

ANALCAM TABLET

Tenoxicam (20mg)

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What ANALCAM tablet is used for

ANALCAM tablet relieves pain and reduces inflammation that may occur in:

- different types of arthritis (inflammation of joint), including osteoarthritis (degenerative joint disease) and rheumatoid arthritis (systemic inflammatory disorder that affects joints). As with other Non-Steroidal Anti-Inflammatory Drugs (NSAID) medicines, ANALCAM tablet will not cure your arthritis condition, but it may help to control pain.

How ANALCAM tablet works

ANALCAM tablet contains the active ingredient tenoxicam. ANALCAM tablet belongs to a group of medicines called Non-Steroidal Anti-Inflammatory Drugs (NSAIDs). It used to relieve pain and reduces inflammation.

Your doctor, however, may have prescribed ANALCAM tablet for another purpose. Ask your doctor if you have any questions why ANALCAM tablet has been prescribed for you. This medicine is available only with a doctor's prescription.

Before you use ANALCAM tablet

- When you must not use it

Do not take ANALCAM tablet if you have an allergy to:

- ANALCAM tablet (Tenoxicam) or any ingredients listed at the end of this leaflet.
- Aspirin (medication used to reduce fever pain and prevent blood clot).
- Any other NSAID medicine.

Many medicines used to treat headache, period pain and other aches and pains contain aspirin or NSAID medicines. If you are not sure if you are taking any of these medicines, ask your pharmacist. Symptoms of an allergic reaction to these medicines may include:

- Asthma, wheezing or shortness of breath.
- Swelling of the face, lips or tongue which may cause difficulty in swallowing or breathing
- Hives, itching or skin rash
- Fainting
- Blocked or running nose

If you are allergic to aspirin or NSAID medicines and take ANALCAM, these symptoms may be severe.

Do not take ANALCAM tablet if:

- You have gastritis (inflammation of the stomach)
- If you have or have had gastric and intestinal ulcer, bleeding and perforation.

Do not take ANALCAM Tablet if the packaging is torn or shows signs of tampering

Do not take ANALCAM if the expiry date printed on the pack has passed. If you take this medicine after the expiry date has passed, it may not work as well.

- Before you start to use it

Tell your doctor if:

1. Please consult your doctor before start to use ANALCAM tablet if you are pregnant, plan to become pregnant, breast-feeding or intend to breast-feed. Your doctor will have weighed the risks of you taking ANALCAM tablet against the benefits they expect it will have for you.
2. You have or have had any medical conditions, especially the following:
 - liver disease
 - kidney disease
 - diabetes (high blood sugar)
 - heart failure or heart disease or uncontrolled blood pressure
 - you have had a stroke
 - you smoke (increases the risk of heart disease)
3. You have or have had bleeding, ulceration and perforation of stomach and intestinal.

4. You have dyspepsia (discomfort at the epigastric region due to digestion problem).
5. You are elderly.
6. ANALCAM tablet may cause severe skin reaction, e.g. exfoliative dermatitis, toxic epidermal necrolysis, Steven-Johnson Syndrome. Symptoms may include skin blisters and peel off. These could be signs of a serious condition. If these reactions occur, stop use and seek medical assistance right away.

- Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you have bought without a prescription from a pharmacy, supermarket or health food shop.

Some medicines may interfere with ANALCAM tablet. These include:

- diuretics, also called fluid or water tablets
- diabetic medicines taken by mouth, medicines used to treat diabetes
- other NSAID medicines
- methotrexate, a medicine used to treat arthritis and some cancers
- lithium, a medicine used to treat some types of depression
- anticoagulant medicines - warfarin, heparin, medicines used to stop blood clots
- beta blocker, antihypertensive, medicines used for high blood pressure.
- Highly protein bound medicines.
- Antacid, medicines for gastritis.

These medicines may be affected by ANALCAM tablet, or may affect how well it works.

You may need to take different amounts of your medicine, or you may need to take different medicines. Your doctor will advise you.

Your doctor and pharmacist have more information on medicines to be careful with or avoid while taking ANALCAM tablet.

Ask your doctor or pharmacist if you are not sure about this list of medicines.

How to use ANALCAM tablet

Follow all directions given to you by your doctor or pharmacist carefully.

They may differ from the information contained in this leaflet.

- How much to use

Risk of adverse events is more likely with higher doses and prolonged (longer term) treatment. Do not take more than the recommended dose or duration of treatment. Check with your doctor if you are not sure.

Take ANALCAM tablet exactly as your doctor has prescribed.

The usual dose is one 20 mg ANALCAM tablet once a day, if you are elderly, doctor may prescribe a lower dose for you due to you may be less able to tolerate side effects than younger patients.

You are also more likely to be receiving concomitant medication or to have impaired liver, kidney or brain function.

However, for some conditions the dose may be different.

Please consult your doctor if you are below 18 years old.

Take ANALCAM tablet with water or other fluids.

- When to use it

ANALCAM tablet should be taken once daily, at about the same time each day.

- How long to use it

Your doctor will advise you on how long you need to take ANALCAM tablet for.

- If you forget to use it

If it is almost time for your next dose, skip the dose you missed and take your next dose when you are meant to. Otherwise, take it as soon as you remember.

Do not take a double dose to make up for the dose that you missed.

- If you use too much (overdose)

Immediately telephone your doctor or go to the Emergency Department at your nearest hospital, if you think that you or anyone else may have taken too much ANALCAM tablet.

Do this even if there are no signs of discomfort or poisoning.

While you are using it

- Things you must do

Tell all doctors, dentists and pharmacists who are treating you that you are taking ANALCAM tablet.

Tell your doctor if you become pregnant while taking ANALCAM tablet.

If you are going to have surgery tell your surgeon you are taking ANALCAM tablet.

Tell your doctor if, for any reason, you have not taken your medicine exactly as prescribed.

Otherwise, your doctor may think that it was not effective and change your treatment unnecessarily.

Tell your doctor if you feel that ANALCAM tablet is not helping your condition.

Be sure to keep all of your appointments with your doctor so that your progress can be checked.

Your doctor may wish to perform tests from time to time to monitor your condition.

- Things you must not do

Do not stop taking ANALCAM tablet or change the dose without first checking with your doctor.

Do not let yourself run out of medicine over the weekend or on holidays.

Do not give ANALCAM tablet to anyone else, even if they have the same condition as you.

Do not use ANALCAM tablet to treat other complaints unless your doctor says to.

Do not take other medicines whether they require a prescription or not without first telling your doctor or consulting a pharmacist.

- Things to be careful of

Be careful driving or operating machinery until you know how ANALCAM tablet affects you.

As with other NSAID medicines, ANALCAM tablet may cause dizziness and headaches in some people.

Side Effects

All medicines can have side effects. Sometimes they are serious, most of the time they are not. You may need medical treatment if you get some of the side effects. Ask your doctor or pharmacist to answer any questions you may have.

Tell your doctor if you notice any of the following and they worry you:

- severe pain in the area of gastric and intestinal tract, gastralgia (gastic colic), heartburn, nausea, constipation, diarrhea.
- dizziness, headache
- severe skin reactions with blistering and/or severe rash.
- Urinary tract problem.
- Kidney, liver and biliary tract problem.
- Flatulence, indigestion.
- Stomatitis (inflammation of the mucus membrane).
- Anorexia (lost or no appetite to eat).
- Stomach and intestinal ulceration and bleeding.

This is not a complete list of all possible side effects. Others may occur in some people and there may be some side effects not yet known.

Tell your doctor if you notice anything else that is making you feel unwell, even if it is not on these lists.

Ask your doctor or pharmacist if you don't understand anything in these lists.

Do not be alarmed by this list of possible side effects. You may not experience any of them.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers → Reporting).

Storage and Disposal of ANALCAM tablet

- Storage

Keep your ANALCAM tablet in the original packaging until it is time to take it.

If you take the tablets out of their packaging they may not keep well.

Keep the tablets in a cool, dry place where the temperature is below 30°C.

Do not store ANALCAM tablet or any other medicine in a bathroom or near a sink.

Do not leave it in the car or on window sills. Heat and dampness can destroy some medicines.

Keep ANALCAM tablet where children cannot reach it.

A locked cupboard at least one-and-a-half metres above the ground is a good place to store medicines.

- Disposal

If your doctor tells you to stop taking ANALCAM tablet, or the tablets have passed their expiry date, ask your pharmacist what to do with any that are left over.

Product Description

- What it looks like

ANALCAM Tablet 20 mg; a green colour caplet with 'DUO' marking on both sides.

- Ingredients

Active ingredient:

Each ANALCAM tablet contains 20 mg Tenoxicam

Inactive ingredients:

- Promigel
- Brilliant Blue
- Lactose
- Aerosil
- Quinoline Yellow
- Cornstarch
- Magnesium Stearate

- MAL Number

ANALCAM TABLET
20MG
MAL19950291A

Manufacturer

Duopharma (M) Sdn. Bhd.
(42491-M)
Lot. 2599, Jalan Seruling 59,
Kawasan 3, Taman Klang Jaya,
41200 Klang, Selangor Darul
Ehsan, Malaysia.

Product Registration Holder

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(42491-M)
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