

VOTMINE SYRUP

Dimenhydrinate (15mg/5ml)

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What Votmine is used for

Votmine is used for:

- Prevention and relief of motion sickness
- Treatment of vertigo (a sensation of spinning and loss of balance), nausea or vomiting associated with electroshock therapy, anaesthesia, surgery and radiation sickness

How Votmine works

Votmine contains the active ingredient, dimenhydrinate. Dimenhydrinate belongs to a group of medicines called antiemetic. Dimenhydrinate works to relieve or prevent nausea and vomiting by affecting the vomiting centre in the brain.

Ask your doctor if you have any questions about why this medicine has been prescribed for you. Your doctor may have prescribed it for another reason.

Before you use VOTMINE

- When you must not use it

Do not take Votmine if you have an allergy to:

- dimenhydrinate

- any of the other ingredients of Votmine listed at the end of this leaflet.

Do not take Votmine if you have, or have had, any of the following conditions:

- kidney or liver disease
- enlarged prostate
- glaucoma (increased pressure in the eyes)
- asthma

If you are not sure whether any of the above conditions apply to you, ask your doctor.

Do not take this medicine after the expiry date printed on the pack or if the packaging is torn or shows signs of tampering. If it has expired or is damaged, return it to your pharmacist for disposal.

If you are not sure whether you should start taking this medicine, talk to your doctor.

- Before you start to use it

Tell your doctor if you have allergies to any other medicines, foods, preservatives or dyes.

Tell your doctor if you are pregnant or plan to become pregnant or are breastfeeding.

Dimenhydrinate should be used during pregnancy only if clearly needed.

Small amount of antihistamines are distributed into breast milk; use is not recommended in nursing mothers.

Your doctor may arrange tests for you as dimenhydrinate may delay the diagnosis of appendix inflammation and obscure signs of toxicity from overdose of other medicines.

Dizziness, sedation, confusion and low blood pressure may be more likely to occur in old people taking antihistamines. Your doctor can discuss with you the risks and benefits involved.

If you have not told your doctor about any of the above, tell him/her before you start taking Votmine.

- Taking other medicines

Tell your doctor or pharmacist if you are taking any other medicines, including any that you get without a prescription from your pharmacy, supermarket or health food shop.

Some medicines and Votmine may interfere with each other.

These include:

- other antihistamine (use for allergies)
- anticholinergic (use for asthma)
- medicines causing ear toxicity
- apomorphine (to treat Parkinson's disease, a movement disorder)
- opioid analgesics (painkiller)

These medicines may be affected by Votmine or may affect how well it works. You may need different amounts of your medicines, or you may need to take different medicines.

Your doctor and pharmacist have more information on medicines to be careful with or avoid while taking this medicine.

How to use Votmine

Follow all directions given to you by your doctor or pharmacist carefully. They may differ from the information contained in this leaflet.

If you do not understand the instructions, ask your doctor or pharmacist for help.

- How much to use

Your doctor will tell you how much Votmine you need to take. This may depend on your age, your medical condition and whether or not you are taking other medicines.

Syrup:

Children:

Ages 2-6 years: 2.5 ml to 5 ml two or three times daily.

Ages 6-8 years: 5 ml to 10 ml two or three times daily.

Ages 8-12 years: 10 ml to 15 ml two or three times daily.

Dimenhydrinate may be given to children under 2 years of age following the advice of a physician.

Ask your doctor or pharmacist if you are unsure of the correct dose for you. They will tell you exactly how much to take.

- When to use it

To prevent motion sickness, take the first dose 30 minutes before starting activity such as travel.

- How long to use it

Continue taking Votmine Syrup for as long as your doctor recommends.

- If you forget to use it

If you miss a dose of dimenhydrinate, take it as soon as possible. If it is almost time for your next dose, skip the missed dose and go back to your regular dosing schedule. Do not take 2 doses at once.

If you have trouble remembering to take your medicine, please ask your pharmacist.

- If you use too much (overdose)

Immediately telephone your doctor for advice, or go to Accident and Emergency at the nearest hospital, if you think that you or anyone else may have taken too much Votmine.

Do this even if there are no signs of discomfort or poisoning.

You may need urgent medical attention.

Some of the symptoms of an overdose may include:

- convulsion
- clumsiness or unsteadiness
- severe drowsiness
- severe dryness of mouth, nose or throat
- flushing or redness of face
- shortness of breath

While you are using it

- Things you must do

Always follow your doctor's instructions carefully.

If you are about to be started on any new medicine, remind your doctor and pharmacist that you are taking Votmine.

- Things you must not do

Do not take Votmine to treat any other complaints unless your doctor tells you to.

Do not give your medicine to anyone else, even if they have the same condition as you.

- Things to be careful of

Make sure you know how you react to it before you drive a car, operate machinery, or do anything else that could be dangerous. If you are dizzy or light-headed, do not drive.

Be careful when drinking alcohol while taking Votmine. Combining Votmine and alcohol can make you more sleepy, dizzy or light-headed.

Side effects

Tell your doctor or pharmacist as soon as possible if you do not feel well while you are taking Votmine. All medicines can have side effects. Sometimes they are serious, most of the time they are not. You may need medical attention if you get some of the side effects.

Do not be alarmed by the following lists of side effects. You may not experience any of them.

Ask your doctor or pharmacist to answer any questions you may have.

Tell your doctor or pharmacist if you notice any of the following and they worry you:

- drowsiness
- dizziness
- dry mouth
- nausea
- blurred vision
- lethargy
- excitement
- convulsion

Other side effects not listed above may also occur in some people.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers → Reporting).

Storage and disposal of Votmine

- Storage

Keep your medicine in the original container. If you take it out of its original container it may not keep well.

Store below 25°C. Protect from light.

Do not store Votmine or any other medicine in the bathroom or near a sink. Do not leave it on a window sill or in the car.

Heat and dampness can destroy some medicines.

Keep it where children cannot reach it.

A locked cupboard at least one-and-a-half metres above the ground is a good place to store medicines.

- Disposal

If your doctor tells you to stop taking this medicine or the expiry date has passed, ask your pharmacist what to do with any medicine that is left over.

Product Description

- What it looks like
Votmine Syrup 15mg/5ml is a clear, yellow syrup.

- Ingredients

Active ingredient:

- Dimenhydrinate

Inactive ingredients:

- pineapple flavour
- coarse sugar
- methyl paraben
- propyl paraben
- liquid glucose
- quinoline yellow
- propylene glycol
- sodium saccharin
- deionised water

- MAL number
MAL19880307A

Manufacturer

Duopharma (M) Sdn Bhd
(42491-M)
Lot 2599, Jalan Seruling 59,
Kaw 3, Taman Klang Jaya,
41200 Klang,
Selangor Darul Ehsan
Malaysia.

Product Registration Holder

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