

HIZINE SYRUP

Promethazine hydrochloride (5mg/5ml)

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What Hizine is used for

It is used in the treatment of allergic reactions of the skin and mucous membranes such as acute urticaria (a raised, itchy rash on the skin), dermatitis (inflammation of the skin), allergic rhinitis (inflammation of the mucous membrane inside the nose) and hay fever. It is also used to stop vomiting and a mild sedative and hypnotic (medicine to induce sleep).

How Hizine works

Hizine contains promethazine, a strong and long acting antihistamine. Antihistamines help reduce allergic symptoms by preventing the effects of a substance called histamine. Histamine is produced by the body in response to foreign substances which the body is allergic to.

Before you use Hizine

- When you must not use it
 - Do not take Hizine if you are allergic to its active ingredient or to other ingredients in it.
 - Ask your doctor or pharmacist for advice before taking any medicine.
 - Not recommended late in pregnancy and children under 2 years.
 - Tell your doctor if you have been taking monoamine oxidase inhibitors (antidepressants) within the previous 14 days.
- Before you start to use it

Inform your doctor if you have any of the following:

 - narrow angle glaucoma (a condition in which there is a build-up of fluid in the eye)
 - stenosing peptic ulcer (erosion in the lining of the stomach)
 - pyloroduodenal obstruction (gastric outlet obstruction)
 - urinary bladder obstruction due to enlargement of prostate
 - narrowing of the bladder neck
- Taking other medicines

Tell your doctor if you are taking any

other medicines e.g. alcohol, anti depressants, anticholinergic, tricyclic antidepressants, levodopa, antithyroids, monoamine oxidase (MAO) inhibitors or

epinephrine that may increase the effects of either medications.

This includes any medicine that you buy without a prescription from a pharmacy, supermarket or health food shop.

How to use Hizine

- How much to use

Adult: 25mg, may be increased to 50 – 75mg if required.

For hypersensitivity reactions: 2 – 5 yrs: 5 – 15mg daily. 5 – 10 yrs: 10 – 25mg daily.

For night sedation: 2 – 5 yrs: 15 – 20mg. 5 – 10 yrs: 20 – 25mg.

For prevention of motion sickness:(dose taken the night before and following morning, if required): 2 – 5 yrs: 5mg. 5 – 10 yrs: 10mg.

Follow all directions given by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

- When to use it

Use as directed by your doctor or pharmacist.

- How long to use it

Continue taking Hizine for as long as your doctor recommends.

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it. Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention. Symptoms of overdose range from mild depression of the central nervous system and cardiovascular system (heart and blood vessels) to serious hypotension (low blood pressure), breathing difficulties and unconsciousness.

Symptoms in children are excitation, ataxia (lack of muscle coordination, athetosis (slow, involuntary movements of hands and feet) and hallucinations.

While you are using Hizine

- Things you must do

- Take your medicine exactly as your doctor has told you.
- Tell all the doctors, dentists and pharmacists treating you that you are taking Hizine.
- Tell your doctor immediately if you become pregnant while taking this medication.

- Things you must not do

- Do not stop taking the medicine unless advised by your doctor.
- Do not take any new medicines without consulting your doctor.
- Do not give Hizine to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

Caution when driving or working with moving machinery requiring alertness because of possible drowsiness. Avoid alcoholic beverages.

Side effects

Like all medicines, Hizine can cause side effects, although not everybody gets them. Visit the doctor or pharmacist immediately if you experience any side effects after taking this medicine.

Effects commonly encountered are dryness of the mouth, throat and nose, drowsiness, dizziness and abdominal pain with vomiting or diarrhoea.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers → Reporting)

Storage and disposal of Hizine

- Storage

Store in a cool, dry place, below 25°C. Protect from light. Keep out of reach and sight of children.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

HIZINE SYRUP

Promethazine hydrochloride (5mg/5ml)

Product description

- What it looks like

Orange colour and orange flavoured syrup.

- Ingredients

- Active ingredient: promethazine hydrochloride
- Inactive ingredients: citric acid, sodium benzoate, orange flavor, sunset yellow ariavit, liquid glucose, purified water and syrup.

- MAL number:

MAL19973704AZ

Manufacturer and Product Registration Holder

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