

# BRONKINE TABLET

Terbutaline sulphate (2.5 mg)

## What is in this leaflet:

1. What Bronkine Tablet is used for
2. How Bronkine Tablet works
3. Before you use Bronkine Tablet
4. How to use Bronkine Tablet
5. While you are using Bronkine Tablet
6. Side effects
7. Storage and disposal of Bronkine Tablet
8. Product description
9. Manufacturer and Product Registration Holder
10. Date of revision

## What Bronkine Tablet is used for

Bronkine Tablet is used to control asthma, bronchitis and emphysema. Bronchitis is an inflammation of the air passages between the nose and the lungs while emphysema is a chronic respiratory disease where there is over-inflation of the air sacs (alveoli) in the lungs, causing a decrease in lung function, and often, breathlessness. Bronkine Tablet helps to relieve tightening of the chest and difficulties in breathing.

## How Bronkine Tablet works

It helps to open up the airways in the lung by relaxing muscle of the airways.

## Before you use Bronkine Tablet

### When you must not use it

Do not take this medicine if you are allergy or hypersensitive to:

1. Terbutaline sulphate.
2. Any of the other ingredients listed at the end of this leaflet.

Do not take this medicine after the expiry date.

If you are not sure whether you should be taking this medicine, talk to your pharmacist or doctor.

### Before you start to use it

This medicine should not be used if you have medical conditions such as:

1. Heart disease.
2. Diabetes.
3. Overactive thyroid gland.
4. High blood pressure

### Pregnancy and breastfeeding

If you are pregnant, trying to get pregnant or think you may be pregnant or are breastfeeding ask your doctor or pharmacist for advice before taking any medicine.

Use of terbutaline during pregnancy and breastfeeding should consider its risk-benefit. Terbutaline inhibits uterine (pear-shaped organ in a woman's pelvis) activity during the second and third trimesters of pregnancy and may inhibit labour. Small amounts of terbutaline are excreted in breast milk.

### Taking other medicines

Please tell your doctor or pharmacist if you are taking, or have recently taken, any other medicines. This includes medicines that you buy without a prescription and herbal medicines.

Bronkine Tablet can effect the way that some medicines work and some medicines can have an effect on Bronkine Tablet.

In particular, tell your doctor or pharmacist if you are taking any of the following medicines:

1. Digitalis glycosides (for heart disorder)
2. Beta-adrenergic blocking agents (for heart disorder)
3. Antihypertensive agents (for reducing blood pressure)
4. CNS stimulation – producing medications (use to speed up physical and mental processes )
5. Thyroids hormones (for thyroid disorder)
6. Anesthetics (use to stop the pain feeling and other sensations)
7. Other sympathomimetic (for heart disorder)
8. Levodopa (for Parkinson's disease)
9. Nitrates (for heart disorder)
10. Xanthine (such as theophylline or aminophylline which are use to treat respiratory diseases)

If you are not sure whether you are taking any medications as mentioned above, ask your pharmacist or doctor.

## How to use Bronkine Tablet

### How much to use

Always take Bronkine Tablet exactly as your doctor has told you.

This medicine is to be taken orally. Take 2.5mg to 5mg three times a

day at approximately 6 hours interval.

### Doses:

Adults : Up to 15 mg in 24 hours. Lower dose may be required in elderly people.

Children (12-15 years of age) : Dosage does not exceed 7.5 mg daily.

Children (up to 12 years of age) : Use is not recommended.

### When to use it

Use as directed by your doctor or pharmacist.

### How long to use it

Do not stop taking this medicine even when you feel better unless your doctor tells you to stop.

### If you forget to use it

If you miss a dose of Bronkine Tablet, take it as soon as possible. Unless it is time for next dose, skip the missed dose and take the next dose at regularly scheduled time. Do not take 2 doses at once.

### If you use too much (overdose)

If you have taken more than the prescribed dose contact your doctor immediately. Symptoms of overdose are: severe dizziness, severe drowsiness, continuing or severe headache, severe increase in blood pressure, severe muscle cramps, continuing nausea and vomiting.

## While you are using Bronkine Tablet

### Things you must do

Take your medicine exactly as your doctor has told you.

Tell your doctor immediately if you become pregnant while taking this medication.

Check with your doctor:

1. If you still have trouble breathing 1 hour after taking this medicine.
2. If your symptoms return within 4 hours after taking this medicine.

# BRONKINE TABLET

Terbutaline sulphate (2.5 mg)

---

3. If your condition gets worse.

Contact your physician if you do not respond to the usual dose of this medication, since this may be a sign of seriously worsening asthma or bronchospasm (tightening of the airways going into the lungs) that requires reassessment of therapy.

### Things you must not do

Do not take new medicines without consulting your doctor.

Do not give Bronkine Tablet to anyone else, even if they have the same symptoms or condition as you.

### Things to be careful of

Avoid driving or operating machinery while taking Bronkine Tablet as you may feel dizzy and sleepy.

### **Side effects**

#### More Frequent Incident

Nervousness, restlessness or trembling.

#### Less Frequent Incident

Dizziness or lightheadedness, drowsiness, headache, increase in blood pressure, muscle cramps or twitching, nausea or vomiting, unusual increase in sweating, unusually fast or pounding heartbeat or weakness.

You may report any side effects or drug reactions directly to the National Center for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website [portal.bpfk.gov.my](http://portal.bpfk.gov.my) (Consumers → reporting)

### **Storage and disposal of Bronkine Tablet**

#### Storage

Keep container tightly closed in a dry place, below 25°C. Protect from light. Keep out of the reach of children.

#### Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

### **Product description**

#### What it looks like

Bronkine Tablet 2.5 mg is clean, uniform, small, round, flat, scored on one side, bevel edged tablet and white in color.

### Ingredients

#### Active ingredient:

Terbutaline sulphate 2.5 mg per tablet.

#### Inactive ingredients:

The inactive ingredients of Bronkine Tablet 2.5 mg are lactose, corn starch, and magnesium stearate.

#### MAL number:

Bronkine Tablet 2.5 mg:  
MAL19880024A

### **Manufacturer:**

Idaman Pharma Manufacturing Sdn  
Bhd (661901-P)  
Lot 24, Bakar Arang Industrial Estate,  
08000 Sungai Petani, Kedah, Malaysia.

### **Product Registration Holder**

Idaman Pharma Manufacturing Sdn  
Bhd (661901-P)  
Lot 24, Bakar Arang Industrial Estate,  
08000 Sungai Petani, Kedah,  
Malaysia.

### **Date of revision**

29/05/2015

### **Serial number**

BPFK(R4/1)290515/00129