

OSELTAMIVIR CAPSULE 75MG

Oseltamivir (75mg)

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What Oseltamivir Capsule 75mg is used for

Oseltamivir capsules is used for adults, adolescents, and children 1 year old or older.

Oseltamivir capsules is prescribed to you for treating flu (influenza). It can be used when you have flu symptoms, and the flu virus is known to be circulating in your community. Oseltamivir capsule is prescribed for preventing flu. It can be used if you have been in contact with someone who has flu. This is generally decided on a case-by-case basis.

How Oseltamivir Capsule 75mg works

Oseltamivir capsules contains oseltamivir, which belongs to a group of medicines named neuraminidase inhibitors. These medicines prevent the flu virus from spreading inside the body. They help to ease or prevent the symptoms of the flu virus infection.

Influenza, usually called flu, is an infection caused by a virus. The signs of flu often include a sudden fever (more than 37.8⁰C), cough, runny or stuffy nose, headaches, muscle aches and extreme tiredness. These symptoms can also be caused by other infections. True influenza infection only occurs during annual outbreaks (epidemics) when flu viruses are spreading in the local community. Outside epidemic periods, flu-like

symptoms are usually caused by a different type of infection or illness.

Before you take Oseltamivir Capsule 75mg

-When you must not take it

Do not take Oseltamivir Capsule if:

- if you are allergic (hypersensitive) to oseltamivir or any of the other ingredients of Oseltamivir capsules.

-Before you start to take it

Before you take Oseltamivir capsules, make sure your prescribing doctor knows

- if you are allergic to other medicines
- if you have problems with your kidneys. If so, your dose may need adjustment.
- if you have a severe medical condition, which may require immediate hospitalisation
- if your immune system is not working
- if you have chronic heart disease or respiratory disease

Oseltamivir capsules is not a flu vaccine

Oseltamivir capsules is not a vaccine: it treats infection, or prevents the flu virus spreading. A vaccine gives you antibodies against the virus. Oseltamivir capsules will not change the effectiveness of a flu vaccine, and you might be prescribed both by your doctor.

Pregnancy and breast-feeding

You must tell your doctor if you are pregnant, if you think you are pregnant or if you are trying to get pregnant so that your doctor can decide if Oseltamivir capsules is right for you.

The effects on breastfed infants are unknown. You must tell your doctor if you are breast-feeding so that your doctor can decide if Oseltamivir capsules are right for you.

Ask your doctor or pharmacist for advice before taking this medicine.

-Taking other medicines

Tell your doctor or pharmacist if you are taking any other medicines, or have recently taken any. This includes medicines obtained without a prescription. The following medicine may interact with Oseltamivir if taken together:

- probenecid (used to treat gout)

How to take Oseltamivir Capsule 75mg

-How much to take

Adult and Children (>13 years old, >40kg and able to swallow capsules)

The recommended doses

For treating flu, take one capsule two times a day. It is usually convenient to take one dose in the morning and one in the evening. It is important to complete the whole 5-day course, even if you start to feel better quickly.

For preventing flu or after being exposed to an infected person, take one capsule daily for 10 days. It is best to take this in the mornings with breakfast.

Elderly

No dose adjustment is required.

Patients with Liver Problems

No dose adjustment required for mild and moderate liver dysfunction patients.

Patients with Kidney Problems

For treating flu:

Your doctor may reduce the dose to 75mg once daily for 5 days according to the severity of your kidney problem.

For preventing flu:

Your doctor may reduce the dose to 75mg every other day depending on the severity of your kidney problem.

Always let your doctor knows if you have any medical condition such as kidney problem, so that your doctor can decide the dose that suits you.

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Oseltamivir (75mg)

-When to take it

Oseltamivir capsules can be taken with or without food, although taking it with food can reduce the chance of feeling or being sick (nausea or vomiting).

Swallow the capsules whole with water.

Take Oseltamivir capsules as soon as possible, ideally within the first two days of the start of flu symptoms.

-How long to take it

For treating flu: 5-days

For preventing flu: 10 days or as prescribed by your doctor.

-If you forget to take it

Do not take a double dose to make up for a forgotten capsule.

Consult your doctor or pharmacist if you are not sure what to do.

-If you take too much (overdose)

Stop taking Oseltamivir capsules and contact your doctor or pharmacist immediately.

At present, there has been no experience with overdose. There are reports on nausea and/or vomiting only.

While you are taking Oseltamivir Capsule 75mg

-Things you must do

During treatment with Oseltamivir capsules, tell your prescribing doctor if you notice changes in behaviour or mood (such as convulsion and delirium), especially in children and adolescents.

-Things you must not do

Do not break or chew the capsules.

Do not give your medicine to other person who has similar sign and symptom as you.

-Things to be careful of

Take Oseltamivir capsule according to the duration that your doctor or pharmacist has told you. If Oseltamivir capsules is stopped earlier than your doctor told you, the symptoms of flu may come back.

Driving and using machines

This medicine may or may not affect your ability to drive or use machines. If the tablets make you feel sick, dizzy or tired, or give you a headache, do not drive or use machines and contact your doctor immediately.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

Side Effects

Like all medicines, this medicine can cause side effects, although not everybody gets them. Many of the side effects listed below may also be caused by influenza.

The most frequently (very common and common) reported side effects of Oseltamivir capsules are:

- feeling or being sick (nausea, vomiting),
- stomach ache, stomach upset
- , headache and pain.

The frequency of these effects is reduced if the medicinal product is taken with food.

The following are rare but serious side effects:

- allergic skin reactions,
- anaphylactic reaction (severe, potentially life-threatening allergic reaction)
- hepatitis (inflammation of the liver)

This is not a complete list of possible side effects for Oseltamivir capsule; please contact your doctor or pharmacist if you encounter any other side effects or if you are not sure.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers → Reporting).

Storage and Disposal of Oseltamivir Capsule 75mg

-Storage

Store below 30°C.

-Disposal

Do not use after the expiry date stated on the label.

Return any unused capsules to your pharmacist to be disposed of. Only keep the tablets if your doctor tells you to. Do not throw them away in your normal household drainage or waste. This will help to protect the environment.

Product Description

-What it looks like

Oseltamivir Capsule 75mg are white to off white powder filled in size 2 hard gelatin capsule with cream cap & brown body printed OP on cap and 75 on body in black.

-Ingredients

Active ingredient:

The active ingredient is oseltamivir. Each capsule contains Oseltamivir 75mg.

Inactive ingredients:

Sodium stearyl fumarate, Isopropyl alcohol, croscarmellose sodium, talc, povidone (K-30), Pregelatinised starch.

-MAL Number

MAL09111816A

Manufacturer

Strides Arcolab Limited
36/7, Suragajakkanahalli,
Indlavadi Cross, Anekal Taluk,
Bangalore-562 106, INDIA.

Product Registration Holder

Actavis Sdn Bhd
C/o Allergan Malaysia Sdn Bhd
Level 5-02, Block A, PJ 8,
No. 23, Jalan Barat, Section 8,
46050 Petaling Jaya,
Selangor, Malaysia

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