

HYDROCHLORZIDE TABLET

Hydrochlorothiazide (25mg, 50mg)

What is in this leaflet

- What Hydrochlorzide is used for
- How Hydrochlorzide works
- Before you take Hydrochlorzide
- How to take Hydrochlorzide
- While you are using Hydrochlorzide
- Side effects
- Storage and Disposal of Hydrochlorzide
- Product description
- Manufactured and Product Registration Holder
- Date of Revision

What is Hydrochlorzide used for

It is used to treat fluid retention (oedema) and high blood pressure (hypertension).

How Hydrochlorzide works

Hydrochlorothiazide belongs to a group of medicines called thiazide diuretic that acts directly on the kidney to increase water excretion and thus decrease blood volume and pressure of the blood vessels.

Before you take Hydrochlorzide

When you must not take it

Do not take Hydrochlorzide if you:

- are allergic (hypersensitivity) to Hydrochlorothiazide, other sulfonamide-derived drugs or any ingredients in the medicines.
- experience absence of urine (anuria).

Before start to take it

Tell your doctor or pharmacist if you:

- have liver or kidney impairment.
- know you have low electrolyte (potassium, sodium, chloride, magnesium) level and is dehydrated.
- have gout and/or diabetes.
- have autoimmune disorder (SLE, *Systemic lupus erythematosus*).
- are pregnant or plan to pregnant.
- are breast feeding or plan to start breast feeding.

Taking other medicines

Tell your doctor or pharmacist if you are taking or have recently taken alcohol, barbiturates, narcotics, antidiabetic drugs, other hypertensive drugs, corticosteroids, ACTH, lithium and medicines obtained without prescription.

How to take Hydrochlorzide

How much to take

Adults

- Oedema: 25 mg to 100 mg once or twice daily. Maximum dose is 200mg daily.
- Hypertension: 25 mg to 50 mg daily. Maximum dose is 100 mg daily.

Children

2.5mg/kg/day, given in two divided dose.

When to take it

Use as directed by your doctor or pharmacist.

How long to take it

Follow the prescription from your doctor or pharmacist.

Ask your doctor or pharmacist before prolonged use of this medicine.

If you forget to take it

Take it as soon as you remember, unless it is nearly time for your next dose, skip the missed dose. Then go on as before. Never double up on the next dose to make up for the one missed.

If you take too much (overdose)

Although no specific information of overdose is available, any medication taken in excess can have a serious consequence. If you take too many tablets by mistake, contact a doctor or pharmacist immediately.

While you are using Hydrochlorzide

Things you must do

Always wash your hand before handle the tablets. Take the tablets with water and try to take at the same time each day.

Things you must not do

Do not chew the medicine. Swallow the medicine with water.

Do not take this medicine by yourself without prescription from your doctor or pharmacist.

Things to be careful of

Tell your doctor or pharmacist if you:

- have problems with your liver or kidneys.
- have diabetes and/or gout.
- are allergic to any of the ingredients in this medicine.
- have autoimmune disorder (SLE, *Systemic lupus erythematosus*)
- have fluid and electrolyte imbalance.
- are pregnant or plan to pregnant.
- are breast-feeding or plan to start breast-feeding.

Side effects

- Stomach upset, vomiting, nausea, diarrhea, constipation.
- Dizziness, headache.
- Tingling and pricking.
- Low blood pressure.
- High blood sugar.

- Electrolyte imbalance.
- Abnormal blood cells profile.
- Skin rashes and itchiness.

Seek immediate medical attention if you experience any side effects or allergic reactions.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers → Reporting)

Storage and Disposal of Hydrochlorzide

Storage

Store at room temperature below 30°C.

Keep out of reach of children.

Do not use this medicine after the expiry date.

Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

What it looks like

Hydrochlorzide-25 Tablet

Light orange colour, round, flat beveled edge tablet with one breakline and embossed 'XS' on one side, 7.9mm in diameter. Available in blister strips of 10's in packing of 30 tablets per box.

Hydrochlorzide-50 Tablet

Orange colour, round, flat beveled edge tablet with one breakline and embossed 'XS' on one side, 7.9mm in diameter. Available in blister strips of 10's in packing of 30 and 100 tablets per box.

Ingredients

Hydrochlorzide-25 Tablet

Active Ingredient:

Hydrochlorothiazide 25mg.

Inactive ingredients:

Maize Stach, Polyvinylpyrrolidone, Magnesium Stearate, Dioctyl Sodium Sulphosuccinate, Purified Water, Colloidal Silicone Dioxide, Isopropyl Alcohol, Lactose, FDC Yellow Colour.

Hydrochlorzide-50 Tablet

Active ingredient:

Hydrochlorothiazide 50mg

Inactive ingredients:

Maize Stach, Polyvinylpyrrolidone, Magnesium Stearate, Dioctyl Sodium

HYDROCHLORZIDE TABLET

Hydrochlorothiazide (25mg, 50mg)

Sulphosuccinate, Purified Water, Colloidal
Silicone Dioxide, Isopropyl Alcohol,
Lactose, Sunset Yellow, Ponceau 4R
Colour.

MAL Number

Hydrochlorzide-25 Tablet:

MAL19860190A

Hydrochlorzide-50 Tablet:

MAL19860189A

Manufactured and Product Registration

Holder

Xepa-Soul Pattinson (Malaysia) Sdn Bhd
1-5 Cheng Industrial Estate,
75250 Melaka,
Malaysia.

Date of Revision:

03/01/2014