

# MIST. CARMINATIVE

Light Magnesium Carbonate/Sodium Bicarbonate (150mg/250mg)

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## What Mist. Carminative is used for

For the symptomatic relief of upset stomach associated with hyperacidity and flatulence.

## How Mist. Carminative works

Light Magnesium Carbonate is an antacid with neutralizing action. Sodium Bicarbonate neutralizes the acid secretion in the stomach.

## Before you use Mist. Carminative

### -When you must not use it

Allergic (hypersensitive) to any ingredients of the product.

### Pregnancy and lactation

Talk to your doctor before taking this medicine if you are pregnant, might become pregnant or are breastfeeding.

### -Before you start to use it

Caution if you have impaired kidney function.

### -Taking other medicines

Inform your doctor or pharmacist before taking this medicines, including any that you get without a prescription from your pharmacy, supermarket or health food shop.

Some medicines and Mist. Carminative may interfere with each other. They may be affected by Mist. Carminative or may affect how well it works.

- It may interfere with the absorption of Tetracycline.

## How to use Mist. Carminative

### -How much to use

Always use Mist. Carminative exactly as your doctor has prescribed. You should check with your doctor or pharmacist if in doubt.

### The usual dose:

10 to 20ml to be taken when necessary.

### -When to use it

Use as directed by your doctor or pharmacist.

### -How long to use it

Continue taking Mist. Carminative as your doctor recommended. If symptoms persist, consult your doctor.

### -If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

### -If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Taking too much Mist. Carminative may cause:

- Hypermagnesemia (high level of magnesium in the blood).
- Hyponatremia (rise in serum sodium concentration).
- Solution overload

## While you are using Mist. Carminative

### -Things you must do

- Inform your doctor or pharmacist if symptoms persist after taking this medication.
- Take your medicine exactly as your doctor has told you.
- Tell all the doctors, dentists and pharmacists treating you that you are taking Mist. Carminative.
- Tell your doctor immediately if you become pregnant while taking this medication.

### -Things you must not do

- Do not take more than the recommended dose unless your pharmacist or doctor tells you.

- Do not take any new medicines without consulting your doctor.
- Do not give Mist. Carminative to anyone else, even if they have the same symptoms or condition as you.

### -Things to be careful of

- Do not take with Tetracycline.

## Side effects

Like all medicines, Mist. Carminative can cause side effects, although not everybody gets them.

If symptoms persist, do not take the medicine and refer to the doctor.

Tell your doctor if you notice any of the following side effects or notice any other effects not listed:

- Diarrhea
- Mucosal irritation (skin irritations, headache and respiratory problems).

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website [npra.moh.gov.my](http://npra.moh.gov.my) (Public Reporting Medicinal Problems / Side Effects / AEFI / Vaccine Safety).

## Storage and disposal of Mist. Carminative

### -Storage

Keep container tightly closed. Store between 15- 30°C. Protect from light. Keep medicine out of reach of children.

### -Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

## Product description

### -What it looks like

White Suspension.

### -Ingredients

-Active ingredient  
Each 5ml contains  
Light Magnesium Carbonate and  
Sodium Bicarbonate.

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**-Inactive ingredients**

Aromatic Cardamom Tincture, Xanthan Gum, Sodium Methyl Paraben, Sodium Propyl Paraben, Cetylpyridinium Chloride and Purified Water.

**-MAL number:**

MAL19962484X

**Manufactured by and Product Registration Holder**

KCK Pharmaceutical Industries Sdn. Bhd.  
Plot 61, Bayan Lepas Industrial Park  
Phase 4, 11900 Penang,  
Malaysia.

**Date of revision**

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