

ANPRODEX TABLETS

Dexchlorpheniramine maleate (2mg)

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What Anprodex Tablets is used for

Dexchlorpheniramine Maleate is indicated for symptomatic treatment of

- perennial (symptoms are present throughout the year) and seasonal allergic rhinitis (inflammation of nose)
- vasomotor (non-allergic) rhinitis
- allergic conjunctivitis (inflammation of the membrane covering the eye)
- mild, uncomplicated allergic skin manifestations of urticaria (a raised, itchy rash on skin caused by an allergic reaction) and angioedema (swelling under the skin)
- allergic reactions to blood plasma.
- Skin conditions e.g. allergic eczema (itchy skin condition with redness, swelling, oozing of fluid, crusting which may lead to scaling), atopic dermatitis (a type of eczema), contact dermatitis (inflammation caused by contact with a foreign substance), insect bites, dermographism (a condition in which lightly touching or scratching the skin causes raised, reddish marks) and medicine reactions.

How Anprodex Tablets works

It contains the active ingredient dexchlorpheniramine maleate. Dexchlorpheniramine maleate is an antihistamine. Histamine is a chemical released into the body during an allergic reaction. It causes itching and inflammation.

Anprodex Tablets works by blocking the effects of the naturally occurring chemical histamine in your body.

Before you use Anprodex Tablets

- When you must not use it

- If you are allergic (hypersensitive) to Dexchlorpheniramine Maleate or to an antihistamine or any of the other ingredients of Anprodex Tablets.
- If you are receiving monoamine oxidase inhibitors (MAOIs) therapy for depression treatment.
- If you are breastfeeding.

- Before you start to use it

You must tell your doctor if:

- You have allergies to any medicine which you have taken previously to treat your current condition.
- You are pregnant, trying to become pregnant or breastfeeding.
- You have increased pressure in the eyes.
- You have pyloroduodenal obstruction (obstruction of the outlet of stomach)
- You have urinary tract obstruction
- You have cardiovascular disease including high blood pressure and increased heart rate.
- You have hyperactive of thyroid gland and overproduction of thyroid hormone.

- Taking other medicines

Please tell your doctor or pharmacist if you are taking or have recently taken any of these medicines:

- Monoamine oxidase inhibitors (MAOIs) – severe low blood pressure may occur.
- Alcohol, tricyclic antidepressants, barbiturates or other central nervous system depressants – may potentiate the sedative effect of dexchlorpheniramine.
- Oral anticoagulants – action may be blocked by antihistamines.

Always inform your doctor and pharmacist if you are taking any other medicines, including herbal tonics, supplements and medicines that you buy without prescription.

How to use Anprodex Tablets

Always take this medicine exactly as your doctor has told you. You should check with your doctor or pharmacist if you are not sure.

- How much to use

Adult

2mg three to four times a day.
Max: 12mg/day

Children

12 years of age and above: 2mg three to four times a day.
Max: 6mg/day
6-12 years: 1mg three to four times a day. Max: 6mg/day

Anprodex Tablets is not recommended in newborns and premature infants.

- When to use it

Use as directed by your doctor or pharmacist. Take this medicine only by mouth.

- How long to use it
Continue using Anprodex Tablets for as long as your doctor recommends.

- If you forget to use it
 - If you forget a dose, take it as soon as you remember it.
 - However, if it is nearly time for the next dose, skip the missed dose.
 - Do not take a double dose to make up for a forgotten dose.

- If you use too much (Overdose)
May cause unusual excitation in children and can result in hallucinations (hear, smell, taste or feel things that do not exist), coma and death in overdose.

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using it

- Things you must do
Tell all the doctors, dentists and pharmacists treating you that you are taking Anprodex Tablets.
Contact your doctor if your symptoms worsen or they do not improve.

If you do become pregnant whilst taking Anprodex Tablets, tell your doctor.

- Things you must not do
Do not give Anprodex Tablets to anyone else, even if their symptoms seem similar or they have same condition as you. Your doctor has prescribed Anprodex Tablets for you and your condition.

- Things to be careful of
You should be cautious while engaging in activities requiring mental alertness, driving a car or operating appliances, machinery etc.

Antihistamines may cause dizziness, sedation and low blood pressure in people over 60 years

Side Effects

Like all medicines, Anprodex Tablets can have side effects, although not everybody gets them. The following side effects may happen with this medicine.

- Slight to moderate drowsiness is the most frequent adverse effect of dexchlorpheniramine maleate.
- General side effects: urticaria, medicine rash, anaphylactic shock (life-threatening allergic reaction), photosensitivity, excessive perspiration (sweating), chills and dryness of mouth, nose and throat.

Consult your doctor or pharmacist if you are in doubt or for any further information.

If any of the side effects gets serious or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website npra.moh.gov.my (Public → Reporting Medicinal Problems / Side Effects / AEFI / Vaccine Safety).

Storage and Disposal of Anprodex Tablets

- Storage
Do not use after the expiry date stated on the pack. The expiry date refers to the last day of that month.

Anprodex Tablets should be stored in the original package and in a dry place.

Store below 30°C in well-closed containers. Protect from light, heat and moisture.

Keep out of the reach and sight of children.

- Disposal
Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like
A red, scored, flat oval tablet

- Ingredients
 - Active ingredient:
Each tablet contains 2mg of the active substance, dexchlorpheniramine maleate.

- Inactive ingredients:
The other ingredients are lactose, corn starch, sodium starch glycolate, povidone K-30, magnesium stearate, allura red AC, colloidal silicone dioxide and isopropyl alcohol.

- MAL number
MAL06051328AZ

Manufacturer and Product Registration Holder

Malaysian Pharmaceutical Industries Sdn. Bhd.
Plot 14, Lebuhraya Kampung Jawa, 11900 Bayan Lepas, Penang, Malaysia.

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