

# DIMENHYDRINATE SYRUP

Dimenhydrinate (15mg/5ml)

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## What Dimenhydrinate Syrup is used for

Dimenhydrinate Syrup is used for the prevention and treatment of nausea, vomiting or spinning sensation and motion sickness.

## How Dimenhydrinate Syrup works

The active ingredient in the medicine is Dimenhydrinate. It is diphenhydramine theoclate and has the general properties of diphenhydramine hydrochloride. It is basically an anti-histamine with anti-cholinergic and sedative side effects.

## Before you use Dimenhydrinate Syrup

### - When you must not use it

Do not use Dimenhydrinate Syrup if:-

- you are hypersensitive to dimenhydrinate or any ingredients listed at the end of this leaflet.
- used as local anaesthetic because of the risk of local death of body tissues.
- new born or premature infants and nursing mother

### - Before you start to use it

You should check with your doctor if :-

- you have asthma, glaucoma (increased eye pressure), or enlargement of the prostate gland.

### Pregnancy and breastfeeding

You should check with your doctor if you are or think you may be pregnant, planning to become pregnant or if you are breastfeeding.

It is not recommended for pregnant women and nursing mothers unless the expected benefit outweighs any potential risks.

### - Taking other medicines

There are a few medicines which may interact with Dimenhydrinate Syrup. It is important to tell your doctor or pharmacist about all the medicines that you are taking, including those obtained without doctor's

prescription. You should talk to your doctor or pharmacist if you are taking:-

- Central Nervous System (CNS) depressants, tricyclic depressants and monoamine oxidase inhibitors (MAOIs) for depression treatment.
- Antibiotic for treatment of bacteria infection.
- Atropine for heart problem.

## How to use Dimenhydrinate Syrup

### - How much to use

You should take Dimenhydrinate Syrup exactly as advised by your doctor or pharmacist. The amount you take each day will depend on your condition. Do not take more or less than what your doctor prescribes. Adults: 50 to 100 mg every 6 to 8 hours.

Children (6 to 12 years): 25mg to 50mg every 6 to 8 hours not exceeding 150mg in 24 hours.

Children (2 to 6 years): Up to 25mg every 6 to 8 hours not exceeding 75mg in 24 hours.

To prevent motion sickness, the first dose should be taken half to 1 hour before starting of activity

### - When to use it

Use Dimenhydrinate Syrup when needed and according to your doctor's prescription.

### - How long to use it

It is important to take Dimenhydrinate Syrup as long as your doctor prescribes.

### - If you forget to use it

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

### - If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Taking too much syrup may increase the signs and symptoms hallucination, mental disturbances, movement disorder, vomiting, spinning sensation, fits and inadequate oxygenation of the blood led to coma, bluish colour of the skin and death due to respiratory failure.

## While you are using it

### - Things you must do

- Take your medicine exactly as your doctor has told you.
- Tell all the doctors, dentists and pharmacists treating you that you are taking Dimenhydrinate Syrup.
- Tell your doctor immediately if you become pregnant while taking this medication.

### - Things you must not do

- Do not stop taking the medicine unless advised by your doctor.
- Do not take any new medicines without consulting your doctor.
- Do not give Dimenhydrinate Syrup to anyone else, even if they have the same symptoms or condition as you.

### - Things to be careful of

Be careful when engaging in activities requiring mental alertness such as driving a car or operating machinery until you know how this medicine affects you.

## Side effects

Like all medicines, Dimenhydrinate Syrup can cause side effects, although not everybody gets them. Drowsiness is the most common side effect, especially on high dosage. The others are disturbed coordination, fatigue, restlessness, confusion, nervousness, blurred vision, ringing in the ear, tremor, irritability, epigastric distress, photosensitivity, dryness of mouth, nose and throat, excessive perspiration, medicine rash and low blood pressure. Low red blood cells and white blood cells, headache, difficult urination and respiratory disorders are also reported.

Any other effects not listed above may also occur in some people. Please refer to your doctor or pharmacist if you experience any other symptoms while taking this medication.

You may report any side effect or adverse drug reaction directly to the National Centre for Adverse Drug Reaction Monitoring by calling 03-78835550, or visiting the website [portal.bpfk.gov.my](http://portal.bpfk.gov.my) (Consumers→Reporting).

## **Storage and disposal of Dimenhydrinate Syrup**

### - Storage

Store at or below temperature 30°C. Protect from light.

### - Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

## **Product Description**

### - What it looks like

Clear, yellow syrup with lemon flavour

### - Ingredient(s)

#### - Active Ingredient

Each 5ml contains 15mg of Dimenhydrinate

#### - Inactive Ingredients

- Quinoline Yellow 70E
- Spirit Chloroform
- Lemon Flavour
- Sunset Yellow
- Syrup Simplex
- Propylene Glycol
- Glycerine
- Deionised water

### - MAL number

MAL19870316A

## **Manufacturer**

Sunward Pharmaceutical Sdn. Bhd.  
No. 9,11 & 17, Jalan Kempas 4, Taman  
Perindustrian Tampoi Indah, 81200  
Johor Bahru, Johor, Malaysia.

## **Product Registration Holder**

Sunward Pharmaceutical Sdn. Bhd.  
No. 9,11 & 17, Jalan Kempas 4, Taman  
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Johor Bahru, Johor, Malaysia.

## **Date of revision**

22/12/2015

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