

ZORANATE ELIXIR

Dimenhydrinate (15mg/5ml)

What is in this leaflet

1. What Zoranate Elixir is used for
2. How Zoranate Elixir works
3. Before you use Zoranate Elixir
4. How to use Zoranate Elixir
5. While you are using it
6. Side effects
7. Storage and Disposal of Zoranate Elixir
8. Product description
9. Manufacturer and Product Registration Holder
10. Date of revision

This leaflet answers some common questions about Zoranate Elixir. It does not contain all the available information. It does not take the place of talking to your pharmacist or doctor.

All medicines have risks and benefits. Your pharmacist or doctor has weighed the risks of you taking Zoranate Elixir against the benefits they expect it will have for you.

If you have any concerns about taking this medicine, ask your pharmacist or doctor.

Keep this leaflet with the medicine.

You may need to read it again.

What Zoranate Elixir is used for?

Zoranate Elixir is used in the treatment and prevention of nausea, vomiting and motion sickness.

How Zoranate Elixir works

Zoranate Elixir contains Dimenhydrinate as an active ingredient. Dimenhydrinate is an antihistamine which helps to reduce and prevent nausea, vomiting and motion sickness.

Ask your pharmacist or doctor if you have any questions about this medicine.

Before you use Zoranate Elixir

When you must not use it

Do not take Zoranate Elixir if you are hypersensitive to:

- Any medicine containing dimenhydrinate
- Other similar antihistamines
- Any of the ingredients listed at the end of this leaflet.

Before you start to use it

Take special care with Zoranate Elixir:

- If you engage in activities requiring mental alertness

Taking other medicines

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription. Some medicines and Zoranate Elixir may interfere with each other.

Antihistamines may enhance the sedative effects of central nervous system depressants including alcohol, barbiturates, hypnotics, narcotic analgesic, sedative and tranquilizers. Since antihistamines have anticholinergic properties, they should be used with care in conditions likely to be exacerbated or adversely affected by atropine such as glaucoma (increase pressure in the eye) and prostatic hypertrophy (enlargement of prostate)

Dimenhydrinate could make warning symptoms of damage caused by ototoxic drugs such as aminoglycoside antibiotics.

How to use Zoranate Elixir

How much to us

Treatment of nausea and vomiting:

2 to 6 years = 2.5ml

6 to 8 years = 5ml

8 to 12 years = 10ml

* Dose to be given 2 to 3 times daily.

Prevention of motion sickness:

2 to 6 years = 2.5ml

6 to 8 years = 5ml

8 to 12 years = 10ml

* Dose to be given half hour before departure.

When to use it

This medicine may be taken with or without food.

How long to use it

Depends on the individual. Consult your doctor for the treatment duration of this medicine.

If you forget to use it

Take the missed dose as soon as you remember.

If it is almost time for your next dose, skip the missed dose and take the medicine at your next scheduled time regularly.

Do not take a double dose to make up for the one you have missed.

If you use too much (overdose)

If you accidentally take too much of Zoranate Elixir, immediately telephone your doctor for advice or go to Accident and Emergency at the nearest hospital, if you think that you or anyone else may have taken too much.

While you are using it

Things you must do

If you are about to start taking on any other new medicine, tell your pharmacist or doctor that you are taking Zoranate Elixir.

Things you must not do

Do not consume any food or beverages or carry out any activities which are restricted by doctors while taking Zoranate Elixir.

Do not drink alcohol when you are taking Zoranate Elixir. Antihistamines may cause drowsiness and may increase the effects of alcohol.

Things to be careful of

During the few days of treatment with Zoranate Elixir, reactions may be impaired. Do not take charge of vehicles or machinery until the effect of Zoranate Elixir treatment on you is known.

Side effects

Tell your doctor or pharmacist as soon as possible if you do not feel well while you are taking Zoranate Elixir

Zoranate Elixir helps most people who take it but it may have unwanted side effects in some people. All medicines have side effects. Sometimes they are serious, most of the time they are not.

Stop taking Dimenhydrinate and seek emergency medical attention if you experience an allergic reaction (difficulty breathing; swelling of your lips, tongue, or face; or hives).

Other than that, less serious side effects may be more likely to occur. Talk to your doctor if you experience:

- dry mouth
- high blood pressure
- nausea or vomiting
- diarrhoea or constipation
- tiredness or sleepiness
- epigastric pain
- headache
- dizziness
- blurred vision
- in-coordination
- tinnitus - buzzing, hissing, ringing or other persistent noise in the ears
- irritability

If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers → Reporting)

Storage and Disposal of Zoranate Elixir

Storage

Store below 30°C. Keep out of the reach of children. Protect from strong light. Keep container well closed.

Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product description

What it looks like

Zoranate Elixir is a clear orange syrup liquid, mixed fruity flavor and odour (orange, pineapple, strawberry and cherry).

Ingredients

Active ingredients:
Dimenhydrinate.

Inactive ingredients:

Sodium Benzoate, Peppermint oil, Menthol Crystals, Mixed Fruit flavour, Aniseed Oil, Citric Acid Anhydrous, Sorbitol 70%, Ariavit Sunset Yellow, Propylene Glycol, Sodium Saccharin, Sucrose and Purified Water.

MAL number:

MAL19870319A

Manufacturer :

HOE Pharmaceuticals Sdn Bhd
Lot 10, Jalan Sultan Mohamed 6,
Bandar Baru Suleiman,
42000 Port Klang, Selangor,
Malaysia.

Product Registration Holder:

HOE Pharmaceuticals Sdn Bhd
Lot 10, Jalan Sultan Mohamed 6,
Bandar Baru Suleiman,
42000 Port Klang, Selangor,
Malaysia.

Date of Revision :

21/10/2015

Serial Number:

BPFK(R4/1)290415/00088