

# UPHAMOL SUSPENSION 250

Paracetamol (250mg/5ml)

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## What Uphamol Suspension is used for

Uphamol Suspension is used for relief of pain, fever, discomforts of teething, headache, toothache, earache, common cold, flu and post vaccination reactions.

## How Uphamol Suspension works

Uphamol Suspension contains paracetamol as an active ingredient. Paracetamol works by relieving pain and reducing high temperature.

## Before you use Uphamol Suspension

- When you must not take it

Do not take this medicine if your child has an allergy to:

- paracetamol
- any of the other ingredients listed at the end of this leaflet

Allergy alert: Paracetamol may cause severe skin reactions. Symptoms may include skin reddening, blister or rash.

These could be signs of serious conditions. If these reactions occur, stop use and seek medical assistance right away.

Do not take Uphamol Suspension if your child is taking other products containing paracetamol.

Do not take this medicine after the expiry date printed on the pack or if the packaging is torn or shows signs of tampering. If it has expired or is damaged, return it to the pharmacist for disposal.

If you are not sure whether your child should start taking this medicine, talk to your doctor.

- Before you start to use it

Tell your doctor if your child has allergies to any other medicines, foods, preservatives or dyes.

Tell your doctor if you have or have ever had any other health problems / medical conditions.

If symptoms persist, please consult your doctor or pharmacist.

- Taking other medicines

Tell your doctor or pharmacist if your child is taking any other medicines, including any that you get without a prescription from your pharmacy, supermarket or health food shop.

Some medicines and Uphamol Suspension may interfere with each other.

Your doctor and pharmacist have more information on medicines to be careful with or avoid while taking this medicine.

## How to use Uphamol Suspension

Follow all directions given to you by your doctor and pharmacist carefully.

These directions may differ from the information contained in this leaflet.

If you do not understand the instructions on the pack, ask your doctor or pharmacist for help.

- How much to use

Children 1 to 5 years:  
Take ½ to 1 teaspoonful (2.5ml to 5ml)

Children 6 to 12 years:  
Take 1 to 2 teaspoonful (5 to 10ml)

- When to use it

Take Uphamol Suspension every four to six hours or as your doctor has prescribed.

Do not take more than 4 times daily and never exceed the recommended dose unless prescribed by your doctor or pharmacist.

- How long to use it

Continue taking Uphamol Suspension for as long as the doctor recommends.

- If you forget to use it

Take the dose as soon as you remember, and continue to take it as you would normally.

If it is almost time for the next dose, skip the dose you missed and take the next dose when you are meant to.

Do not take a double dose to make up for the dose that you missed. This may increase the chance of getting an unwanted side effect.

- If you use too much (overdose)

Immediately telephone your doctor for advice or go to Accident and Emergency (Casualty) at your nearest hospital if you think that your child or anyone else may have

taken too much Uphamol Suspension.

Signs and symptoms of overdose include:

- Vomiting, mild nausea, gastrointestinal upset
- Low blood pressure
- lack of appetite
- Diarrhoea

Do this even if there are no signs of discomfort or poisoning. Your child may need urgent medical attention.

### While you are using it

#### - Things you must do

Tell all the doctors, dentists and pharmacists who are treating your child that he/she is taking Uphamol Suspension.

If your child is about to start taking any new medicine tell the doctor and pharmacist that your child is taking Uphamol Suspension.

#### - Things you must not do

Do not take Uphamol Suspension to treat any other complaints unless your doctor tells you to.

Do not give the medicine to anyone else, even if they have the same condition as your child.

#### - Things to be careful of

### Side effects

All medicines can have side effects. Sometimes they are serious, most of the time they are not.

Ask for the advice of your doctor or pharmacist if you have any concerns about the effects of taking this medicine.

When taken as directed, unwanted effects from Uphamol 250 are rare and usually mild.

Skin hypersensitivity reactions including skin rashes, swelling under the skin, Stevens Johnson Syndrome/Toxic Epidermal Necrolysis have been reported.

Tell your doctor or pharmacist if you notice anything else that is making your child feels unwell.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Monitoring by calling Tel: 03-78835550, or visiting the website [npra.moh.gov.my](http://npra.moh.gov.my) (Public → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI).

### Storage and Disposal of Uphamol Suspension

#### - Storage

Keep container tightly closed. Keep the medicine in its original packaging until it is time to take them.

Keep the medicine in a dry place where the temperature will stay below 30°C. Protect from light.

Do not store the medicine, or any other medicine, in the bathroom or near a sink.

Keep it where children cannot reach it.

#### - Disposal

If your doctor or pharmacist tells your child to stop taking this medicine or it has passed its expiry date, ask your pharmacist what to do with any medicine that is left over.

### Product Description

#### - What it looks like

Uphamol Suspension 250 (Fruity)  
A pink, fruity flavoured suspension.

Uphamol Suspension 250 (Orange)  
An orange, orange flavoured suspension.

#### - Ingredients

Active ingredient:  
Each 5ml of Suspension contains 250mg paracetamol.

Inactive ingredients:  
Uphamol Suspension 250 (Fruity)

- Glycerine
- Methylparaben,
- Propylparaben
- Saccharin Sodium
- Sugar
- Sorbitol Solution
- Tragacanth Gum
- Banana Essence
- Ponceau 4R
- Condensed Milk Flavour
- Simethicone
- Trisodium Citrate

Uphamol Suspension 250 (Orange)

- FD & C Yellow No.6
- Methylparaben,
- Propylparaben
- Saccharin Sodium
- Sugar
- Sorbitol Solution
- Tragacanth Gum
- Simethicone
- Trisodium Citrate
- Orange Essence
- Glycerine

#### - MAL number

Uphamol Suspension 250 (Fruity)  
MAL19991448XZ

Uphamol Suspension 250 (Orange)  
MAL19991447XZ

### Manufacturer

Upha Pharmaceutical Mfg (M) Sdn Bhd (53667-M)  
Lot 2&4, Jalan P/7, Section 13, Bangi Industrial Estate, 43650 Bandar Baru Bangi, Selangor Darul Ehsan

### Product Registration Holder

Upha Pharmaceutical Mfg (M) Sdn Bhd (53667-M)  
Lot 2&4, Jalan P/7, Section 13, Bangi Industrial Estate, 43650 Bandar Baru Bangi, Selangor Darul Ehsan

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