REXOM_{TM} VITAMIN B-12 TABLET

Cyanocobalamin (Vitamin B12) (50mcg)

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What $REXOM_{TM}$ Vitamin B-12 is used for

As dietary supplement for the prevention of nutritional cyanocobalamin deficiency where gastrointestinal absorption is normal.

How REXOM_{TM} Vitamin B-12 works

REXOM $_{TM}$ Vitamin B-12 contains cyanocobalamin, which is Vitamin B-12. It helps to treat Vitamin B-12 deficiency in the body.

Before you use REXOM_{TM} Vitamin B-12

-When you must not use it

- It should not be used in people known to be hypersensitive to cyanocobalamin or other components of the formulation.
- It should not be given to individuals without first confirm the diagnosis.
- It should not be used to treat megaloblastic anemia (blood disorder) of pregnancy.

-Before you start to use it

Pregnancy and lactation

Talk to you doctor before taking this medicine if you are pregnant, might become pregnant or are breastfeeding.

-Taking other medicines

Inform your doctor or pharmacist before taking this medicines, including any that you get without a prescription from your pharmacy, supermarket or health food shop.

How to use REXOM $_{\mbox{\scriptsize TM}}$ Vitamin B-12

-How much to use

Always use $REXOM_{TM}$ Vitamin B-12 exactly as your doctor has prescribed. You should check with your doctor or pharmacist if in doubt.

The usual dose:

50-150 mcg daily.

-When to use it

To be taken between meals. Use as directed by your doctor or pharmacist.

-How long to use it

Continue taking REXOM_{TM} Vitamin B-12 as your doctor recommended. If symptoms persist, consult your doctor.

-If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

-If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Large doses of Vitamin B-12 may cause blood changes in people with folate deficiency.

While you are using REXOM $_{TM}$ Vitamin B-12

-Things you must do

- Tell all the doctors, dentists and pharmacists treating you that you are taking REXOM_{TM} Vitamin B-12.
- Tell your doctor immediately if you become pregnant while taking this medication.

-Things you must not do

 Do not take more than the recommended dose unless your pharmacist or doctor tells you.

- Do not take any new medicines without consulting your doctor or pharmacist.
- Do not give REXOM_{TM} Vitamin B-12 to anyone else, even if they have the same symptoms or condition as you.

-Things to be careful of

Large doses are not recommended without doctor's advice.

Side effects

Like all medicines, REXOM_{TM} Vitamin B-12 can cause side effects, although not everybody gets them.

If side effects persist, do not take the medicine and refer to the doctor.

Tell your doctor if you notice any of the following side effects or notice any other effects not listed:

- Skin rash
- Itching
- Wheezing
- Diarrhea

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website npra.moh.gov.my (Public → Reporting Medicinal Problems / Side Effects / AEFI / Vaccine Safety).

Storage and disposal of REXOM_{TM} Vitamin B-12

-Storage

Keep container tightly closed. Store below 30°C. Protect from heat and light. Keep medicine out of reach of children.

-Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product description

-What it looks like

Round with top score, pink colour tablet.

-Ingredients

-Active ingredient

Cyanocobalamin (Vitamin B12)

REXOM_{TM} VITAMIN B-12 TABLET

Cyanocobalamin (Vitamin B12) (50mcg)

-Inactive ingredients Lactose, Magnesium stearate, Corn starch and Deionized water.

<u>-MAL number</u> MAL19911374X

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