

GESICAIN OINTMENT

Lidocaine (5% w/w)

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What Gesicain Ointment 5% is used for

Gesicain Ointment 5% is used to control pain, itching and other discomfort associated with the following conditions:

- Minor burns and abrasions of the skin
- Insect bites
- Hemorrhoids (piles)
- Anal fissures
- Herpes zoster, a type of viral infection
- Nipple soreness in breastfeeding mothers
- Dental procedures before scope procedures or after minor surgery

How Gesicain Ointment 5% works

Gesicain Ointment 5% contains lidocaine which is also known as xylocaine or lignocaine. It is a fast acting topical anaesthetic. It produces a temporary loss of feeling or numbness of the area where it is applied.

It works within 2 to 5 minutes and the anaesthetic effect usually lasts from 30 to 60 minutes.

Before you use Gesicain Ointment 5%

-When you must not use it

- Do not use Gesicain Ointment 5% if you have
- A known allergy to lidocaine, any other “-caine” type anaesthetics or any of the ingredients contained in this medicine as listed at the end of this leaflet
 - Injury on the mucous membrane
 - Any infection at the site of proposed application

If you are not sure whether you should use this medicine, talk to your doctor or pharmacist first.

Pregnancy and Lactation

You must tell your doctor or pharmacist if you are pregnant, think you may be pregnant, plan to become pregnant or are breast-feeding.

Your doctor or pharmacist will advise you if you can use Gesicain Ointment 5% during pregnancy or while you are breast-feeding.

-Taking other medicines

Tell your doctor or pharmacist if you are using any other medicines, including those that you buy without a prescription from a pharmacy, supermarket or any other source.

How to use Gesicain Ointment 5%

Always use the medicine exactly as your doctor or pharmacist has told you. Read the directions on the label carefully. If you have any concerns about how to use this medicine, talk to your doctor or pharmacist.

Guidance on how to use Gesicain Ointment 5%

- i. If possible, clean the affected area before each application of the ointment
- ii. Use the smallest amount of ointment needed to control the symptoms
- iii. Apply a thin layer using enough just to cover the affected area
- iv. If used on sore nipples, make sure that you clean the nipples are completely before each feed. This is to ensure that the baby does not take in any of this medicine
- v. The use of sterile gauze pad is suggested for application to broken or burned skin.
- vi. Avoid contact with your eyes

This medicine is for topical use only. **Do not take orally.**

-How much to use

Your doctor or pharmacist will advise you how much to use each day and for how long you will need to use it. The frequency of use may be reduced as your condition begins to get better.

Do not use more than 35g in one day.

Do not use more than the amount of Gesicain Ointment 5% prescribed for you. If you accidentally squeeze out too much, use a tissue to wipe of the excess ointment. Do not rub it into your skin.

-When to use it

Follow the directions on the label carefully and as instructed by your doctor or pharmacist.

-How long to use it

Follow the instructions given by your doctor or pharmacist.

If your symptoms do not improve, please see your doctor.

-If you forget to use it

If you forget to apply the medicine, use it as soon as you remember. If it is almost time for your next application, wait until then to use it and skip the missed dose. Do not apply extra to make up for the missed application.

-If you use too much (overdose)

Sign of overdose may include the following:

- Blurred or double vision
- Seizures
- Dizziness
- Ringing or buzzing in ears
- Shivering or trembling
- Unusual anxiety, excitement, nervousness or restlessness
- Unusual low blood pressure
- Unusual low or irregular heartbeat
- Unusual paleness or sweating

Immediately go to the Emergency Department at your nearest hospital if you or anyone else has accidentally taken this medicine orally.

While you are using Gesicain Ointment 5%

-Things you must do

- This medicine is only for use on the skin and mucous membranes.
- Wash your hands before and after using this ointment

-Things you must not do

Do not give Gesicain Ointment 5% to anyone else, even if they have the same symptoms or condition as you. Do not use your medicine to treat any other complaints unless your doctor or pharmacist tells you to.

-Things to be careful of

Only applied on the affected area and should not be consumed orally.

Side Effects

Gesicain Ointment 5% is generally very well tolerated and incidence of hypersensitivity reactions is not significant.

However, if any side effects occur or if you experience any unusual effects while you are using Gesicain Ointment 5%, stop using it and see your doctor immediately.

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You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835549 or visiting the website npra.moh.gov.my (*Public→Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)*).

Storage and Disposal of Gesticain Ointment 5%

-Storage

Keep all medicines out of the sight and reach of children.

Do not use this medicine after the expiry date stamped on the pack.

Store in a dry place, below 25°C. Keep the tube tightly closed. Protect from direct light.

-Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

-What it looks like

A smooth, soft, homogenous, white coloured ointment free from visible particles

-Ingredients

-Active ingredient(s):

- Lidocaine 5%w/w

-Inactive ingredients :

- Magrogol 600 (Carbowax 600)
- Macrogol 4000 (Carbowax 4000)
- Propylene Glycol
- Deionised water

- MAL Number :

MAL19860225AZ

Product Registration Holder & Manufacturer

Idaman Pharma Manufacturing Sdn Bhd
(661901-P)
Lot 24 & 25, Jalan Perusahaan Lapan,
Bakar Arang Industrial Estate,
08000 Sungai Petani,
Kedah Darul Aman, Malaysia

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