

# LIPISTOROL CAPSULE

Gemfibrozil (300mg)

## What is in this leaflet

1. What Lipistorol is used for
2. How Lipistorol works
3. Before you use Lipistorol
4. How to use Lipistorol
5. While you are using Lipistorol
6. Side effects
7. Storage and Disposal of Lipistorol
8. Product description
9. Manufacturer and Product Registration Holder
10. Date of revision

## What Lipistorol is used for

Lipistorol is used to treat hyperlipidaemia (having too much fat in the blood) and to prevent heart disease in people with hyperlipidaemia.

## How Lipistorol works

Lipistorol belongs to a group of medicines called fibrates that lower the level of fats (lipids and triglycerides) in the blood.

## Before you use Lipistorol

- When you must not use it

Do not take this medicine if:

- you are hypersensitive to gemfibrozil or any of the other ingredients of Lipistorol .
- you have liver disease.
- you have severe kidney disease.
- you have a history of gall stones, bile and gall bladder disease (biliary tract disease).
- you are pregnant or breastfeeding.

- Before you start to use it

Tell your doctor if:

- you have gall bladder or gallstones problems.
- you have thyroid or diabetic problems.
- you have any kidney or liver problems.
- you are breastfeeding or plan to breastfeed.
- you are pregnant, think you are pregnant, or plan to get pregnant.
- you are taking other medicines, including those available to buy without a prescription, herbal and complementary medicines.

- you have allergies to any other medicines, foods, dyes or preservatives.

- Taking other medicines

Talk to your doctor or pharmacist if you are taking any other medicines in any form including any that you buy or obtained without a prescription.

Some medicines interfere with Gemfibrozil.

They include:

- anticoagulants agent such as warfarin used to thin the blood.
- statins such as atorvastatin, simvastatin, lovastatin, pravastatin, and rosuvastatin, used to lower cholesterol and triglycerides.

Other interactions not stated may occur. Talk to your doctor or pharmacist if you have any other concerns.

## How to use Lipistorol

- How much to use

Your doctor will determine the amount of medicine you should take based on the severity of your condition. Take this medicine in the dose prescribed by your doctor.

The usual dose is 1.2gm daily administered in two divided doses.

Lipistorol is not recommended for children.

Swallow the capsule(s) with a full glass of water.

- When to use it

To be taken 30 minutes before meals, usually twice daily, before breakfast and before dinner.

- How long to use it

You are advised to take it as long as your doctor tells you to.

Your doctor may withdraw treatment with lipistorol after 3 months if the response is not satisfying.

- If you forget to use it

**Do not take double dose to make up for a forgotten dose.**

If you forget to take your dose, take it as soon as you remember. Skip the missed dose if it is almost time for your next dose.

- If you use too much (overdose)

Contact your doctor immediately as soon as you realize you have taken too much.

Overdose symptoms may include:

- abdominal discomfort
- diarrhea
- skin rashes
- nausea
- fatigue & weakness

## While you are using Lipistorol

- Things you must do

- Tell your doctor immediately if you become pregnant.
- Tell your doctor if you decide to breast-feed your baby.
- Go to your doctor regularly for any check-up or blood tests.
- Tell your doctor if you are taking any other cholesterol-lowering medicines or diabetic medicines.
- Avoid eating food that are high in fat or cholesterol.

- Things you must not do

Do not:

- Give this medicine to anyone else, even if their symptoms seem similar to yours.
- Take your medicine to treat any other complaints unless you are told by your doctor or pharmacist.
- Stop taking the medicine or change the dosage on your own before asking your doctor.

# LIPISTOROL CAPSULE

Gemfibrozil (300mg)

---

- Things to be careful of

Drinking alcohol will make it worse. Watch your intake.

Be careful while driving or operating machinery as Lipistorol may cause dizziness and affect your eyesight.

**Side effects**

All medicines can cause unwanted side effects. These effects can be serious but most of the time, they are mild and temporary.

Tell your doctor immediately if you think you are experiencing any of the following possible unwanted side effects while taking the medicine:

- Stomach pain
- Gas or heartburn
- Diarrhea
- Nausea
- Skin rash
- Unusual tiredness
- Weight gain
- Headache
- Dizziness
- Pruritus (itching)
- Alopecia (hair loss)
- Anemia or leukopenia (reduction of certain white blood cells)
- Gallstones
- Myositis (muscle inflammation)

Other unwanted side effects not listed may occur. Tell your doctor immediately.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction monitoring by calling Tel: 03-78835550, or visiting the website [portal.bpfk.gov.my](http://portal.bpfk.gov.my) (Consumers→Reporting)

**Storage and Disposal of Lipistorol**

- Storage

Keep out of reach of children. Protect from moisture.

Store Lipistorol Capsule below 25°C.

- Disposal

No specific instructions. Please ask your pharmacist how to dispose unused medicines properly.

**Product description**

- What it looks like

Maroon opaque and white opaque capsule with “HD” printed on one end and “GMB300” on the other end of the capsule.

- Ingredients

- Active ingredient  
Each Lipistorol Capsule contains Gemfibrozil 300mg.

- Inactive ingredients

- Cornstarch
- Polysorbate
- Magnesium Stearate
- Sodium Starch Glycolate
- Lactose Monohydrate
- Polyvinylpyrrolidone

- MAL Number:

MAL19950342AZ

**Manufacturer**

HOVID Bhd.  
Lot 56442, 7 1/2 Miles,  
Jalan Ipoh / Chemor,  
31200 Chemor, Malaysia.

**Product Registration Holder**

HOVID Bhd.  
121, Jalan Tunku Abdul Rahman,  
30010 Ipoh, Malaysia.

**Date of revision**

08 July 2015

**Serial Number**

BPFK(R4/1)050615/00145