

UPHADYL FORTE EXPECTORANT

Diphenhydramine hydrochloride/Ammonium chloride/Trisodium Citrate/Menthol
(14mg/135mg/57.5mg/1.325mg per 5ml)

What is in the leaflet

1. What UPHADYL FORTE is used for
2. How UPHADYL FORTE works
3. Before you use UPHADYL FORTE
4. How to use UPHADYL FORTE
5. While you are using it
6. Side effects
7. Storage and Disposal of UPHADYL FORTE
8. Product Description
9. Manufacturer and Product Registration Holder
10. Date of Revision

What UPHADYL FORTE is used for

This medicine is used to treat:

- Cough
- Allergic disorders such as itching, rashes, hives
- Common cold, flu, runny nose

How UPHADYL FORTE works

UPHADYL FORTE contains four active ingredients which work together to relieve coughs.

Diphenhydramine is an antihistamine and suppresses the urge to cough and also dries secretions in the nose and chest.

Ammonium chloride is an expectorant which makes coughing up phlegm easier. Trisodium citrate is a mucolytic, an agent which thins the phlegm.

Menthol is a decongestant which helps unblock the nose and makes breathing easier. It also has a cooling effect in the mouth.

Before you use UPHADYL FORTE

- When you must not use it

Do not take UPHADYL FORTE:

- if you have an allergy to any of the ingredients listed at the end of this leaflet
- you are taking a class of medicine known as 'monoamine oxidase inhibitors' (MAOIs) (often taken for depression.
- If your child is below 2 years old

Do not take this medicine after the expiry date printed on the pack or if the packaging is torn or shows signs of tampering. If it has expired or is damaged, return it to your pharmacist for disposal.

If you are not sure whether you should start taking this medicine, talk to your doctor.

- Before you start to use it

Tell your doctor if you have allergies to any other medicines, foods, preservatives or dyes.

If your child is between 2-6 years old, you can only use Uphadyl Forte under your doctor's or pharmacist's advice.

- Taking other medicines

Tell your doctor or pharmacist if you are taking any other medicines, including any that you get without a prescription from your pharmacy, supermarket or health food shop.

Some medicines and UPHADYL FORTE may interfere with each other, eg; alcohol, barbiturates and hypnotics.

How to use UPHADYL FORTE

Follow all directions given to you by your doctor or pharmacist carefully. They may differ from the information contained in this leaflet.

If you do not understand the instructions, ask your doctor or pharmacist for help.

- How much to use

Children above 2 years: 2.5ml to 5ml three or four times daily

Adult: 5ml to 10ml three or four times daily

- When to use it

Take UPHADYL FORTE as your doctor has prescribed.

- How long to use it

Continue taking your medicine for as long as your doctor tells you.

- If you forget to use it

Take your dose as soon as you remember, and continue to take it as you would normally.

If it is almost time for your next dose, skip the dose you missed and take your next dose when you are meant to.

Do not take a double dose to make up for the dose that you missed. This may increase the chance of you getting an unwanted side effect.

If you are not sure what to do, ask your doctor or pharmacist.

If you have trouble remembering to take your medicine, ask your pharmacist for some hints.

- If you use too much (overdose)

Immediately telephone your doctor for advice, or go to Accident and Emergency at the nearest hospital, if you think that you or anyone else may have taken too much UPHADYL FORTE.

Do this even if there are no signs of discomfort or poisoning.

You may need urgent medical attention.

While you are using it

- Things you must do

Always follow your doctor's instructions carefully. Shake well before each dose.

- Things you must not do

Do not take UPHADYL FORTE to treat any other complaints unless your doctor tells you to.

Do not give your medicine to anyone else, even if they have the same condition as you.

- Things to be careful of

Be careful driving or operating machinery until you know how UPHADYL FORTE affects you.

UPHADYL FORTE causes drowsiness and dizziness. Make sure you know how you react to UPHADYL FORTE before you drive a car or do anything else that may be dangerous if you are affected.

Avoid alcohol drinking. UPHADYL FORTE will add the effects of alcohol.

Side effects

All medicines can have side effects. Sometimes they are serious, most of the time they are not. You may need medical attention if you get some of the side effects.

Do not be alarmed by the following lists of side effects. You may not experience any of them.

Ask your doctor or pharmacist to answer any questions you may have.

These are some of the side effects of UPHADYL FORTE.

- Sleepiness
- Headache
- Blurred vision

Tell your doctor or pharmacist if you notice anything else that is making you feel unwell. Other side effects not listed above may also occur in some people.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Monitoring by calling Tel: 03-78835550, or visiting the

website portal.bpfk.gov.my (Consumers → Reporting).

Storage and Disposal of UPHADYL FORTE

- Storage

Keep your medicine in the original container. If you take it out of its original container it may not keep well.

Keep your medicine in a dry place where the temperature stays below 30°C. Protect from light.

Do not store UPHADYL FORTE or any other medicine in the bathroom or near a sink.

Do not leave it on a window sill or in the car. Heat and dampness can destroy some medicines.

Keep it where children cannot reach it.

A locked cupboard at least one-and-a-half metres above the ground is a good place to store medicines.

- Disposal

If your doctor tells you to stop taking this medicine or the expiry date has passed, ask your pharmacist what to do with any medicine that is left over.

Medicines should not be disposed of via wastewater or household waste. These measures will help to protect the environment

Product Description

- What it looks like

UPHADYL FORTE EXPECTORANT

- A brown, raspberry flavoured expectorant

Ingredients

Active ingredient

- Diphenhydramine Hydrochloride
- Ammonium Chloride
- Trisodium Citrate
- Menthol

Inactive ingredients:

- Sugar
- Chloroform
- Chloroform spirit
- Liquid glucose
- Liquid caramel
- Methyl paraben
- Propyl paraben
- Saccharin sodium
- Raspberry essence

- MAL number
MAL19871719A

Manufacturer

UPHA PHARMACEUTICAL
MFG (M) SDN BHD (53667-M)
Lot 2&4, Jalan P/7, Section 13,
Bangi Industrial Estate, 43650
Bandar Baru Bangi, Selangor
Darul Ehsan

Product Registration Holder

UPHA PHARMACEUTICAL
MFG (M) SDN BHD (53667-M)
Lot 2&4, Jalan P/7, Section 13,
Bangi Industrial Estate, 43650
Bandar Baru Bangi, Selangor
Darul Ehsan

Date of Revision

19/01/2016

Serial Number

BPFK(R4/1)120116/00009