${f VIBEE^{@}}$ ${f TABLETS}$

Thiamine mononitrate (B1)/Pyridoxine hydrochloride (B6)/Cyanocobalamin (B12) (100mg/200mg/200 mcg)

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What Vibee® tablets is used for

It is used in people who have nerve disorders and deficiencies or raised requirement of Vitamin B1, B6, B12. This could be due to complications from diseases such as diabetes and the damage of nerves in alcoholics. This also could include inflammation, degeneration or low back pain and other discomforting symptoms.

How Vibee® tablets works

Vibee is a combination of three essential vitamins (B1, B6 and B12) for nerve in high dosage.

Before you use Vibee® tablets

- When you must not use it Do not take Vibee® tablets if you are allergic to Thiamine, Pyridoxine or Cyanocobalamin or to any other ingredient in this medicine.

Pregnancy and lactation

Do not take Vibee if you are pregnant, trying to get pregnant or think you may be pregnant.

All active ingredients are found in the breast milk. Do not take Vibee if you are breast-feeding. Ask your doctor or pharmacist for advice before taking any medicine.

- Before you start to use it

Take sensitivity test before consuming Vibee tablet.

- Taking other medicines

Tell your doctor or pharmacist if you are taking any other medicines, including medicines obtained without prescription

from pharmacy, supermarket, or health food shop.

Tell your doctor or pharmacist if you are taking any of the following:

- Levodopa (for Parkinson disease)
- Aminoglycosides, chloramphenicol (antibiotic)
- Anticonvulsants (eg, phenytoin, phenobarbital, primidone) (for
- Colchicine (for gout)

How to use Vibee® tablets

- How much to use

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

Take 1-2 tablets three times daily or as directed by physician. The tablets are swallowed unchewed with a little liquid with or after meals.

When to use it

Use as directed by your doctor or pharmacist.

How long to use it

Continue taking Vibee® tablets for as long as your doctor or pharmacist recommends.

If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or

poisoning. You may need urgent medical attention.

Taking too many tablets may cause convulsion and death.

While you are using it

- Things you must do

Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking *Vibee*[®] *tablets*.

Tell your doctor immediately if you become pregnant while taking this medication.

- Things you must not do

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor or pharmacist.

Do not give Vibee® tablets to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

Driving and using machines If the tablets make you feel sick, dizzy or tired, or give you a headache, do not drive or use machines and contact your doctor immediately.

Side effects

Like all medicines, Vibee® tablets can cause side effect, although not everybody gets them.

Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine.

Thiamine may cause feelings of warmth, tingling, itchy, pain, hives, weakness, sweating, nausea, restlessness, tightness of the throat, swelling under the skin, breathing difficulties, bluish discoloration of the skin, swelling, gastric bleeding and low blood pressure.

Pyridoxine at large dosages may cause nausea, headache, burning or pricking

sensation, sleepiness, and increased liver enzyme and decreased folic acid level.

Cyanocobalamin at large doses has diarrhea, blood clot in blood vessels, itching, redness, hives, feeling of swelling of the entire body, serious, life threatening allergic reaction, and death.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website npra.moh.gov.my (Public→ Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI).

Storage and Disposal of Vibee® tablets

- Storage

Keep medicines out of reach of children.

Store at temperature not exceeding 30°C. Protect from light and moisture.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

Round, biconvex, pink film coated tablet, impressed BIOLAB's logo on one side and bisected on the obverse.

- Ingredients

Active ingredient(s)
 Vitamin B₁ (Thiamine)
 Vitamin B₆ (Pyridoxine)
 Vitamin B₁₂ (Cyanocobalamin)

- Inactive ingredients
Magnesium Stearate
Colloidal silicon dioxide
Isopropyl alcohol
Povidone K-30
Hydroxypropyl methylcellulose
Ethylcellulose
Titanium dioxide
Talcum
Polyethylene glycol 4000
Propylene glycol
Carmoisine lake
Methylene chloride

- <u>MAL number:</u> MAL20020541XZ

Manufacturer

Biolab co., ltd. 625 Soi 7A Bangpoo Industrial Estate, Samutprakarn 10280, Thailand.

Product Registration Holder

Medispec (M) Sdn. Bhd. 55&57, Lorong Sempadan 2 (Off Boundary Road), 11400 Ayer Item, Penang, Malaysia.

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23.2.2018

Serial number

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