

DAYGUARD CAPSULES

Vitamin A Palmitate (4500 i.u)

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What DAYGUARD is used for

DAYGUARD is used as nutritional supplement.

How DAYGUARD works

Vitamin A plays an important role in visual process. DAYGUARD reduces the symptom of vitamin A deficiency which is night blindness and repair dry skin condition.

Before you use DAYGUARD

- When you must not use it

Do not take DAYGUARD if you:

- have known hypersensitive to Vitamin A or other ingredients of this product.
- allergic to peanuts since this DAYGUARD formulation contains Arachis oil (peanut oil).
- have vitamin A toxicity

Check with your doctor if you think any of these apply to you.

- Before you start use it

Your doctor needs to know before you take DAYGUARD if you:

- Are taking other vitamins, minerals or supplement with or without vitamin A.

Talk to your doctor if any of these apply to you. You may need extra check-ups, including blood tests, while you are taking your medicine.

- Taking other medicines

Tell your doctor or pharmacist if you are taking any other medicines, if you've started taking any recently or you start taking new ones. This includes medicines you can obtain without a prescription. Some medicines may interact with DAYGUARD

These include:

- cholestyramine, for treating high level of cholesterol.

Tell your doctor if you are taking cholestyramine. Your doctor may need to monitor you while you are taking DAYGUARD as cholestyramine can reduce the absorption of vitamin A.

- mineral oil.

Mineral oil interferes with the intestinal absorption of vitamin A.

- oral contraceptive

Individuals taking oral contraceptive have increased level of plasma vitamin A when taking DAYGUARD. Tell your doctor if you're taking oral contraceptives.

Pregnancy and breast-feeding

DAYGUARD can be taken during pregnancy and by breast feeding mother at the recommendation of the doctor.

How to use DAYGUARD

- How much to use

One capsule per day

- When to use it

Use as directed by your doctor or pharmacist.

- How long to use it

Continue taking DAYGUARD for as long as your doctor recommends.

- If you forget to use it

If you forget to take a dose, take it as soon as you remember. Then continue your treatment as before. Do not take a double dose to make up for a forgotten dose.

- If you use too much (overdose)

If you accidentally take too much DAYGUARD, tell your doctor or your pharmacist, or contact your nearest hospital emergency department for further advice. Side effects occur when you ingested the DAYGUARD capsule in a large amount which eventually lead to vitamin A toxicity.

Over dosage side effects:

- Fatigue
- Abdominal pain
- Loss of appetite
- Vomiting

While you are using it

- Things you must do

Take your medicine exactly as your doctor has told you.

Tell all the doctors and pharmacists treating you that you are taking DAYGUARD.

- Things you must not do

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor or pharmacist.

Do not give DAYGUARD to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

Driving and using machines

This medicine may affect your ability to drive or use machines. If the tablets make you feel sick, dizzy or tired, or give you a

headache, do not drive or use machines and contact your doctor immediately.

Side effects

If you get any side effects, tell your doctor or pharmacist. This includes any possible side effects not listed in this leaflet.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website npra.moh.gov.my (Public→ Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)).

Storage and Disposal of DAYGUARD

- Storage

Keep this medicine out of the sight and reach of children.

Store in a dry place, below 27°C and protect from light

- Disposal

Do not use your medicine after the date shown as an expiry date on the packaging.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment

Product Description

- What it looks like

Yellow transparent, round soft gelatine capsules containing oil.

- Ingredients

Active ingredient

- Vitamin A palmitate

Inactive ingredients

- BHA
- Arachis oil

- MAL number:

MAL19987383X

Manufacturer

Softesule Pvt Ltd.,
86-A, L.B.S. Marg,
Mulund (West),
Mumbai- 400 080,
India.

Product Registration Holder

Unimed Sdn Bhd
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