

VOKAM FILM COATED TABLET

Diclofenac Potassium (50mg)

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What VOKAM F.C TABLET is used for

It is used for short-term treatment of:

- Painful after trauma inflammatory states e.g. sprains, strains and dislocation.
- Relief of pain in fractures.
- Inflammation and pain after operation.
- Rheumatoid arthritis (systemic inflammatory disorder that affects joints).
- Osteoarthritis (degenerative joint disease).
- Lower back pain.
- Migraine
- Ankylosing spondylitis (chronic inflammatory disease of the skeleton).
- Gout.

How VOKAM F.C TABLET works

VOKAM F.C TABLET contains a substance called Diclofenac. Diclofenac is a non-steroidal anti-inflammatory drugs (NSAIDs) which reduces inflammation, pain and fever.

Before you use VOKAM F.C TABLET

-When you must not use it

Do not use VOKAM F.C TABLET:

- if you have allergy or hypersensitivity to Diclofenac, Aspirin, other NSAIDs or any other ingredients listed at the end of this leaflet.
- if you have had asthma, rhinitis (Inflammation of the nasal mucous membrane), urticaria (itching or hives) and the symptoms become worsen caused by Aspirin or NSAIDs.
- if you have or have had active or suspected stomach and intestinal ulcer or bleeding.

-Before you start to use it

Tell your doctor if:

1. you have any heart problem/stroke
2. you have high blood pressure
3. you have or have had ulceration, bleeding and perforation of the stomach and intestinal

4. VOKAM F.C TABLET may cause severe skin reactions, e.g. exfoliative dermatitis, toxic epidermal necrolysis, Steven-Johnson Syndrome. Symptoms may include skin rash, blisters and peel off. These could be signs of a serious condition. If these reactions occur, stop use and seek medical assistance right away.

5. you have liver, kidney problem.
6. you have blood disorder
7. Please consult your doctor before start to use VOKAM F.C TABLET if you are pregnant, plan to become pregnant, breast-feeding or intend to breast-feed. Your doctor will have weighed the risks of you taking VOKAM F.C TABLET against the benefits they expect it will have for you.

-Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

Some medicines when taken with VOKAM F.C TABLET may interfere with each other. These include:

1. Lithium, for depression
2. digoxin, medicine for heart
3. anticoagulants, medicines for blood thinning
4. antidiabetic agents, for diabetes
5. Cyclosporine, medicine used after organ transplant
6. Methotrexate, a medicine used to treat rheumatoid arthritis, as well as some types of cancers
7. Quinolone, for infection
8. diuretics, water pills
9. anti-hypertensive, for high blood pressure
10. other NSAIDs

How to use VOKAM F.C TABLET

-How much to use

Usual adult dose: 100-150mg initially. In milder cases, 75-100mg daily is usually sufficient. The daily dosage should always be prescribed in 2-3 divided doses.

Migraine: 50mg initially, In cases where relief is not sufficient 2 hours after the first dose, a further dose of 50 mg may be taken. If needed, further doses of 50 mg may be taken at intervals of 4-6 hours, not exceeding a total dose of 200 mg per day.

Children more than 14 years old: 75-100mg in 2-3 divided doses.

VOKAM F.C TABLET is not recommended in children under 14 years of age.

-When to use it

Use as directed by your doctor or pharmacist.

-How long to use it

Continue taking VOKAM F.C. TABLET for as long as your doctor recommends.

-If you forget to use it

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

-If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine.

Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Taking too much tablet may cause low blood pressure, kidney failure, fit, stomach and intestinal irritation and respiratory depression.

While you are using VOKAM F.C TABLET

-Things you must do

Tell all the doctors, dentists and pharmacists treating you that you are taking VOKAM F.C. TABLET.

Tell your doctor immediately if you become pregnant while taking this medication

-Things you must not do

Do not stop taking this medicine or change the dosing regimen without instruction from your doctor. Do not give VOKAM F.C TABLET to anyone else, even if they have the same condition as you.

-Things to be careful of

Be careful driving or operating machinery until you know how VOKAM F.C TABLET affects you.

Side effects

VOKAM F.C TABLET may cause side effects such:

-stomach and intestine disorder such as diarrhea, nausea and vomiting, abdominal cramp, stomach and intestinal bleeding and ulcers, and colon damage.

-central nervous system: headache, dizziness, drowsiness and memory disturbance.

-Skin disorder: rashes or skin eruption.

-Cases of hair loss, bullous eruption, erythema multiforme, Stevens Johnson syndrome, toxic epidermal necrolysis (Lyell's syndrome), and photosensitivity reactions have been reported.

-Kidney : Kidney injury such as acute renal insufficiency, urinary abnormalities (e.g. haematuria, proteinuria), interstitial nephritis, nephrotic syndrome, papillary necrosis.

-Liver disorder

-Blood disorder such as thrombocytopenia, leucopenia, agranulocytosis, haemolytic anaemia, aplastic anaemia.

-Severe hypersensitivity reaction

-Cardiovascular disorder

Like all medicines, VOKAM F.C TABLET can cause side effects, although not everybody gets them.

Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers → Reporting)

Storage and Disposal of VOKAM F.C TABLET

-Storage

Keep in a tight container. Store at temperature below 25°C. Protect from light and moisture.

-Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product description

-What it looks like

A reddish-brown color round shape film coated tablet

-Ingredients

- Active ingredient

Diclofenac Potassium

- Inactive ingredients

Microcrystalline cellulose, Dibasic H₂O, Polyvinylpyrrolidone, Sodium starch glycolate, Sodium lauryl sulfate, Magnesium stearate, Colloidal silicon dioxide, Talc, Opadry brown, Opadry yellow, Ethanol 96%.

-MAL number

MAL 08031380AZ

Manufacturer and Product Registration

Holder:

Y.S.P Industries (M) Sdn. Bhd.
Lot 3,5 & 7, Jalan P/7, Section 13,
Kawasan Perindustrian Bandar Baru
Bangi,
43000 Kajang, Selangor Darul Ehsan,
Malaysia.

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