

POLYNASE FORTE SYRUP

Dexchlorpheniramine maleate/Pseudoephedrine hydrochloride (2mg/30mg per 5ml)

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What POLYNASE FORTE SYRUP is used for

POLYNASE FORTE SYRUP is used for nasal and upper respiratory tract congestion, acute sinusitis (inflammation of the sinuses) and allergic rhinitis (inflammation of the mucous membrane inside the nose).

How POLYNASE FORTE SYRUP works

Dexchlorpheniramine is an antihistamine that competes with histamine receptors site to prevent allergic reaction. Pseudoephedrine acts on the receptors in respiratory tract, producing vasoconstriction (narrowing of the blood vessel). It shrinks swollen nasal mucous membranes, edema, relieves nasal congestion and increases nasal airway passage and makes breathing easier.

Before you use POLYNASE FORTE SYRUP

When you must not use it

- If you are hypersensitive to this medication or any component of the medication.
- If you have severe hypertension (high blood pressure) or severe coronary artery disease (relating to the heart or the vessels that supply blood to the heart).
- If you are under treatment with monoamine oxidase inhibitors (MAOIs) and within 2 weeks of stopping it.
- Do not use in newborn or premature infants.

Before you start to use it

Tell your doctor if you are allergic to any other medicines or you have any other health related problems.

It should be used with caution if you have any of the following conditions:

- narrow angle glaucoma (an increase of pressure inside the eye).
- stenosing peptic ulcers (scarring and swelling due to ulcers causes narrowing in the duodenum and gastric outlet obstruction)
- pyloroduodenal obstruction
- symptomatic prostatic hypertrophy (enlargement of prostate gland)
- bladder neck obstruction
- cardiovascular disease including hypertension (high blood pressure)
- increased intraocular (inside the eye) pressure
- hyperthyroidism (overactive thyroid)
- diabetes mellitus

Use in pregnancy and breastfeeding

Safe use of this product during pregnancy and breastfeeding has not been established. It should be given to pregnant woman and nursing mother only when clearly needed.

Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

The following medicines may interact with POLYNASE FORTE SYRUP:

- aluminium hydroxide mixture
- monoamine oxidase inhibitors (MAOIs)(antidepressants)
- medicines for high blood pressure (eg. Methyldopa,mecamylamine, reserpine and veratrum alkaloids)
- digitalis glycosides

How to use POLYNASE FORTE SYRUP

How much to take

Adults: 2 teaspoonful (10mL) every 4-6 hours.

Children:

12 years of age or over: 1 teaspoonful (5mL) every 6-8 hours.

6 – 11 years: ½ teaspoonful (2.5mL) every 6 – 8 hours.

2 – 5 years: ¼ teaspoonful (1.25mL) every 6 – 8 hours.

When to take it

POLYNASE FORTE SYRUP should be taken according to the time advised by your doctor or pharmacist.

How long to take it

POLYNASE FORTE SYRUP should be taken as your doctor advised you to do so.

If you forget to take it

If you miss a dose of POLYNASE FORTE SYRUP and you are taking it regularly, take it as soon as possible. If it is approaching time for the next dose, do not double the dose to make up for the forgotten dose, unless advised by your health care provider. Do not take 2 doses at once.

If you take too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Taking too much syrup may cause nervousness, excitement, hallucination, ataxia (uncoordinated movement), tachycardia (a faster than normal heart rate), muscle tremors, convulsion, pupil dilation and hyperpyrexia (increase in the body temperature).

While you are using POLYNASE FORTE SYRUP

Things you must do

Follow your doctor's instruction when you are taking POLYNASE FORTE SYRUP.

Things you must not do

- Do not stop taking this medicine or change the dosing regimen without instruction from your doctor.
- Do not give POLYNASE FORTE SYRUP to anyone else, even if they have the same condition as you.

Things to be careful of

- You should not consume alcohol, drive or operate machine after taking POLYNASE FORTE SYRUP.

- It is not suitable to be used during pregnancy and lactation.
- Not to be given to children below 2 years old and to be used cautiously in children between 2 to 6 years old with doctor's or pharmacist's advice.

Side effects

Slight to moderate drowsiness is the most frequent side effect. It may also cause insomnia, convulsion, hallucination, irregular or slow heart beat, increase in blood pressure, shortness of breath and unusual nervousness with high doses.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers→Reporting)

Storage and Disposal of POLYNASE FORTE SYRUP

Storage

Keep in a tight container. Store at temperature below 30⁰C. Protect from light and moisture.

Disposal

POLYNASE FORTE SYRUP should be disposed when your doctor or pharmacist tells you to stop taking this syrup or it has passed the expiry date. Ask your doctor how to dispose medicines that are no longer required. Medicines should not be disposed of via wastewater or household waste. These measures will help to protect the environment.

Product description

What it looks like

A clear, yellow to light brown coloured solution.

Ingredients

Active ingredients-
Dexchlorpheniramine Maleate
Pseudoephedrine HCl

Inactive ingredients-

Sucrose
Sodium Benzoate
Glycerin
Sodium Citrate
Citric Acid
Aspartame
Chocolate flavor

MAL number

MAL06121106A

Manufacturer

Y.S.P. Industries (M) Sdn. Bhd.
Lot 3,5 & 7, Jalan P/7, Section 13,
Kawasan Perindustrian Bandar Baru
Bangi, 43000 Kajang, Selangor Darul
Ehsan, Malaysia.

Product Registration Holder

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