

TRINOLONE TABLET

Triamcinolone (4mg)

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What Trinolone Tablet is used for

It is used for endocrine disorder (hormone) malfunction, rheumatic disorders (affecting muscles, tendons, joints, bones), collagen diseases, skin diseases, acute exacerbation of multiple sclerosis (affect your brain, spinal cord, and the optic nerves in your eyes), allergic states, respiratory diseases, eye diseases, blood disorders, cancer diseases, swelling states and gastrointestinal diseases, tuberculous meningitis (infection of the brain and spinal cord) with spinal block.

How Trinolone Tablet works

The active ingredient in this medicine is triamcinolone, is a synthetic flucocorticoid and has potent anti-inflammatory, hormonal and metabolic effects. Triamcinolone is primarily used for their potent anti-inflammatory effects in disorders of many organ systems. It can help to produce glucose in the body from non-carbohydrate sources and increase the breakdown of protein. It can also depress a person's body immune response.

Before you use Trinolone Tablet

- When you must not use it

Do not use Trinolone Tablet if:-

- You have hypersensitivity to Triamcinolone or flucocorticoid or any ingredients in this product listed at the end of this leaflet.
- you have systemic fungal infections.
- You have injected with live virus vaccinations.

- Before you start to use it

You should check with your doctor if you have the following :-

- infectious diseases
- eye infection due to herpes simplex virus
- tuberculosis disease (bacterial infection that mainly affects the lungs)
- hypothyroidism (underactive thyroid disease)
- cirrhosis (scarring of the liver)

- ulcerative colitis (ulcers and inflammation in the digestive tract)

People under corticosteroid therapy subjected to unusual stress, increased dosage of rapidly acting corticosteroids before, during and after the stressful situation is indicated.

Corticosteroids may affect certain test for bacterial infection and produce false negative results. If inactivated viral or bacterial vaccines are given to person who receiving corticosteroids, the expected blood antibody response may not be obtained.

Mental illness, hyper excitement and happiness, unaccountable change of mood, personality changes and severe depression may appear when corticosteroids are used.

People with prolonged corticosteroid therapy may result in symptoms of fever, muscle and joint pain and also malaise. During prolonged corticosteroid therapy you should receive chemoprophylaxis (medication for the purpose of preventing disease or infection).

Pregnancy and breastfeeding

You should check with your doctor if you are or think you may be pregnant, planning to become pregnant or if you are breastfeeding.

Your doctor may discuss the risk/benefit of taking Trinolone Tablet because problems in human is not documented, and is found in breast milk.

- Taking other medicines

There are a few medicines which may not take with Trinolone Tablet. It is important to tell your doctor or pharmacist about all the medicines that you are taking, including those obtained without doctor's prescription. You should talk to your doctor or pharmacist if you are taking:-

- Aspirin, treatment for pain and inflammation
- Phenytoin and Phenobarbital, treatment for fits
- Ephedrine, medicine for asthma
- Rifampicin treatment for bacterial infection
- Coumarin anti-coagulants (treatment for blood thinning)
- Diuretic, as water tablets

How to use Trinolone Tablet

- How much to use

You should take Trinolone Tablet exactly as advised by your doctor or pharmacist. The amount you take each day will depend on your condition. Do not take more or less than what your doctor prescribes.

Adult

Adrenocortical insufficiency (hormone imbalance): 4 to 12mg a day as a single dose or in divided doses, in conjunction with a mineralcorticoid.

Other indications: 4 to 48mg a day as a single dose or in divided doses.

Children

Adrenocortical insufficiency: 117mcg per kg of body weight or 3.3mg per square meter of body surface a day as a single dose or in divided doses, in conjunction with a mineralcorticoid.

Other indications: 416mcg to 1.7mg per kg body weight or 12.5 to 50mg per square meter of body surface a day as a single dose or in divided doses

- When to use it

Use Trinolone Tablet when needed and according to your doctor's prescription.

- How long to use it

It is important to take Trinolone Tablet as long as your doctor prescribes.

- If you forget to use it

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using it

- Things you must do

- Take your medicine exactly as your doctor has told you.
- Tell all the doctors, dentists and pharmacists treating you that you are taking Trinolone Tablet.
- Tell your doctor immediately if you become pregnant while taking this medication.

- Things you must not do

- Do not stop taking the medicine unless advised by your doctor.

- Do not take any new medicines without consulting your doctor.
- Do not give Trinolone Tablet to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

If you experience any side effects, consult your doctor or pharmacist for advice.

Side effects

Like all medicines, Trinolone Tablet can cause side effects, although not everybody gets them. Adverse reactions include fluid and electrolyte disturbance, muscle weakness, osteoporosis (brittle bone) pancreas inflammation, cushing syndrome, growth retardation in children, menstrual irregularities, increased pressure in the eye, visual disturbances, manifestations of diabetes mellitus, stomach ulcer with possible perforation and bleeding, impaired wound healing, convulsion and increased pressure in brain with eye nerve swelling.

Any other effects not listed above may also occur in some people. Please refer to your doctor or pharmacist if you experience any other symptoms while taking this medication.

You may report any side effect or adverse drug reaction directly to the National Centre for Adverse Drug Reaction Monitoring by calling 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers→Reporting).

Storage and disposal of Trinolone Tablet

- Storage

Store at temperature 25 °C. Protect from light.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

Round, white, convex, plain tablet with “SW” debossed on one side.

- Ingredient(s)

- Active Ingredient
Triamcinolone

- Inactive Ingredients

- Lactose
- Maize Starch
- Magnesium stearate

- MAL number

MAL19921153A

Manufacturer

Sunward Pharmaceutical Sdn. Bhd.
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Product Registration Holder

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