

SALMOL EXPECTORANT

Salbutamol/Guaiphenesin (1 mg/50 mg per 5 mL)

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What Salmol Expectorant is used for

Salbutamol prevents and provide relief of

- Wheezing, coughing, chest tightness, and shortness of breath (*asthma*)
- Inflammation of the lungs' airways that leads to cough and difficulty of getting air in and out of the lungs (*chronic bronchitis*),
- Difficulty in breathing when the lungs become larger and do not work properly (*emphysema*)
- Other lung diseases in adults and children 2 years of age and older.

Guaiphenesin is useful for the relief of symptoms characterized and in presence of phlegm (*mucus*).

How Salmol Expectorant works

Salbutamol is used as a medicine that belongs to a group of bronchodilator that helps the airways in your lungs to stay open, thus making it easier for air to get in and out and helps to relieve chest tightness, wheezing and cough. Guaiphenesin is an expectorant to help loosen the sticky phlegm from lungs and make it easier to cough out.

Before you use Salmol Expectorant

- When you must not use it

- If you have many disorders including high blood pressure, heart disease and excessive amount of thyroid hormone.
- During the first trimester of pregnancy.
- Allergy (*hypersensitive*) to Salbutamol, Guaiphenesin or any of the ingredients.

Pregnancy and lactation

Do not take *Salmol Expectorant* if you are pregnant, trying to get pregnant or think you may be pregnant.

Salbutamol is probably secreted in breast milk. Do not take *Salmol Expectorant* if you are breast-feeding. Ask your doctor or pharmacist for advice before taking any medicine.

- Before you start to use it

Read carefully all of information on this leaflet before you start taking this medicine.

- Taking other medicines

Please tell your doctor or pharmacist if you are recently taking or have taken any other medicines, including medicines obtained without a prescription especially:

- Medicine to treat high blood pressure (*beta blockers*)
- Medicines that help reduce the amount of water in the body (*diuretics*)
- Medicine which used in the treatment of various heart conditions (*digoxin*).

How to use Salmol Expectorant

- How much to use

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

Adults: 2-3 teaspoonful

Children 6-12 years: 1-2 teaspoonful

Children 2-6 years: 1 teaspoonful

- When to use it

Always take *Salmol Expectorant* 2-3 times a day or as directed by a doctor.

- How long to use it

Continue taking *Salmol Expectorant* for as long as your doctor recommends.

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Taking too much may cause additional side effects, chest pain (*angina*), high blood pressure and low levels of potassium in the blood serum.

While you are using it

- Things you must do

Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking *Salmol Expectorant*.

Tell your doctor immediately if you become pregnant while taking this medication.

- Things you must not do

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor or pharmacist

Do not give *Salmol Expectorant* to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

If you do not respond to the usual dose of this medication, this may be a sign of worsening asthma, it is advised to contact your doctor.

Use of this medicine should be discontinued 48 hours prior to the collection of urine specimens for certain tests.

Side effects

Like all medicines, *Salmol Expectorant* can cause side effects, although not everybody gets them.

Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine.

Side effects include fine tremor of skeletal muscle, mostly hands and increase in heart rate.

Salbutamol may cause excitation or increase the activity of the brain, feeling discomfort, emotional change, tiredness, nightmares, aggressive behavior, lightheadedness, disturbed sleep, inflammation of the lungs' airways, nasal congestion, increase mucus/phlegm, nose bleeding, hoarseness, increase appetite, stomachache, muscle cramps, extreme or unnatural paleness (*pallor*), inflammation of the eyes (pink eyes), loss of appetite, teeth discoloration, indigestion, dilated pupils, abdominal pain, difficulty to urinate, muscle spasm, voice changes, hives, rash, difficulty in breathing, and others.

Serious adverse reactions including death have been reported after administration of salbutamol to woman in labor. In the mother, these include increased heart rate, transient increase in blood sugar level, low potassium level, irregular heartbeat, excess fluids in the lungs and blockage in heart blood vessels.

Guaiphenesin is well-tolerated and safe. However, it may cause nausea, vomiting, dizziness, headache, hives and skin itch.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website <http://npra.moh.gov.my/> (Public→ Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI))

Storage and Disposal of Salmol Expectorant

- Storage

Store at temperature below 30°C. Protect from light. Keep medicine out of the reach of children.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

Clear, colorless with menthol-flavored solution

- Ingredients

- Active ingredients
Salbutamol, Guaiphenesin

- Inactive ingredients
Purified water, Citric acid monohydrate, Sodium citrate dihydrate, saccharin sodium, Sucrose, Sorbital solution 70%, Menthol, Methylparaben, Propylparaben, Propylene glycol, and Glycerin

- MAL number:

MAL 19940426AZ

Manufacturer

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Product Registration Holder

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