

# ZYNATEN SYRUP

Ketotifen Fumarate (1mg/ 5ml)

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## What ZYNATEN SYRUP is used for

ZYNATEN SYRUP indicated in the preventive treatment of asthma and in the treatment of allergic conditions such as rhinitis and conjunctivitis.

## How ZYNATEN SYRUP works

Ketotifen has the properties of the antihistamines and works by blocking a certain natural substances (histamine) that your body makes during an allergic reaction.

## Before you use ZYNATEN SYRUP

- When you must not use it  
Hypersensitivity to the medicine or other ingredients of this product.

### *Pregnancy and lactation*

Ask your doctor or pharmacist for advice before taking any medicine.

Although there is no evidence of birth defects, it should be given to pregnant and nursing women only under compelling circumstances.

### - Before you start to use it

Please inform doctor if you have infection

### - Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

A reversible fall in the platelet count has been observed in individuals receiving Ketotifen concomitantly with oral antidiabetic agents it has been suggested that this combination should therefore be avoided.

Zynaten may potentiate the effects of sedatives, hypnotics and antihistamines.

## How to use ZYNATEN SYRUP

### - How much to use

**Adults:** 1 teaspoonful (5 ml) twice daily with food, increased if necessary to 2 teaspoonfuls (10 ml) twice daily.

**Children over 3 years:** 1 teaspoonful (5 ml) twice daily.

**Children from 6 months to 3 years:** ½ teaspoonfuls (2.5 ml) twice daily.

Individuals known to be easily sedated should begin treatment with ½ to 1 teaspoonful (2.5 ml to 5 ml) at night for the first few days.

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

### - When to use it

Use as directed by your doctor or pharmacist.

### - How long to use it

Continue taking ZYNATEN SYRUP for as long as your doctor recommends.

Since the action of Ketotifen is for prevention, the symptoms of asthma will probably recur if it is withdrawn; it has been suggested that withdrawal should be carried out gradually over a period of a week.

In the prevention of asthma it may take several weeks of treatment to achieve the full effect.

### - If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

### - If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there

are no signs of discomfort or poisoning. You may need urgent medical attention.

Taking too many of this medicine may cause drowsiness, confusion, difficulty in breathing, slow heart rate or abnormally fast heart rate, disorientation and convulsions.

## While you are using it

### - Things you must do

Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking ZYNATEN SYRUP.

Tell your doctor immediately if you become pregnant while taking this medication.

### - Things you must not do

Do not consume alcoholic drinks.

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor or pharmacist.

Do not give ZYNATEN SYRUP to anyone else, even if they have the same symptoms or condition as you.

### - Things to be careful of

#### *Driving and using machines*

During the first few days of treatment, your reactions may be impaired. Do not take charge of vehicles or machinery until the effect of Zynaten treatment is known.

## Side effects

Like all medicines, ZYNATEN SYRUP can cause side effects, although not everybody gets them.

Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine.

Sedation, tiredness, weight gain and dry mouth are the most common side effects. Other frequently reported side effects definitely or probably related to Ketotifen are dizziness, nausea and headache, exacerbation of asthma, bronchospasms (airways in your lungs shrink) and status asthmaticus (severe asthma attack).

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website [npra.moh.gov.my](http://npra.moh.gov.my) (Public → Reporting Medicinal Problems / Side Effects / AEFI / Vaccine Safety).

**Storage and Disposal of ZYNATEN SYRUP**

- Storage

Keep out of the reach and sight of children.

Keep container tightly closed  
Store in a dry place below 25°C  
Protect from light  
Shake well before use

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

**Product Description**

- What it looks like

Colourless cherry flavoured syrup

- Ingredients

- Active ingredient  
Ketotifen [as Ketotifen Fumarate]

- Inactive ingredients  
Syrup, Liquid Glucose, Methyl paraben, Propyl paraben, Sodium benzoate, Xanthan Gum, Cherry Flavour, Deionised Water.

- MAL numbers:

ZYNATEN SYRUP -  
MAL19940359AZ

**Product Manufacturer & Registration Holder**

Dynapharm (M) Sdn. Bhd.  
2497, Mukim 1, Lorong Perusahaan Baru 5, Kawasan Perusahaan Perai 3, 13600 Perai, Pulau Pinang, Malaysia.

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