# TRACIDOL CAPSULE

Tramadol Hydrochloride (50mg)

#### What is in this leaflet

- 1. What TRACIDOL CAPSULE is used for
- 2. How TRACIDOL CAPSULE works
- 3. Before you use TRACIDOL CAPSULE
- 4. How to use TRACIDOL CAPSULE
- 5. While you are using it
- Side effects
- 7. Storage and disposal of TRACIDOL CAPSULE
- 8. Product description
- Manufacturer and Product Registration Holder
- 10. Date of Revision

#### What TRACIDOL CAPSULE is used for

TRACIDOL CAPSULE is used for the management of moderate to severe pain.

## **How TRACIDOL CAPSULE works**

TRACIDOL CAPSULE relieves pain by acting on specific nerve cells of the spinal cord and brain.

# Before you use TRACIDOL CAPSULE

-When you must not use it

Do not use TRACIDOL CAPSULE:

- if you are known hypersensitivity towards tramadol or any of the excipients.
- if you are in acute poisoning with alcohol, sleeping pills, pain relievers, opioids or other psychotropic medicines (medicines that affect mood and emotions).
- if you are also taking Monoamine oxidase inhibitors (MAOIs) (certain medicines used for treatment of depression) or have taken them in the last 14 days before treatment with TRACIDOL capsule
- Tracidol must not be used for narcotic withdrawal treatment.

# -Before you start to use it

Tell your doctor or pharmacist:

- if you think that you are addicted to other pain relievers (opioids).
- if you suffer from consciousness disorders.
- if you are in a state of shock;
- if you suffer from increased pressure in the brain (possibly after a head injury or brain disease).
- if you have difficulty in breathing.
- if you have a tendency towards epilepsy.
- if you are experiencing minor pain.
- Do not take TRICIDOL CAPSULE if you are pregnant, trying to get pregnant or think you may be pregnant.

Do not take TRICIDOL CAPSULE if you are breast-feeding. Ask your doctor or pharmacist for advice before taking any medicine.

# -Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

Some medicines when taken with

TRACIDOL CAPSULE may interfere with each other. These include:

- MAO inhibitors, medicines used for depression
- Product centrally depressant substances including alcohol
  - carbamazepine, medicine for fit
  - mixed agonist/antagonists (e.g. buprenorphine, nalbuphine, pentazocine), narcotic analgesics.
  - selective serotonin re-uptake inhibitors, tricyclic antidepressants, and neuroleptic, for psychiatric disorder
  - ketoconazole and erythromycin, medicines used to treat infection.

Your doctor or pharmacist may have more information on medicines to be careful with or to avoid while taking medication.

#### How to use TRACIDOL CAPSULE

# -How much to use

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

Your doctor will prescribed the most suitable dose for you based on the intensity of your pain.

Adults and adolescents > 14 years old:

50 - 100mg (1 - 2 capsules) every six hours as needed.

An initial dose of 50mg is usually more effective for moderate pain whereas an initial dose of 100mg is usually more effective for more severe pain.

## Maximum daily dose:

400mg, except in special clinical circumstances.

#### Elderly:

In elderly (above 75 years) your doctor may recommend prolonging the dosage interval/ downward adjustment of the dose.

Liver or kidney disease/dialysis:

If you have severe liver or kidney disease, you should not take TRACIDOL CAPSULE. Your doctor may recommend prolonging the dosing interval if your condition is less severe cases.

#### -When to use it

Use as directed by your doctor or pharmacist.

#### -How long to use it

Please refer to doctor or pharmacist.

If TRACIDOL CAPSULE is taken over a long period of time dependence may occur, although the risk is very low.

Please do not take TRACIDOL CAPSULE longer than doctor recommends.

# -If you forget to use it

If you miss a dose of TRACIDOL CAPSULE take it as soon as possible. If it is approaching time for the next dose, skip the missed dose and go back to your regular dosing schedule. Do not double doses.

## -If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Taking too many capsule may cause constricted of the pupils, vomiting, cardiovascular collapse, reduce level of consciousness, coma, epileptic fits, and difficulty in breathing up to cessation of breathing may occur.

## While you are using it

-Things you must do

Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking TRACIDOL CAPSULE.

Tell your doctor immediately if you become pregnant while taking this medication.

## -Things you must not do

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor.

Do not give TRACIDOL CAPSULE to anyone else, even if they have the same symptoms or condition as you.

## -Things to be careful of

Tramadol may affect or impair the ability to drive or operate machinery, particularly when used in conjunction with other psychotropic medicines or alcohol.

#### Side effects

Possible side effects include nausea, dizziness, vomiting, constipation, sweating, dry mouth, headache and muzziness (mentally confusion). Some other side effects that rarely happens such as palpitation and tachycardia (abnormal in postural hypotension heartbeat). cardiovascular collapse (unstable conditions happens when have low blood pressure), gastrointestinal irritation, dermal reactions such pruritus and urticaria (itching of skin), rashes, motorial weakness, changes in blurred vision, micturition appetite. disorders (difficult in passing urine and urinary retention), various psychic sideeffects including changes in mood and activity as well as changes in cognitive and sensorial capacity, allergic reactions such dyspnoea, bronchospasm, wheezing (breathing discomfort), angioneurotic oedema (swelling of the dermis), and anaphylaxis, worsening of asthma, epileptiform convulsions (involuntary contractions of voluntary muscle), increase in blood pressure and bradycardia (slow heart reaction), respiratory depression.

Dependence may develop. Symptoms of withdrawal reactions, similar to those occurring during opiate withdrawal may occur.

Tell your doctor or pharmacist if you notice anything else that is making you feel unwell. Other side effects not listed above may also occur in some people.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers→Reporting)

# Storage and Disposal of TRACIDOL CAPSULE

#### -Storage

Keep in tight container. Store below 30°C, protect from light & moisture.

#### -Disposal

If your doctor or pharmacist tells you to stop using TRACIDOL CAPSULE or the batch has passed the expiry date, ask your doctor or pharmacist what to do with any that is left over.

## **Product description**

# -What it looks like

A yellow body, green cap hard gelatin capsule containing white powder.

## -Ingredients

- Active ingredient:-Tramadol Hydrochloride
- Inactive ingredient:-Cellulose, Magnesium stearate, silicon dioxide empty capsule and sodium starch glycolate.

## -MAL number

MAL06111398AZ

# Manufacturer and Product Registration Holder

Y.S.P. Industries (M) Sdn. Bhd. Lot 3, 5 & 7, Jalan P/7, Section 13, Kawasan Perindustrian Bandar Baru Bangi, 43000 Kajang, Selangor D.E., Malaysia.

# Date of revision:

18/12/2015

#### **Serial Number:**

BPFK(R4/1)181215/00502