

Inactive ingredients:

Povidone

Macrogol

Sorbitol

Magnesium stearate.

Paraffin Special Powder (For Oralmet Tablet 250mg and 1000mg)

Opadry Y-1-7000 (For Oralmet Tablet 250mg, 850mg and 1000mg)

Hard paraffin (For Oralmet Tablet 850mg).

MAL Number

Oralmet Tablet 250mg MAL08031340A

Oralmet Tablet 500mg MAL19913428A

Oralmet Tablet 850mg MAL08111760A

Oralmet Tablet 1000mg MAL08091387A

Manufacturer

Scanlab Sdn bhd

17, Jln SBC 5, Tmn Sri Batu Caves

68100 Batu Caves, Selangor.

Product Registration Holder

Scanlab Sdn bhd

17, Jln SBC 5, Tmn Sri Batu Caves

68100 Batu Caves, Selangor.

Date of revision

08/04/2014