

SAFFID CAPSULE 300MG

Gemfibrozil 300mg

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What Saffid Capsule is used for

Saffid Capsule is used to treat hyperlipidaemia (having too much fat in the blood) and to prevent heart disease in people with hyperlipidaemia.

Saffid Capsule helps reduce cholesterol and triglycerides (fatty acids) in the blood. High levels of these types of fat in the blood are associated with an increased risk of atherosclerosis (clogged blood vessels).

How Saffid Capsule works

Gemfibrozil belongs to the class of medications known as *fibrates*. It works by blocking the production of certain types of fat and cholesterol, especially the type known as *triglycerides*.

Before you use Saffid Capsule

When you must not use it

Do not use Saffid Capsule if you:

- are allergic to any medicine containing gemfibrozil or any of the ingredients of the medication
- are allergic to fenofibrate or any other of the class of "fibrates" (e.g., clofibrate, bezafibrate)
- are breast-feeding
- are pregnant
- have severe liver disease, kidney disease, or gallbladder disease

Before you start to use it

Tell your pharmacist if you have allergies to any other medicines, foods, preservatives or dyes.

Tell your doctor or pharmacist if you are pregnant or plan to become pregnant or are breast-feeding. Your doctor or pharmacist can discuss with you the risks and benefits involved.

Taking other medicines

Tell your pharmacist if you are taking any other medicines, including any that you get without a prescription from your pharmacy, supermarket or health food shop.

The medicines that may interact with Saffid Capsule include:

- anticoagulants, medicines used to thin blood
- lovastatin, medicines used in high cholesterol. Concurrent use with gemfibrozil may be associated with an increased risk of rhabdomyolysis (breakdown of muscle tissues)

Always get advice from your prescriber if you are taking or planning to take other medicine with Saffid Capsule. Tell your prescriber the names of all the medicines that you are taking so that they can consider all possible interactions.

Medicines can interact with complementary preparations and vitamins. In general, there is not much information available about interactions between medicines and complementary preparations or vitamins.

If you experience any unusual effects while taking this medicine in combination with complementary preparations and vitamins, you should tell your prescriber.

How to use Saffid Capsule

Follow all directions given to you by your pharmacist or doctor carefully. They may differ from the information contained in this leaflet.

If you do not understand the directions on your prescription bottle, ask your pharmacist, nurse, or doctor to explain the instructions to you.

How much to use

Usual adult dose:

Orally 4 capsules (1.2 g) a day in two divided dose.

When to use it

Thirty minutes before the morning and evening meals.

How long to use it

Continue taking your medicine for as long as your doctor tells you. It is important to keep taking your medicine even if you feel well. Suddenly stopping your medicine may cause your original condition to return. This is why you must speak to your prescriber if you are having any problems taking your medicine.

If you forget to use it

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take extra medicine to make up the missed dose.

If you use too much (overdose)

Contact your doctor or go to your nearest hospital immediately. Do not drive if you have taken too many.

While you are using Saffid Capsule

Things you must do

Talk to your pharmacist or doctor if your symptoms do not improve. Your pharmacist or doctor will assess your condition and decide if you should continue to take the medicine.

Things you must not do

Do not take Saffid Capsule to treat any other complaints unless your pharmacist or doctor tells you to.

Do not give your medicine to anyone else, even if they have the same condition as you.

Do not take more than the recommended dose unless your pharmacist or doctor tells you to.

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Things to be careful of

Be careful driving or operating machinery until you know how Saffid Capsule affects you. Do not drink alcohol while taking this medication.

Side effects

Like all medicines, Saffid Capsule can cause side effects, although not everybody gets them.

Visit your doctor or pharmacist if you experience any side effects after taking this medicine such as gastrointestinal disturbances including nausea, vomiting, diarrhoea, flatulence and abdominal discomfort. Other adverse effects reported to occur less frequently include headache, dizziness, fatigue or drowsiness, skin rashes, impotence, blood disorders.

This is not a complete list of side effects. Contact your doctor or pharmacist if you experience any side effects.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550 or visiting the website portal.bpfk.gov.my (Consumers → Reporting)

Storage and Disposal of Saffid Capsule

Storage

Keep the medicines in a cool dry place where the temperature stays below 25°C. Protect from light.

Do not store it or any other medicine in the bathroom, or near a sink, or on a window sill.

Do not leave it in the car on hot days. Heat and dampness can destroy some medicines.

Do not use this medication after the expiry date which is printed on the product packaging. The expiry date refers to the last day of that month. Keep it where children cannot reach it.

Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

What it looks like

A maroon and white size "O" elongated capsules with Safire logo in grey printing.

Ingredients:

Active ingredient:
Saffid Capsule contains Gemfibrozil 300mg

Inactive ingredients:

Aerosil 200, Lactose DC, Sodium Lauryl Sulphate, Magnesium Stearate & Corn Starch

MAL Number:

MAL19962556AZ

Manufacturer:

Idaman Pharma Manufacturing Sdn. Bhd (661901-P)
Lot 24, Bakar Arang Industrial Estate
08000, Sungai Petani, Kedah.

Product Registration Holder:

Idaman Pharma Manufacturing Sdn. Bhd (661901-P)
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