

GNC GLUCOSAMINE 750 CHONDROITIN 600 TABLET

Glucosamine/ Chondroitin (750mg/600mg)

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What *GNC Glucosamine 750 Chondroitin 600* is used for

Use as an adjunctive therapy in degenerative joint arthritis caused by loss of cartilage in the joints.

How *GNC Glucosamine 750 Chondroitin 600* works

It may play a role in the promotion, maintenance of the structure and function of cartilage in the joints of the body. Glucosamine/Chondroitin may also have anti-inflammatory properties.

Before you use *GNC Glucosamine 750 Chondroitin 600*

-When you must not use it

Do not use if you are hypersensitive to Glucosamine or if you are allergic to shellfish. Because of insufficient safety data, children, pregnant women and nursing mothers should avoid using *GNC Glucosamine 750 Chondroitin 600*. If you are pregnant or lactating and need to use Glucosamine, use only under

medical supervision.

- Before you start to use it

Tell your doctor if you have any medical conditions.

-Taking other medicines

Glucosamine may increase insulin resistance and consequently affect glucose tolerance. If you are diabetic, a doctor may need to adjust the dose of the medications you take to control blood glucose. No other medicine, nutritional supplement, food or herb interaction is known.

How to use *GNC Glucosamine 750 Chondroitin 600*

-How much to use

Adults to take one to two tablets once daily

-When to use it

Use as directed by your doctor or pharmacist.

-How long to use it

Continue taking *GNC Glucosamine 750 Chondroitin 600* for as long as your doctor or pharmacist recommends.

-If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it. Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

-If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too

much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using *GNC Glucosamine 750 Chondroitin 600*

-Things you must do

Those with type 2 diabetes and have a problem with glucose tolerance should have their blood glucose carefully monitored.

-Things you must not do

Do not take any new medicine without consulting your doctor or pharmacist.

-Things to be careful of

Administration during the first three months of pregnancy must be avoided.

Side Effects

Cardiovascular:

Accumulation of fluid that causes swelling in the lower limbs and rapid heart beat.

Central nervous system :

Sleepiness, headache and not able to sleep is uncommon (less than 1%).

Gastrointestinal :

Nausea, vomiting, diarrhoea, indigestion or pain in the upper abdomen, constipation, heartburn and loss of appetite have been rarely described.

Skin :

Skin reactions such as redness and itching have been reported.

You may report any side effects or adverse drug reactions directly to the National Center for Adverse Drug Reaction Monitoring by calling Tel:03-

78835549 or visiting the website npra.moh.gov.my (Public Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)).

Storage and Disposal of *GNC Glucosamine 750 Chondroitin 600*

-Storage

Store in a dry place below 25°C.
Protect from light and moisture.
Keep out of reach of children.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

-What it looks like

Capsule-shape pink mottled tablet.

-Ingredients

-Active ingredients
Glucosamine Hydrochloride
750mg
Chondroitin Sulfate 600mg
-Inactive ingredients: Silicon Dioxide, Magnesium Stearate, Microcrystalline Cellulose, Crospovidone, Red Beet Root.

-MAL number

MAL07101324X

Manufacturer:

Nutra Manufacturing, Inc.
1050, Woodruff Road,
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Product Registration Holder:

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