

GINSENG-E CAPSULES

Vitamin E acetate/ Ginseng (50IU/ 100mg)

What is in this leaflet

1. What Ginseng-E is used for
2. How Ginseng-E works
3. Before you use Ginseng-E
4. How to use Ginseng-E
5. While you are using Ginseng-E
6. Side effects
7. Storage and Disposal of Ginseng-E
8. Product description
9. Manufacturer and Product Registration holder
10. Date of revision

What Ginseng-E is used for

It is used as a vitamin E and ginseng supplement.

How Ginseng-E works

Vitamin E, an antioxidant, prevents the action of oxidizing agents in cell membranes and protects red blood cells against destruction. Ginseng contains ginsenosides. It may enhance the natural resistance and healing power of the body.

Before you use Ginseng-E

- When you must not use it

- allergic to vitamin E acetate and ginseng.

- Before you start to use it

Large doses are not recommended without doctor's advice. Large doses (more than 16 capsules per day for prolonged periods) have occasionally caused gastrointestinal disturbances and tiredness.

- Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

How to use Ginseng-E

- How much to use

As a supplement: Oral, 1 capsule daily, or as directed by doctor.

- When to use it

Use as directed by your doctor or pharmacist.

- How long to use it

Continue taking for as long as your doctor recommends.

- If you forget to use it

Do not take a double dose to make up for a forgotten capsule.

- If you use too much (overdose)

If taken too much Ginseng-E, contact your doctor, an emergency department or a poison center immediately.

While you are using Ginseng-E

- Things you must do

Inform doctor of medications that you are taking.

- Things you must not do

Do not stop taking medication although feeling better after a few days, until the prescribed course is finished.

- Things to be careful of

If pregnant or breast-feeding during treatment, should not take Ginseng-E unless advised by doctor.

Side effects

Large doses (more than 16 capsules per day for prolonged periods) have occasionally caused gastrointestinal disturbances and tiredness. Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine. .

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website npra.moh.gov.my (Public → Reporting Medicinal Problems / Side Effects / AEFI / Vaccine Safety).

Storage and Disposal of Ginseng-E

- Storage

Store in cool, dry place below 30°C. Protect from light. Keep away from children.

- Disposal

Ask your pharmacist how to dispose of medicines no longer required.

Product description

- What it looks like

Yellow opaque cap / Yellow transparent body.hard gelatin capsules.

- Ingredients:

- Active ingredients: vitamin E acetate and ginseng
- Inactive ingredients: cornstarch and magnesium stearate

- MAL number:

MAL19940453X

Manufacturer and Product Registration Holder

Prime Pharmaceutical Sdn. Bhd.
1505, Lorong Perusahaan Utama 1
Taman Perindustrian Bukit Tengah
14000 Bukit Mertajam, Penang, Malaysia.

Date of revision

26/12/2017

Serial number

NPRA(R4/1)221217/00370