

# PABRON DM SYRUP

Dextromethorphan HBr 15.0mg/5ml and Bromhexine HCl 8.0mg/5ml

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This leaflet answers some common questions about PABRON DM SYRUP. It does not contain all the available information. It does not take the place of talking to your pharmacist or doctor.

All medicines have risks and benefits. Your pharmacist or doctor has weighed the risks of you taking PABRON DM SYRUP against the benefits they expect it will have for you.

If you have any concerns about taking this medicine, ask your pharmacist or doctor.

Keep this leaflet with the medicine.

You may need to read it again.

## What PABRON DM SYRUP is used for

PABRON DM SYRUP is used as short term symptomatic relief of cough associated with reduction in sputum viscosity.

## How PABRON DM SYRUP works

PABRON DM SYRUP contains the active ingredients Bromhexine HCl and Dextromethorphan HBr.

**Bromhexine HCl** belongs to a group of medicines called mucolytic agents and works by making your mucus thinner so that you can get rid of it more easily.

**Dextromethorphan** belongs to a group of medicines called antitussive (cough suppressant) which suppresses cough by acting on the cough centre in the brain.

Ask your pharmacist or doctor if you have any questions about this medicine.

## Before you use PABRON DM SYRUP

### -When you must not use it

Patients with sensitivity to bromhexine and dextromethorphan or other components of the formulation. Unsuitable for phenylketonurics (a genetic disorder in which an individual cannot properly metabolize an amino acid). Not to be used in children less than 2 years of age.

### -Before you start to use it

Tell your pharmacist or doctor: If you have peptic ulceration (painful sores or ulcers in the lining of the stomach), asthma, chronic bronchitis (a lung disease that makes it hard to breathe), emphysema (short of breath), diabetes, hepatic (liver) function impairment and respiration depression.

Inform your doctor if you are pregnant or breastfeeding.

### -Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

Concomitant use of PABRON DM SYRUP with drug-metabolizing enzyme inhibitors like amiodarone and quinidine may occasionally cause a rise in blood pressure.

## How to use PABRON DM SYRUP

### -How much to use

### **Adult and children above 12 years old:**

Take 5 ml of this medicine after meals, 3 to 4 times a day or every 6 to 8 hours.

Warning (when used for the treatment of cough and cold):

1. Not to be used in children less than 2 years of age.
2. To be used with caution & doctor's advice in children 2 to 6 years of age.

### -When to use it

Use the medication after meal.

### -How long to use it

Continue taking PABRON DM SYRUP for as long as your doctor recommends.

### -If you forget to use it

Take the missed dose as soon as you remember.

If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose.

Do not take a double dose to make up for the missed dose.

### -If you use too much (overdose)

If you take too much of this medicine, consult your doctor or pharmacist. Bring any remaining medicine with you.

The symptoms of overdose are tachycardia (increase heart rate), hypertension, vomiting, mydriasis (dilation of the pupil), diaphoresis (perspiring profusely), nystagmus (involuntary eye movement), euphoria (over excited), loss of motor coordination, and giggling. In addition to those listed above, other symptoms are hallucinations, agitation or somnolence (sleepiness).

## While you are using PABRON DM SYRUP

### -Things you must do

Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking PABRON DM SYRUP.

During treatment, do not take any anti-cough medicine.

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## -Things you must not do

Do not drink alcohol while taking PABRON DM SYRUP. The sedation effects of alcohol may be increase.

Do not take more than the recommended dose unless your doctor tells you to.

Do not give PABRON DM SYRUP to anyone else, even if they have the same symptoms or condition as you.

## -Things to be careful of

This medication may cause drowsiness and impair performance in test of auditory vigilance in some people. If this occurs do not drive or operate machinery.

Should not be used for persistent or chronic cough.

## **Side effects**

PABRON DM SYRUP may have unwanted side effects in some people. All medicines can have side effects. Sometimes they are serious, most of the time they are not.

The side effects possibly related to treatment have been infrequently reported. Stop taking the medicine if you have experience: headache, dizziness, sweating, skin rash, constipation, stomach discomfort, vomiting, nausea and gastrointestinal disturbances.

If you get any side effects, even those not mentioned in this leaflet, tell your doctor or pharmacist. You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website [portal.bpfk.gov.my](http://portal.bpfk.gov.my) (Consumers → Reporting)

## **Storage and Disposal of PABRON DM SYRUP**

### -Storage

Store below 30°C.  
Keep in a cool dry place, protected from light.  
Keep out of reach of children.

### -Disposal

Dispose the medicine after the expiry date. Medicines should not be disposed of via wastewater or household waste, Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

## **Product description**

### -What it looks like

PABRON DM SYRUP is a hazy, yellow viscous liquid with lemon odor.

This preparation is alcohol-free and sugar-free.

PABRON DM SYRUP is available in 60 ml and 120 ml bottle.

### -Ingredients

-Active ingredient(s):  
Each 5 ml syrup contains 15.0 mg of Dextromethorphan HBr and 8.0 mg of Bromhexine HCl.

-Inactive ingredients:  
Sorbitol Solution (70% NC), Aspartame, Trisodium Citrate Dihydrate, Disodium edetate dihydrate, Peppermint Flavor, Citric Acid Monohydrate, Glycerin, Propylene Glycol, Sodium Benzoate, Purified Water, Acesulfame-K, CMC Sodium 7HOF, Lemon Flavor, Color D&C Yellow No. 10.

### -MAL number:

MAL12090002AC

## **Manufacturer**

OLIC (Thailand) Limited  
166 Moo 16,  
Bangpa-In Industrial Estate,  
Udomsorasayuth Road,  
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## **Product Registration Holder:**

HOE Pharmaceuticals Sdn. Bhd.  
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42000 Port Klang, Selangor,  
Malaysia.

## **Date of revision**

-18/04/2014