

LOMIDE[®] CAPSULE

Loperamide hydrochloride (2mg)

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What LOMIDE[®] is used for

LOMIDE[®] is used to treat acute (sudden, short term) or chronic (long-term) diarrhea in people with an ileostomy, it can be used to reduce the number and volume of stools.

How LOMIDE[®] works

LOMIDE[®] stops intestinal muscle contractions and this allows the bowel time to absorb water and produce a more solid stool. This also results in less frequent unformed stools.

Before you use LOMIDE[®]

-When you must not use it

Do not use LOMIDE[®] if:

- you are constipated, or have to avoid constipation
- you have severe diarrhoea with blood in the stools or fever
- the packaging is torn or shows signs of tampering
- the expiry date printed on the pack has passed
- you have an allergy to LOMIDE[®] or any of the

ingredients listed under the Ingredients section of this leaflet

Do not give LOMIDE[®] to children below 6 years of age.

Please consult your healthcare professional if you are unsure about any of the above.

-Before you start to use it

You must tell your healthcare professional if you:

- are pregnant or planning to become pregnant or breastfeeding (Your doctor will discuss with you about the potential benefits and the potential hazards taking this medicine)
- have or have ever had liver disease

-Taking other medicines

Tell your healthcare professional if you are taking any other medicines, including medicines that you buy without a prescription from a pharmacy, supermarket or health food shop.

How to use LOMIDE[®]

-How much to use

Acute diarrhoea

The usual adult dose is two LOMIDE[®] capsules, followed by one capsule after each loose unformed stool as needed. The usual dose for children over 6 years of age is one LOMIDE[®] capsule, followed by one capsule after each loose unformed stool as needed. Do

not take more than eight capsules per day. Your healthcare professional may prescribe a different dose for you.

LOMIDE[®] will usually stop diarrhoea symptoms within 48 hours. If it does not, stop taking LOMIDE[®] and consult your healthcare professional.

Chronic diarrhoea

The usual adult dose is two LOMIDE[®] capsules, followed by one capsule each loose unformed stool until the diarrhoea is under control. The usual dose for children over 6 years of age is one LOMIDE[®] capsule, followed by one capsule each loose unformed stool until the diarrhoea is under control. Your healthcare professional will then adjust the dose of LOMIDE[®] to suit the individual.

-When to use it

Take LOMIDE[®] as directed by the doctor.

-How long to use it

For acute diarrhoea, LOMIDE[®] can be used for up to 5 days.

-If you forget to use it

If you forget to take LOMIDE[®] after an unformed stool, take it when you remember or after the next unformed stool. Do not take a double dose to make up for the missed dose.

Please consult your healthcare professional if you are unsure of what to do.

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-If you use too much (overdose)

Immediately inform your doctor or the National Poison Centre for advice if you suspect that you or anyone else may have taken too much LOMIDE[®].

The National Poison Centre can be contacted at:

- 1-800-88-8099 during office hours
- +6012-430 9499 after office hours

Keep these contact numbers at hand in case of emergencies.

Alternatively, go to your nearest hospital for medical attention. Do this even if you are not experiencing signs of discomfort or poisoning as you may need urgent medical attention.

Symptoms of overdose: constipation, stomach irritation, feeling sleepy, coordination abnormality, pupil constriction, muscle spasm, slowed breathing.

While you are using LOMIDE[®]

-Things you must do

- Inform your healthcare professional if there is no improvement after taking LOMIDE[®].
- To avoid dehydration, drink plenty of fluids.
- Inform your healthcare professional if you become pregnant while taking LOMIDE[®].
- If you are about to start taking a new medicine,

inform your healthcare professional that you are taking LOMIDE[®].

-Things you must not do

- Do not take more than 8 capsules in one day.
- Do not use LOMIDE[®] to treat any other complaint unless instructed by your healthcare professional.
- Do not give this medicine to anyone else, even if they have similar symptoms as you.

-Things to be careful of

Fatigue, dizziness or sleepiness can be experienced with diarrhoea. It is therefore advisable to be cautious when driving or operating machinery.

Side effects

All medicines can have side effects which are occasionally serious. Medical treatment may be needed for some side effects.

Inform your healthcare professional if you notice any of the following:

- nausea or vomiting
- dry mouth
- stomach discomfort
- constipation
- flatulence
- fatigue
- sleepiness

These side effects are usually mild.

Inform your healthcare professional immediately and do not take the next LOMIDE[®] dose if you experience the

following:

- asthma, wheezing or shortness of breath
- swelling of the face, lips or tongue which may cause difficulty in swallowing or breathing

This is not a complete list of all possible side effects. Inform your healthcare professional if you notice anything making you feel unwell when you are taking, or soon after you have finished taking LOMIDE[®].

Please consult your healthcare professional for further information.

You may report any side effects or adverse drug reactions to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers → Reporting).

Storage and Disposal of LOMIDE[®]

-Storage

- Keep LOMIDE[®] in a cool dry place below 30°C.
- Keep away from heat and dampness as these can destroy some medicines.
- Keep capsules away from children in a place where they cannot reach

-Disposal

Consult your healthcare professional for disposal of leftover capsules that have passed their expiry date or if you have been instructed to stop the

LOMIDE[®] CAPSULE


Loperamide hydrochloride (2mg)

medicine.

Product Description

- What it looks like

LOMIDE[®] capsules are dark and light green capsules

imprinted with . Each blister pack contains 10 capsules.

-Ingredients

Active ingredient:
2 milligrams of loperamide hydrochloride in each LOMIDE[®] capsule.

Inactive ingredients:
Tapioca starch, magnesium stearate and lactose.

- MAL number:
MAL19861523AZ

Manufacturer

Siam Bheasach Co., Ltd.,
123 Soi Chokechairuammitr,
Vibhavadi-Rangsit Road,
Chatuchak, Bangkok 10900,
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Product Registration Holder

SPG Pharma (Malaysia) Sdn. Bhd.,
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