AXCEL GLUCOSAMINE-500 TABLET

Glucosamine Sulphate (500mg)

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What Axcel Glucosamine-500 Tablet is used for

Axcel Glucosamine-500 Tablet is an adjunctive therapy in osteoarthritis.

How Axcel Glucosamine-500 Tablet work

Glucosamine sulphate has the therapeutic effects of reduce joint pain, improves the joint function and inhibits the joint degenerative process.

Before you use Axcel Glucosamine-500 Tablet

- When you must not use it

Do not take Axcel Glucosamine-500 Tablet if:

- You are having allergy to glucosamine sulphate and shellfish.
- It is not prescribed by a qualified doctor or pharmacist for you.
- You are pregnant, trying to get pregnant or think you may be pregnant.
- You are breast-feeding. Ask your doctor or pharmacist for advice before taking any medicine.

- *Before you start to use it* Tell your doctor if:

- You are allergic to any medicines, food and dyes.
- You are taking any other medicines (including those not prescribed by your doctor).

- Taking other medicines

You should tell your doctor if you are taking any medicine as it may interact with your Axcel Glucosamine-500 Tablet:

• Insulin.

It may still be all right for you to take Axcel Glucosamine-500 Tablet and your doctor will be able to decide what is suitable for you.

How to use Axcel Glucosamine-500 Tablet

- How much to use

Best taken before meal.

Light or moderate osteoarthritis symptoms: 1 tablet twice daily for at least 6 weeks.

Severe osteoarthritis symptoms: Initially 1 tablet 3 times a day for at least 8 weeks.

Maintenance therapy should be followed for 3-4 months with 1 tablet twice daily.

- When to use it

Your doctor will decide when it is appropriate for you to use Axcel Glucosamine-500 Tablet according to the type of condition you have.

- How long to use it

Continue taking Axcel Glucosamine-500 Tablet for as long as doctor recommends.

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using it

- Things you must do
- Take your medicine exactly as your doctor has told you.
- Tell all the doctors, dentists and pharmacists treating you that you are taking Axcel Glucosamine-500 Tablet.
- Tell your doctor immediately if you become pregnant while talking this medication.

- Things you must not do

- Do not stop taking the medicine unless advised by your doctor.
- Do not take any new medicines without consulting your doctor.
- Do not give Axcel Glucosamine-500 Tablet to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

- It is advisable to take an antiinflammatory drug in the initial treatment of osteoarthritis together with glucosamine sulphate.
- Individuals with type 2 diabetes and those who are overweight and have problems with glucose tolerance should have their blood sugar carefully monitored.

Side effects

Like all medicines, Axcel Glucosamine-500 Tablet can cause side effects although not everybody gets them. You are advised to consult doctor/ pharmacist for further information. The following common side effects have been reported:

- Cardiovascular: Peripheral oedema (abnormal accumulation of fluid in the body), fast heart rate.
- Central nervous system: Drowsiness, headache, insomnia.
- Gastrointestinal: Nausea, vomiting, diarrhea, indigestion or epigastric pain, constipation, heartburn and anorexia.
- Skin: Redness of the skin and itching.

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You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website npra.moh.gov.my (Public → Reporting Medicinal Problems / Side Effects / AEFI / Vaccine Safety).

Serial number

NPRA(R4/1)221217/00371

Storage and disposal of Axcel Glucosamine-500 Tablet

- Storage

Keep Axcel Glucosamine-500 Tablet out of reach of children. Store below 30°C. Keep container well closed and protect from light.

- Disposal

Do not use Axcel Glucosamine-500 Tablet after the expiry date which is stated on the carton.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product description

- What it looks like

Axcel Glucosamine-500 Tablet is oblong, 18.8mm bone yellow tablet.

- Ingredients

- Active Ingredient: Glucosamine Sulphate.
- Inactive Ingredients: Microcrystalline Cellulose, Starch

Corn Pregeletinesed, Magnesium Stearate, PVP K90, Croscarmellose sodium, Isopropyl alcohol, Purified water.

- <u>MAL Number</u> MAL08032207X

Manufacturer and Product Registration Holder

Kotra Pharma (M) Sdn Bhd No. 1, 2 & 3, Jalan TTC 12, Cheng Industrial Estate, 75250 Melaka, Malaysia.

Date of revision

02/01/2018