ANPROMIDE TABLETS

Loperamide Hydrochloride (2mg)

What is in this leaflet:

- 1. What Anpromide Tablets is used for
- 2. How Anpromide Tablets works
- 3. Before you use Anpromide Tablets
- 4. How to use Anpromide Tablets
- 5. While you are using it
- 6. Side effects
- Storage and Disposal of Anpromide Tablets
- 8. Product Description
- 9. Manufacturer and Product Registration Holder
- 10. Date of revision

What Anpromide Tablets is used for

Loperamide is indicated for the control and symptomatic relief of acute diarrhoea and of chronic diarrhoea, and to reduce the volume of discharge from ileostomies (an opening in the abdominal wall where the small intestine is diverted that's made during surgery).

How Anpromide Tablets works

Loperamide hydrochloride is the active ingredient of Anpromide Tablets. Loperamide belongs to the group of medicine called Antidiarrheal, which act to relieve symptoms of diarrhea. It works by prolongs the transit time of the intestinal contents and making the stools more dense.

Before you use Anpromide Tablets

- When you must not use it
 - If you are allergic (hypersensitive) to loperamide hydrochloride or any of the other ingredients of Anpromide Tablets 2mg.
 - If you have toxic megacolon (expansion of colon caused by complication of inflammatory large intestine disease or infection).
 - If you have dysentry or if constipation must be avoided because it may result in fluid retention in the intestine, which may aggravate and mask dehydration and depletion of electrolytes, especially in children.

- If you have severe colitis (inflammation of the lining of the large intestine).
- For children under 6 years old.

Before you start to use it

You must tell your doctor if:

- You have allergies to any medicine which you have taken previously to treat your current condition.
- You are pregnant, trying to become pregnant or breast-feeding. The medicines should be used during pregnancy and lactation only when clearly indicated.

- <u>Taking other medicines</u>

Please tell your doctor or pharmacist if you are taking or have recently taken any of these medicine:

Opiod analgesics, also known as narcotic analgesics (pain killer) – concurrent use may increase the risk of constipation.

Always inform your doctor and pharmacist if you are taking any other medicines, including herbal tonics, supplements and medicines that you buy without prescription.

How to use Anpromide Tablets

Always take this medicine exactly as your doctor has told you. You should check with your doctor or pharmacist if you are not sure. Take this medicine only by mouth.

- How much to use

Acute diarrhoea: 4mg initially, followed by 2mg after each loose stool for up to 5 days, usual dose 6-8mg daily.

Chronic diarrhoea:

Initial: 4mg followed by 2mg after each loose stool until diarrhoea is controlled.

Maintenance: 4-8mg a day in single or divided daily doses is needed.

When to use it

Use as directed by your doctor or pharmacist.

The tablets may be taken with or without food.

How long to use it

Acute diarrhoea: up to 5 days.

- If you forget to use it

- If you forget a dose, take it as soon as you remember it.
- However, if it is nearly time for the next dose, skip the missed dose.
- Do not take a double dose to make up for a forgotten dose.

- If you use too much (overdose)

Symptoms of overdose includes constipation, gastrointestinal irritation and depression of the central nervous system.

If you think you have taken an overdose of Anpromide Tablets, please tell your doctor who will then decide what action should be taken.

While you are using it

- Things you must do

Contact your doctor if your symptoms worsen or they do not improve.

If you do become pregnant whilst taking Anpromide Tablets, tell your doctor.

- <u>Things you must not do</u>

Do not give Anpromide Tablets to anyone else, even if their symptoms seem similar or they have same condition as you. Your doctor has prescribed Anpromide Tablets for you and your condition.

Things to be careful of

- Use with caution in people with liver dysfunction.
- Use with caution in young children because of greater variability of response.

- People with inflammatory bowel disease or people suffering from antibiotic associated gut inflammation should be monitored for toxic megacolon.
- Appropriate fluid and electrolyte should be taken to protect against dehydration in all cases of diarrhoea.

Side effects

Like all medicines, Anpromide Tablets can have side effects, although not everybody gets them. The following side effects may happen with this medicine:

Abdominal pain and other gastrointestinal disturbances, including toxic megacolon, dry mouth, dizziness and fatigue. Skin rash (hypersensitivity reaction) has also been reported.

If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

Consult your doctor or pharmacist if you are in doubt or for any further information.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my

(Consumers→Reporting)

Storage and Disposal of Anpromide Tablets

- <u>Storage</u>

Do not use after the expiry date stated on the pack. The expiry date refers to the last day of that month.

Anpromide Tablets should be stored in the well-closed plastic containers and in a dry place.

Store below 30°C.

Keep out of the reach and sight of children.

- <u>Disposal</u>

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

The tablets are pink, scored, flat of diameter 7mm tablets with 'MPI' logo.

They are supplied in 100 x 10's blisterpack.

- <u>Ingredients</u>

- Active ingredient
 Each tablet contains 2mg of the
 active substance, loperamide
 hydrochloride.
- Inactive ingredients
 The other ingredients are lactose, corn starch, microcrystalline cellulose pH101, potato starch, magnesium stearate and colchineal Red A.
- <u>MAL number</u> MAL19985186AZ

Manufacturer and Product Registration Holder

Malaysian Pharmaceutical Industries Sdn. Bhd.

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Date of Revision

06/11/2015

Serial Number:

BPFK(R4/1)051115/00405