# TANZARIL TABLET 50MG

Losartan Potassium 50mg

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## 1. What Tanzaril is used for

Tanzaril is used for the treatment of high blood pressure (hypertension) and to reduce the risk of stroke in patients with high blood pressure and thickening of the ventricular wall in the heart. Tanzaril is also indicated for the treatment of kidney disease in patients with type 2 diabetes and a history of hypertension.

#### 2. How Tanzaril works

Tanzaril belongs to a group of medicines known as angiotensin II receptor antagonists. It works by causing the blood vessels to relax and so lowers your blood pressure.

# 3. Before you use Tanzaril

- When you must not use it

Do not take Tanzaril if you are:

- Allergic to any of its ingredients
- Pregnant or breast feeding
- Before you start use it

Please tell your doctor or pharmacist if:

- You have or have had any medical problems or allergies
- You intend to become pregnant or plan to breast feed
- You have kidney disease
- You have recently suffered from nausea or vomiting

# - Taking other medicines

Tell your doctor or pharmacist if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

Some medicines and Tanzaril may interfere with each other. These include:

- Other blood pressure medicines
- Rifampin, which is an antibiotic used to treat tuberculosis
- Fluconazole, an antibiotic to treat fungal infection
- Diuretic tablets, also called fluid or water tablets, including potassiumsparing diuretics
- Potassium supplements or salt substitutes containing potassium
- Medicines used to relieve pain, swelling, and other symptoms of inflammation

#### 4. How to use Tanzaril

## - How much to use

Your doctor or pharmacist will tell you how many tablets you need to take each day. This depends on your condition and whether you are taking other medicines. Take Tanzaril only as prescribed by your doctor or pharmacist.

#### - When to use it

Tanzaril may be administered with or without food. Take Tanzaril at about the same time each day. Taking your tablet at the same time each day will have the best effect. It will also help you remember when to take the tablets.

## - How long to use it

Continue taking Tanzaril for as long as your doctor or pharmacist recommends.

## - If you forget to use it

If you miss a dose, take it as soon as you remember. If it is almost time for your next dose, wait until then to take the dose and skip the missed dose. Do not take a double dose to make up for the missed dose.

#### - If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your

nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

The symptom of overdosage would be low blood pressure and faster heart beat; slower heart beat could occur from parasympathetic (vagal) stimulation. If symptomatic hypotension should occur, supportive treatment should be instituted by the doctor.

## 5. While you are using it

## - Things you must do

- Take this medicine exactly as your doctor or pharmacist has told you.
- Tell all the doctors, dentists and pharmacists treating you that you are taking Tanzaril.
- Tell your doctor or pharmacist immediately if you become pregnant while taking this medicine.

## - Things you must not do

- Do not stop taking the medicine unless advised by your doctor or pharmacist.
- Do not take any new medicines without consulting your doctor or pharmacist.
- Do not give Tanzaril to anyone else, even if they have the same symptoms or condition as you.

# - Things to be careful of

If angbioedema (swelling of the face, lips, pharynx and/ or tongue) occurs, discontinue this medicine and consult physician immediately.

## Pregnancy and breast feeding

The use of Tanzaril while you are pregnant or breast feeding is not recommended. If you are pregnant or become pregnant while taking Tanzaril, stop taking Tanzaril and talk to your doctor or pharmacist as soon as possible.

## Driving and using machines

Be careful driving or operating machinery until you know how Tanzaril affects you. As with many other medicines used to treat high blood pressure, Tanzaril may cause dizziness and light-headedness in some people. Make sure you know how you react to Tanzaril before you drive a car, operate machinery, or do anything else that could be dangerous if you are dizzy or light-headed. If you drink alcohol, dizziness or light-headedness may be worse.

## 6. Side effects

Like all medicines, Tanzaril can cause side effects, although not everybody gets them.

The side effects of Tanzaril are dizziness, light-headedness and rash.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers → Reporting).

## 7. Storage and Disposal of Tanzaril

## - Storage

Store below 30°C and protect from light.

Keep out reach of children.

#### - Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

## 8. Product Description

## - What it looks like

White, oval shape with SMC engraved on one side and "50" with break line on the other side of film coated tablet.

## - Ingredients

- Active ingredient: Each tablet contains losartan potassium 50mg.
- Inactive ingredients: Lactose, Microcystalline Cellulose, Povidone K30, Magnesium Stearate, Purified Water, Opadry White

## - <u>MAL number</u> MAL10100030A

#### 9. Manufacturer

Silom Medical Co., Ltd. 27/2 Phayathai Road, Bangkok 10400, Thailand

## **Product Registration Holder**

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# **10. Date of revision** 21/8/2014