

T3 ADA GEL

Adapalene (0.1% w/w)

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This leaflet answers some common questions about T3 ADA GEL. It does not contain all the available information.

It does not take the place of talking to your doctor or pharmacist.

All medicines have risks and benefits. Your doctor has weighed the risks of you using this medicine against the benefits they expect it will have for you.

Keep this leaflet with the medicine.

You may want to read it again.

What T3 ADA GEL is used for

T3 Ada Gel is used for the treatment of pimples in which blackheads, whiteheads, inflammation and pus predominate.

How T3 ADA GEL works

T3 Ada Gel contains Adapalene as active ingredients and acts against the abnormal skin processes associated with acne.

Before you use T3 ADA GEL

-When you must not use it

Allergic (hypersensitive) to Adapalene or any of the ingredients listed at the end of this leaflet.

-Before you start to take it

Tell your doctor or pharmacist:

- If you have an infection on your skin and specify on the infected area.
- Your medical conditions or allergies you may have, and any significant facts about your health.
- Use in children: Safety and effectiveness in children below the age of 12 have not been established

-Pregnancy and breast feeding:

- Ask your doctor or pharmacist for advice before using this medicine if you are pregnant, plan to become pregnant or are breast-feeding.

-Taking other medicines

Tell your doctor or pharmacist about all the other medicines and skin products you use, including prescription and non-prescription medicines, vitamins, herbal supplements, and cosmetics.

Products with high concentrations of alcohol, spices or lime rind should be approached with caution.

Particular caution should be exercised in using preparations containing sulfur, resorcinol, or salicylic acid in combination with T3 Ada Gel.

How to use T3 ADA GEL

-How much to use

For external use only.

Apply a thin layer once a day to the affected areas of the skin.

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet.

If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

-When to use it

Use it after washing before bedtime.

-How long to use it

Continue using T3 Ada Gel for as long as your doctor recommends.

If you are not sure how long you should be using T3 Ada Gel, check with your doctor. If your condition does not improve after the treatment course, or if it becomes worse, contact your doctor.

-If you forget to use it

Use it as soon as you remember. Then go back to your regular schedule. If it is about time for your next dose, apply just that 1 dose, and continue with your regular schedule. Do not make up the missed dose. If you miss several doses, tell your doctor.

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-If you use too much (overdose)

If the medication is applied excessively, marked redness, peeling, or skin discomfort may occur.

If, by mistake on a few occasions you use more than you should, do not worry. If you apply a lot or a lot is accidentally swallowed, it could make you ill. Talk to your doctor or go to the hospital as soon as possible.

While you are using T3 ADA GEL

-Things you must do

If you are about to start taking any new medicine, tell your doctor and pharmacist that you are using T3 Ada Gel.

Avoid eyes, lips and mucous membranes.

-Things you must not do

Do not give T3 Ada Gel to anyone else, even if they have the same condition as you.

Do not use medicated or abrasive cleansers, astringent or strong drying agents or irritant products. Only oil-free moisturisers should be used to relieve dry facial skin.

Do not apply to skin abrasions, eczematous skin, or sunburned skin.

-Things to be careful of

T3 Ada Gel should be used during pregnancy and lactation only if clearly needed.

Discontinue use and consult the doctor if you have sensitivity or irritation.

Reduce exposure to sunlight, including sunlamps during use of adapalene.

Side effects

Like other medicines, T3 Ada Gel can cause some side effects. If they occur, most are likely to be minor and temporary. However, some may be serious and need medical attention.

T3 Ada Gel causes a feeling of warmth, burning, itching, dryness, scaling, skin irritation, burning /stinging, redness, sunburn, and acne flares. These effects most commonly occur during the initial month of treatment and should decrease with continued use.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835549, or visiting the website npra.moh.gov.my (Public → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI))

Storage and Disposal of T3 ADA GEL

-Storage

Store below 30°C.
Keep container well closed.
Keep out of reach of children.

-Disposal

Dispose the medicine after the expiry date.
Consult your pharmacist on how to safely dispose of any medicines no longer required.

Product description

-What it looks like

An off-white opaque viscous gel with characteristic odour, available in 25g aluminium tubes.

-Ingredients

-Active ingredient:
Adapalene

-Inactive ingredient:
Sodium Hydroxide, Methylparaben, Allantoin, Disodium Edetate, Polyethylene Glycol 400, Butylene Glycol, Phenoxyethanol, Glycerin, Carbomer and Purified Water.

-**MAL number:** MAL09122819AZ

Manufacturer and Product Registration Holder

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