

# IPOLIPID

Gemfibrozil (300mg, 600mg)

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## What IPOLIPID is used for

IPOLIPID is used, alongside a low fat diet and other non-medical treatment such as exercise and weight loss, to lower levels of fat in the blood. IPOLIPID can be used when other medicines (statins) are unsuitable, to reduce the occurrence of heart problems in patients who are at high risk and who have increased 'bad cholesterol'.

IPOLIPID may also be prescribed to people who cannot be prescribed other lipid-lowering medicines for lowering blood cholesterol levels.

## How IPOLIPID works

IPOLIPID belongs to a group of medicines commonly known as fibrates. These medicines are used to lower the level of fats (lipids) in the blood for example the fats known as triglycerides.

## Before you use IPOLIPID

### When you must not use it

*Do not take IPOLIPID:*

- If you are hypersensitive to gemfibrozil or any of the other ingredients of IPOLIPID
- If you have severe kidney disease
- If you have liver disease
- If you have a history of gall stones, bile and gall bladder disease (biliary tract disease).

### *Pregnancy and breast-feeding*

It is recommended that you do not take IPOLIPID during pregnancy unless it is necessary. Tell your doctor if you are pregnant or trying to become pregnant.

It is recommended that you do not take IPOLIPID while you breastfeed. Ask your doctor or pharmacist for advice before taking any medicine.

### Before you start to use it

Tell your doctor if you have any medical problem including the below conditions to help decide if IPOLIPID is suitable for you:

- mild or moderate kidney disease
- under-active thyroid
- diabetes

### Taking other medicines

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription.

Please tell your doctor or pharmacist if you are taking any of the following medication:

- anticoagulants like warfarin (used to thin the blood)
- colestipol resin granules for the treatment of high levels of fat (cholesterol) in your blood

## How to use IPOLIPID

### How much to use

*Adults and elderly*

- The usual dose is between 900mg and 1500mg daily. Your doctor will decide the best dose for you; follow the instructions given on the label.
- One dose will need to be taken half an hour before your breakfast and the second will need to be taken half an hour before your evening meal.

*Adults with mild or moderate kidney disease*

Your doctor will assess your condition before and during your treatment with IPOLIPID.

IPOLIPID should not be used in patients with severe kidney disease.

### *Use in children*

IPOLIPID is not recommended for children.

### When to use it

Always take IPOLIPID exactly as your doctor has told you. You should check with your doctor or pharmacist if you are not sure. The instructions should be on the label. If you are not sure, ask your doctor or pharmacist.

### How long to use it

Continue taking IPOLIPID for as long as your doctor recommends

### If you forget to use it

If you forget to take a dose, do not worry. Simply miss that dose and take your next dose at the right time. Do not take a double dose (two doses at the same time) to make up for a forgotten dose.

### If you use too much (overdose)

If you accidentally take too much IPOLIPID contact your doctor at once or go to the nearest hospital accident and emergency department. Always take the labelled medicine package with you, whether there is any IPOLIPID left or not.

## While you are using it

### Things you must do

- Take your medicine exactly as your doctor has told you
- Tell all doctors, dentists and pharmacists treating you that you are taking IPOLIPID
- Tell your doctor immediately if you become pregnant while taking this medication

### Things you must not do

Do not stop taking IPOLIPID unless your doctor tells you to. It is recommended that you follow all the advice given while you are taking IPOLIPID so as to gain the full benefit of the treatment.

If you have any further questions on the use of this product, ask your doctor or pharmacist.

### Things to be careful of

*Driving and using machines:*

In rare cases IPOLIPID may cause dizziness and affect your eyesight, if

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this happens, do not drive or operate machinery.

## Side effects

Like all medicines, IPOLIPID can cause side effects, although not everybody gets them.

Gastrointestinal complaints were the most frequent reported adverse reactions but were not usually severe enough to necessitate cessation of therapy.

Headache, dizziness, blurred vision, vertigo (whirling sensation and loss of balance), fainting, insomnia (sleeping difficulties), drowsiness, paraesthesia (tingling sensation), asthenia (lack of energy), tinnitus (ringing in the ear), chills, mental depression, psychic problems, fatigue, malaise, slight decreases in hemoglobin (the molecule in red blood cells that carries oxygen) and hematocrit (the percentage of red blood cells in blood) and in leukocyte (white blood cell) count have occurred in a few patients receiving Gemfibrozil, eosinophilia (increased eosinophils, a type of white blood cell, in the blood) and gall stone disease.

Rash (occasionally with eosinophilia), dermatitis (inflammation of the skin), circumscribed exanthema (skin rash), eczema (inflammatory skin condition that makes your skin red and itchy) pruritus (severe itching of the skin), hives, painful extremities.

If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website [portal.bpfk.gov.my](http://portal.bpfk.gov.my) (Consumers → Reporting).

## Storage and disposal of IPOLIPID

### Storage

Keep out of the reach and sight of children.

Store in a dry place at a temperature not exceeding 25°C away from light.

### Disposal

Do not use the medicine after the expiry date which is stated on the carton and also on each blister after EXP. The expiry date refers to the last day of that month.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

## Product description

### What it looks like

IPOLIPID 300mg hard gelatin capsules (300mg) are maroon-white, hard gelatin capsules, size “0” printed “IPOLIPID”.

IPOLIPID 600mg tablets are white, film-coated, capsule shaped, scored, embossed “MC” with dimensions of nucleus 17.5 x 8 mm.

IPOLIPID 300mg capsules: PVC/aluminium foil blisters of 10 capsules, supplied in cartons of 500 capsules.

IPOLIPID 600mg tablets: PVC/aluminium foil blisters of 10 tablets, supplied in cartons of 30 and 100 tablets.

## Ingredients

### Active ingredient

The active ingredients is: Gemfibrozil

### Inactive ingredients

IPOLIPID capsules also contain sodium starch glycolate, colloidal hydrated silica, pregelatinised starch, carboxymethyl cellulose, lactose and magnesium stearate.

IPOLIPID tablets also contain colloidal anhydrous silica, microcrystalline cellulose, sodium starch glycolate, corn

starch, magnesium stearate and Opadry White Y-1-7000.

### MAL No.

IPOLIPID	300mg	Capsule
MAL19900461AZ		
IPOLIPID	600mg	Tablet
MAL19940366AZ		

## Manufacturer

MEDOCHEMIE LTD, 1-10, Constantinopol Str., Limassol 3011, Cyprus

## Product Registration Holder

KOMEDIC SDN BHD, 4 Jalan PJS 11/14, Bandar Sunway, 46150 Petaling Jaya, Selangor D.E.

## Date of revision

13/08/2015

## Serial Number

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