

HYDROCORTISONE CREAM

Hydrocortisone acetate (1% w/w)

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What *Hydrocortisone* is used for

For relief or treatment of dermatitis, eczema and other inflammatory skin conditions where steroid is indicated.

How *Hydrocortisone* works

Hydrocortisone contains a medicine, which belongs to a group called corticosteroids, which act to relieve pain and swelling.

Before you use *Hydrocortisone*

- When you must not use it

- allergic to hydrocortisone or other ingredients of *Hydrocortisone*
- systemic fungal infections
- acute infections including herpes zoster and herpes simplex
- ulceration of the eyes
- vaccination with live vaccine

- Before you start to use it

Do not use around or in eyes. Do not bandage or wrap the treated skin area unless directed to do so by physician. Long continuous use should be avoided as this may give rise to rebound following sudden withdrawal. Caution in individuals with infection at treatment site or tuberculosis of the skin.

- Taking other medicines

The medicine is for topical application and will usually have minimal effect on other medication. However, please inform the doctor or pharmacist if taking other medicines.

How to use *Hydrocortisone*

- How much to use

Apply sparingly over affected skin 3 – 4 times daily, or as directed by physician

- When to use it

Please follow the advice of the doctor or pharmacist..

- How long to use it

You should follow advice from your doctor or pharmacist.

- If you forget to use it

If you forget to use this medicine, use it as soon as you remember. Then continue using it at your usual time.

- If you use too much (overdose)

If you have used too much *Hydrocortisone*, contact your doctor, an emergency department or a poison center immediately.

While you are using *Hydrocortisone*

- Things you must do

Inform your doctor of all the medications you are taking.

- Things you must not do

Do not stop using medication although you feel better after a few days, until the prescribed course is finished.

- Things to be careful of

If you are pregnant, become pregnant, or are breastfeeding, you should not use *Hydrocortisone* unless advised by your doctor. Excessive prolonged usage in pregnancy should be avoided.

Side effects

Side effects may be more pronounced with the use of an occlusive dressing. With prolonged use, moon face, thinning of the skin with easy bruising, acne, facial hair growth, loss of hair on scalp, reddish purple lines on arms, legs, trunks or groin may occur. If any of the side effects become serious or any other side effects not listed in this leaflet, please inform the doctor or pharmacist.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website npra.moh.gov.my (Public → Reporting Medicinal Problems / Side Effects / AEFI / Vaccine Safety).

Storage and Disposal of *Hydrocortisone*

- Storage

Store in cool, dry place below 30°C. Protect from light. Keep out of reach and sight of children.

- Disposal

Ask your pharmacist how to dispose of medicines no longer required.

Product description

- What it looks like

White colour cream.

- Ingredients

- Active ingredient: hydrocortisone acetate
- Inactive ingredients: cetomacrogol emulsifying wax, white soft paraffin, liquid paraffin, chlorocresol, sodium citrate, citric acid and deionised water.

- MAL number:

MAL19890364AZ

Manufacturer and Product Registration Holder

Prime Pharmaceutical Sdn. Bhd.
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