

# HEXIDINE SOLUTION

Chlorhexidine Gluconate (0.2% w/v)

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## What Hexidine is used for

Hexidine is an antimicrobial solution which helps prevent the formation of dental plaque. It is used in the treatment and prevention of inflammation of the gums and in the maintenance of oral hygiene particularly in the situation where toothbrush cannot be adequately used.

## How Hexidine works

Hexidine contains chlorhexidine. Chlorhexidine act as antimicrobial agent which inhibits the growth that are usually present in the mouth.

## Before you use Hexidine

### - When you must not use it

Do not take Hexidine if you:

- Have a possible history of an allergic reaction to chlorhexidine or any other ingredients of this product.

### - Before you start use it

#### *Pregnancy and lactation*

No data on the effects of use of Chlorhexidine during pregnancy as well as breast feeding.

### - Taking other medicines

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines which contain anionic (negative charge) agents which are usually present in conventional toothpaste or toothpowder. These ionic agents should therefore be used before using Hexidine, you should rinse your mouth between applications or use at a different time of day.

## How to use Hexidine

### How much to use

Rinse your mouth thoroughly for about one minute with 10 ml twice daily. If you undergo dental surgery, you are required to rinse your mouth for one minute before the treatment.

For the treatment of denture sore mouth, the dentures are required to be cleaned and soaked in Hexidine for fifteen minutes twice daily.

Children and elderly: There are no any specific dosage recommendations for elderly or childrens. They can be given normal adult dose unless otherwise recommended by the dentist or the physician.

### - When to use it

Use as directed by your doctor or pharmacist.

### - How long to use it

Continue taking Hexidine for as long as your doctor recommends. If you are having inflammation of the gums, you are required to use the mouthwash for about one month. In the case of mouth ulcers and oral fungal infections the mouthwash should be continued for 48 hours after symptoms resolved.

### - If you forget to use it

Take the missed dose as soon as you remember but brush your teeth first. Skip the missed dose if it is almost time for your next scheduled dose.

### - If you use too much (overdose)

This has not been reported.

Accidental swallowing: Chlorhexidine taken orally is poorly absorbed. If the amount swallowed is large, the effect in the body is unlikely.

## While you are using it

### - Things you must do

Use the mouthwash exactly as your doctor has told you.

In very rare cases, Hexidine can cause severe allergic reactions which can lead to drop in blood pressure and even to unconsciousness. Skin rash or asthma can be the early symptoms of a severe allergic

reaction. If you notice these symptoms, stop using Hexidine and contact your doctor as soon as possible.

### - Things you must not do

Do not stop taking the mouthwash unless advised by your doctor or pharmacist.

Do not swallow the mouthwash.

### - Things to be careful of

Hexidine contains chlorhexidine. Inform your healthcare provider if you have a known allergy to chlorhexidine.

Long term use should be under professional advice.

## Side effects

Like all medicines, Hexidine can cause side effects although not everybody gets them. Tell your doctor immediately if you experience any of the following symptoms after taking this medicine as the symptoms can be severe.

- Hypersensitivity reaction including severe allergic reaction, skin rash, itching, redness, swelling, breathing difficulties, light headedness and rapid heart rate.
- Irritative skin reaction
- Discoloration of the tongue
- Discoloration of the teeth
- Temporary disturbance of taste sensation
- Burning sensation of tongue
- Temporary formation of yellow-brown staining of tongue and teeth.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835549, or visiting the website [npra.moh.gov.my](http://npra.moh.gov.my) (Public → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI))

## Storage and Disposal of Hexidine

### - Storage

Store below 30°C. Protect from light.

### - Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These

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measures will help to protect the environment.

## Product Description

### - What it looks like

A blue colour clear liquid with characteristic odour and taste.

### - Ingredients

- Active ingredient

Chlorhexidine gluconate 0.2% w/v

- Inactive ingredients

Brilliant Blue, Menthol, Peppermint Oil, PEG-40 Hydrogenated Castor Oil, Propylene Glycol, and Purified Water.

### - MAL number(s):

MAL08042441XZ

## Manufacturer

ICPA Health Product Limited  
286/287, GIDC  
Ankleshwar- 393002 (India).

## Product Registration Holder

Unimed Sdn Bhd  
53, Jalan Tembaga SD 5/2B,  
Bandar Sri Damansara,  
52200, Kuala Lumpur, Malaysia.

## Date of revision

22/05/2018

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