

APO-RAMIPRIL CAPSULES

Ramipril (5mg)

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What Apo-Ramipril is used for

Ramipril is an ACE inhibitor. ACE stands for angiotensin converting enzyme.

Ramipril is used for the treatment of mild to moderate hypertension. Also used for reducing the risk of heart attack, stroke, cardiovascular death or the need for revascularisation (restoration of blood circulation of an organ/area) procedures in patients more than 55 years with risk factors.

How Apo-Ramipril works

Ramipril works by blocking an enzyme in the body that is necessary to produce a substance that causes blood vessels to tighten. As a result, the blood vessels relax and this lowers the blood pressure.

Before you use Apo-Ramipril

- When you must not take it

You should not use this medication if you are allergic to ramipril or to any other ACE inhibitor.

Do not use ramipril if you are pregnant. Stop using ramipril and tell your doctor right away if you become pregnant. Ramipril can cause injury or death to the

unborn baby if you take the medicine during your second or third trimester. Use effective birth control while taking this medicine. Ramipril can pass into breast milk and may harm a nursing baby. You should not breast-feed while you are using ramipril.

- Before you start to take it

To make sure you can safely take ramipril, tell your doctor if you have any of these other conditions:

- kidney disease (or if you are on dialysis);
- liver disease;
- heart disease or congestive heart failure;
- diabetes; or
- a connective tissue disease such as Marfan syndrome, Sjogren's syndrome, lupus, scleroderma, or rheumatoid arthritis.

- Taking other medicines

When administered together with Apo-Ramipril, some medication might cause complication. These medications include antihypertensive medications (e.g., diuretics), allopurinol, immunosuppressant, corticosteroids, lithium, potassium supplement, salt substitutes that contain potassium.

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

How to use Apo-Ramipril

- How much to use

The recommended adult dose ranges from 2.5 mg to 10 mg daily in 1 or 2 divided doses, depending on the dose and individual circumstances such as your response to the medication. Take exactly as directed by your doctor.

- When to use it

APO-RAMIPRIL can be taken anytime of the day with accordance to doctor's instruction.

- How long to use it

Do not stop taking APO-RAMIPRIL without first talking to your doctor. Stopping APO-RAMIPRIL abruptly may cause your condition to become worse.

- If you forget to use it

Take the missed dose as soon as you remember.

If it is almost time for the next dose however, skip the missed dose and take only the next regularly scheduled dose. Do not take a double dose of this medication.

- If you use too much (overdose)

If overdosage occurs, in all cases therapy with APO-RAMIPRIL should be discontinued and you should immediately contact your doctor or go to your nearest hospital emergency department.

While you are using it

- Things you must do

Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking Apo-Ramipril.

Tell your doctor immediately if you become pregnant while taking this medication.

- Things you must not do

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor.

Do not give Apo-Ramipril to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

Drinking alcohol can further lower your blood pressure and may increase certain side effects of ramipril. Do not use salt substitutes or potassium supplements while taking ramipril, unless your doctor has told you to.

Conditions that may cause very low blood pressure include: vomiting, diarrhea, heavy sweating, heart disease, dialysis, a low salt diet, or taking diuretics (water pills). Follow your doctor's instructions about the type and amount of liquids you should drink while taking ramipril. Tell your doctor if you have a prolonged illness that causes diarrhea or vomiting.

Side effects

Like all medicines, Apo-Ramipril can cause side effects, although not everybody gets them.

Call your doctor at once if you have a serious side effect while taking ramipril such as:

- feeling light-headed, fainting;

- urinating more or less than usual, or not at all;

- fever, chills, body aches, flu symptoms;

- pale skin, or short of breath,

- rapid heart rate, trouble concentrating;

- easy bruising, unusual bleeding, purple or red pinpoint spots under your skin;

- fast, pounding, or uneven heartbeats;

- chest pain; or

- swelling.

Other uncommon ramipril side effects may include:

- cough;

- dizziness, drowsiness, headache;

- dry mouth, sores inside your mouth or on your lips;

- nausea, diarrhea, constipation; or

- mild skin itching or rash.

Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers →Reporting).

Storage and Disposal of Apo-Ramipril

- Storage

Remember to keep APO-RAMIPRIL and all medications safely away from children.

Do not use this medicine after the month and year written after EXP on the container.

Store APO-RAMIPRIL at room temperature (below 25°C).

- Disposal

Ask your pharmacist what to do with any tablets you have left over if your doctor tells you to stop taking them, or you find that the expiry date has passed.

Product Description

- What it looks like

White opaque body with red opaque cap hard gelatin capsules, imprinted "APO 5" in black ink. White to off-white powder fill.

- Ingredients

- Active Ingredient: Ramipril

- Inactive Ingredients: Lactose monohydrate, magnesium stearate, talc, Caps#4 White-Red Opaque(FD&C Blue #1, FD&C Red #40, D&C Red #28, D&C yellow #10 and titanium dioxide).

- MAL number:

MAL10021796A

Manufacturer

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Product Registration Holder

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