

LOSACAR TABLET 50MG

Losartan Potassium 50mg

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Read all of this leaflet carefully before you start taking this medicine because it contains important information.

Keep this leaflet. You may need to read it again.

What LOSACAR is used for

The name of your medicine is LOSACAR TABLET 50MG. It contains the active ingredient, Losartan potassium. LOSACAR can be used for the treatment of hypertension (high blood pressure). LOSACAR can be used alone, or with other antihypertensive agents.

How LOSACAR works

Losartan (LOSACAR) belongs to a group of medicines known as angiotensin-II receptor antagonists. Angiotensin-II is a substance produced in the body which binds to receptors in blood vessels, causing them to tighten and results in an increase in blood pressure. Losartan prevents the binding of angiotensin-II to these receptors, causing the blood vessels to relax which in turn lowers the blood pressure. Losartan slows the decrease of kidney function in patients with high blood pressure and type II diabetes.

Before you take LOSACAR

When you must not take it

Do not take this medicine:

- If you are allergic to Losartan or to any of the other ingredients of this medicine.
- If your liver function is severely impaired.
- LOSACAR is not recommended in early pregnancy, and must not be taken if you are more than 3 months pregnant, as it may cause serious harm to your baby if used at that stage.
- If you are breast-feeding or about to start breast-feeding.

Before you start to take it

Tell your doctor if:

- You have had a history of angioedema (swelling of the face, lips, throat, and/or tongue).
- If you suffer from excessive vomiting or diarrhoea leading to an extreme loss of fluid and/or salt in your body,
- If you receive diuretics (medicines that increase the amount of water that you pass out through your kidneys) or are under dietary salt restriction leading to an extreme loss of fluid and salt in your body.
- If you are known to have narrowing or blockage of the blood vessels leading to your kidneys or if you have received a kidney transplant recently,
- If your liver function is impaired.
- If you suffer from heart failure with or without renal impairment or concomitant severe life threatening cardiac arrhythmias (irregular heart beat). Special caution is necessary when you are treated with a Beta-blocker concomitantly.
- If you have problems with your heart valves or heart muscle,
- If you suffer from coronary heart disease (caused by a reduced blood flow in the blood vessels of the heart)

or from cerebrovascular disease (caused by a reduced blood circulation in the brain),

- If you suffer from primary hyperaldosteronism (a syndrome associated with increased secretion of the hormone aldosterone by the adrenal gland, caused by an abnormality within the gland).
- If you plan to become pregnant or breast-feed.

Taking other medicines

Tell your doctor or pharmacist if you are taking, have recently taken, or might take any other medicines, such as:

- Other blood pressure lowering medicines as they may additionally reduce your blood pressure.
- Medicines which retain potassium or may increase potassium levels (e.g. potassium supplements, potassium-containing salt substitutes or potassium-sparing medicines).
- Non-steroidal anti-inflammatory drugs such as indomethacin, including COX-2-inhibitors as they may reduce the blood pressure lowering effect of Losartan.

How to take LOSACAR

How much to take

Always take this medicine exactly as your doctor or pharmacist has told you. Your doctor will decide on the appropriate dose of Losacar, depending on your condition and whether you are taking other medicines.

The usual dose of this medicine may vary from one to two tablets once a day. The maximal blood pressure lowering effect should be reached 3-6 weeks after beginning treatment.

When to take it

Take it at about the same time each day, with or without food. The tablets should be swallowed with a glass of water.

LOSACAR TABLET 50MG

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How long to take it

It is important to continue taking Losacar for as long as your doctor prescribes it in order to maintain smooth control of your blood pressure.

If you forget to take it

If you accidentally miss a daily dose, just take the next dose as normal. Do not take a double dose to make up for a forgotten tablet. If you have any further questions on the use of this medicine, ask your doctor, pharmacist or nurse.

If you take too much (overdose)

If you accidentally take too many tablets, contact your doctor immediately. Symptoms of overdose are low blood pressure, increased heartbeat, possibly decreased heartbeat.

While you are taking LOSACAR

Things you must do

Take your tablets exactly as your doctor has prescribed. Tell your doctor immediately as soon as you know you are pregnant, and doctor will advise you to take another medicine instead of Losacar.

Things you must not do

This medicine has been prescribed for you only. Do not give this medicine to others. It may harm them, even if their symptoms seem similar to yours. Do not stop taking your medicine, or change the dosage, without checking with your doctor.

Things to be careful of

Losacar is unlikely to affect your ability to drive and use machines. However, as with many other medicines used to treat high blood pressure, Losacar may cause dizziness or drowsiness, you should

consult your doctor before attempting such activities.

Side Effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

If you experience the following, stop taking Losacar tablets and tell your doctor immediately or go to the casualty department of your nearest hospital:

- A severe allergic reaction (rash, itching, swelling of the face, lips, mouth or throat that may cause difficulty in swallowing or breathing).

Tell your doctor or pharmacist if you notice any of the following and they worry you:

- Dizziness, headache,
- Sleep disorders (insomnia),
- Abdominal pain, asthenia/ fatigue, chest pain,
- Localised swelling (edema)
- Feeling of increased heart rate (palpitations)
- Diarrhea, dyspepsia, nausea,
- Back pain, muscle cramps
- Cough, nasal congestion, pharyngitis, sinus disorder, upper respiratory infection.
- Rash
- Dose-related orthostatic effects such as lowering of blood pressure appearing when rising from a lying or sitting position.

If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or Visiting the website portal.bpfk.gov.my (Consumers → Reporting).

Storage and Disposal of Losacar

Storage

Keep your medicine in its original packaging until it is time to take it. Keep your medicine in a cool dry place where the temperature will stay below 25°C.

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the carton. The expiry date refers to the last day of that month.

Disposal

If your doctor tells you to stop taking this medicine or it has passed its expiry date, ask your pharmacist what to do with any medicine that is left over.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product description

What it looks like

LOSACAR TABLET 50MG

White, smooth, round, biconvex film coated tablets with plain surface on both sides.

Packed in blister foil strip of 10 tablets. Each carton contains 10 strips. (10 strips x 10's)

Ingredients

Each tablet contains 50mg of Losartan potassium as active ingredient.

It also contains the following inactive ingredients:

Lactose, Maize starch, Microcrystalline cellulose, Low substituted hydroxypropyl cellulose, Colloidal silicon dioxide, Magnesium

LOSACAR TABLET 50MG

Losartan Potassium 50mg

stearate, Sodium starch glycolate,
Opadry 03F58991 white.

Registration No: MAL09011460A

Manufacturer

Cadila Healthcare Limited,
Sarkhej-Bavla N.H.No. 8 A,
Moraiya, Tal: Sanand,
Dist: Ahmedabad 382210
India.

Marketing Authorization Holder

The Zyfas Medical Co.
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