

ZYLOVAA-H TABLET

Losartan Potassium/ Hydrochlorothiazide (50/12.5mg , 100/25mg)

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What is Zylvaa-H is used for

It is used to:

- Treat high blood pressure (hypertension)
- Reduce the risk of stroke in patients with high blood pressure and thickening of the left ventricle (one of two large chambers that collect and expel blood received in the heart).

How Zylvaa-H works

Losartan is in a group of medicines known as angiotensin-II receptor antagonists. Angiotensin-II is the hormone that binds to the receptor in blood vessels, where results in narrowing of blood vessels and subsequently raises blood pressure. Losartan inhibits the binding of angiotensin-II to these receptors.

Hydrochlorothiazide is a thiazide diuretic that acts directly on the kidney to increase water excretion and thus decrease blood volume and pressure of the blood vessels.

Before you use Zylvaa-H

When you must not use it

Do not take Zylvaa-H if you:

- are allergic (hypersensitive) to Losartan Potassium, hydrochlorothiazide or any ingredients in this medicine.
- experienced absence of urine (anuria).

Before you start to use it

Tell your doctor or pharmacist if you:

- are allergic to any ingredients in this medicine.
- have low blood pressure.
- have high potassium levels in your blood.
- have liver or kidney impairment.
- have history of angioedema (swelling of face, eyes, lips, tongue).
- are taking diuretics (drug that tends to increase discharge of urine).
- have signs of fluid and electrolyte imbalance.

- have gout and/or diabetes.
- have an autoimmune disorder (SLE, Systemic lupus erythematosus).
- are pregnant or plan to pregnant.
- are breast-feeding or plan to start breast-feeding.

Taking other medicines

Tell your doctor or pharmacist if you are taking or have recently taken other medicines like potassium-sparing diuretics, Lithium, NSAIDs including selective cyclooxygenase-2 inhibitors, alcohol, barbiturates, narcotics, antidiabetics drugs, other hypertensive drugs, corticosteroids, ACTH and medicines obtained without prescription.

How to use Zylvaa-H

How much to use

Hypertension:

The usual starting dose is 50/12.5mg once daily. Blood pressure lowering effect should be achieved 3-6 weeks after the treatment. Can be increased to 100/25mg once daily based on prescription.

Hypertensive with thickening of left ventricle:

The usual starting dose is 50mg of losartan once daily. The therapy would be titrated based on goal blood pressure by using a combination of losartan and hydrochlorothiazide. If needed, the dose could be increased to losartan 100mg/hydrochlorothiazide 25mg daily.

When to use it

To be taken with or without food.

How long to use it

Follow the prescription from your doctor or pharmacist. Ask your doctor or pharmacist before prolonged use of this medicine.

If you forget to use it

Take it as soon as you remember, unless it is nearly time for your next dose, skip the missed dose. Then go on as before. Never double up on the next dose to make up for the one missed.

If you use too much (overdose)

Symptoms of overdosage include low blood pressure; abnormal heart beat (too fast or too slow).

Seek immediate medical attention if you have taken too much or are worried with your condition.

While you are using it

Things you must do

Always wash your hand before handling the tablets. Take the tablets with water and try to take at the same time each day.

Things you must not do

Do not chew the tablets. Swallow it whole with water.

Do not take this medicine by yourself without prescription from your doctor or pharmacist.

Things to be careful of

Tell your doctor or pharmacist if you:

- become pregnant while taking this medicine.
- develop any side effects.

Side effects

- Weak/ fatigue.
- High blood sugar.
- Low potassium levels in blood.
- Electrolyte imbalance.
- Angioedema (swelling of face, eyes, lips, tongue).
- Abnormal liver function.
- Anaemia (deficiency in red blood cells).
- Abnormal blood cells profile.
- Muscle and joint pain.
- Cough.
- Skin rashes and itchiness.
- Stomach upset, vomiting, nausea, diarrhea, constipation.
- Dizziness, headache.
- Tingling, pricking and numb sensation.

Seek immediate medical attention if you experience any side effects or allergic reactions.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers → Reporting)

Storage and Disposal of Zylvaa-H

Storage

Store below 30 °C. Protect from light.

Keep out of the reach of the children.

Do not use this medicine after the expiry date.

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Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Manufacturer and Product Registration

Holder

Xepa-Soul Pattinson (Malaysia) Sdn Bhd
1-5 Cheng Industrial Estate,
75250 Melaka,
Malaysia.

Product Description

How it looks like

Zylovaa-H Tablet 50/12.5mg:

Yellow, oval (11mm x 6mm), normal convex film-coated tablet with 'Z' marking on one side and plain on reverse.

Available in blister strips of 10's in packing of 10, 30, 60 and 100 tablets per box.

Zylovaa-H Tablet 100/25mg:

Yellow, oval (15mm x 8mm), normal convex film-coated tablet with 'Z' marking on one side and plain on reverse.

Available in blister strips of 10's in packing of 10, 30, 60 and 90 tablets per box

Date of Revision:

18 August 2014

Ingredients

Zylovaa-H Tablet 50/12.5mg:

Active ingredients

Losartan Potassium 50mg and
Hydrochlorothiazide 12.5mg.

Inactive ingredients

Microcrystalline Cellulose, Starch,
Colloidal Silicon Dioxide, Quinoline
Yellow, Magnesium Stearate, Opadry II,
and Purified Water.

Zylovaa-H Tablet 100/25mg:

Active ingredients

Losartan Potassium 100mg and
Hydrochlorothiazide 25mg.

Inactive ingredients

Starch, Microcrystalline Cellulose,
Colloidal Silicon Dioxide, Magnesium
Stearate, PVA Polymer Compound Mixed,
Quinoline Yellow and Purified Water.

Registration number

Zylovaa-H Tablet 50/12.5mg:

MAL08111789A

Zylovaa-H Tablet 100/25mg:

MAL11030003A