

WHAT IS IN THIS LEAFLET

This leaflet answers some common questions about *Lipothin*. It does not contain all the available information. It does not take the place of talking to your doctor or pharmacist. Please read this entire leaflet carefully before you start to take your medicine. This medicine is for you. Never give it to other people even if their condition appears to be the same as yours. If you have any questions about this medicine ask your pharmacist. Keep this leaflet, you may need to read it again.

1. WHAT IS LIPOTHIN USED FOR

Lipothin is used as adjunctive therapy to diet to lower blood cholesterol level.

2. HOW LIPOTHIN WORKS

Fenofibrate belongs to a group of medicines, commonly known as fibrates. It works by reducing the amount of triglycerides and bad cholesterol made in the body and increases the good cholesterol.

3. BEFORE YOU TAKE LIPOTHIN

Do not take this medicine if you

- have allergy to fenofibrate, it's related compound or other ingredients in this preparation.
- have severe kidney disease
- have liver disease
- have gallbladder disease
- had light sensitivity during treatment with fibrates / ketoprofen
- are pregnant, intent to become pregnant or is breast feeding
- do not give this medicine to children

Before you start taking this medicine

Tell your doctor if you have:

- allergies to any other medicines, foods, preservatives or dyes
- liver problems
- kidney problems
- experienced low red and white blood cells count when taking similar medicine.
- gallstone formation or pancreas inflammation when taking similar medicine.
- muscle pain when taking other cholesterol lowering medicine.

Elderly patient should be cautious in using this medicine as kidney functions may be compromised in this age group. Do regular check up to ascertain this.

Taking other medicines

Tell your doctor or pharmacist if you are taking any other medicines, including any that you get without a prescription. These medicines may be affected by *Lipothin* or may affect how well it works. You may need different amount of your medicines, or you may need to take different medicines.

Your doctor and pharmacist have more information on medicines to be careful with or avoid while taking these medicines:

- blood thinning medicine such as warfarin
- Cholesterol lowering drugs of statins group such as simvastatin.
- Ciclosporin (immunosuppressant)
- bile acid binding resins, eg cholestyramine

Pregnancy and lactation

If you are pregnant while taking this medicine, consult your doctor immediately. Your doctor will advise you on suitable therapy during pregnancy.

4. HOW TO TAKE LIPOTHIN

Take your medication exactly as directed by your doctor. *Lipothin* is used alongside a low fat diet and other medical or nonmedical (eg. exercise) treatments.

How much to take:

One capsule daily

When to take:

It is usually taken with the main meal.

How long to take it

Continue taking your medicine for as long as your doctor tells you. This medicine helps to control your condition, but does not cure it. It is very important that you do not stop taking this medicine suddenly.

If you forget to take it

Take your dose as soon as you remember, and continue to take it as you would normally. If it is almost time for your next dose, skip the dose you missed and take your next dose when you are meant to. Do not take a double dose to make up for the dose that you missed. If you are not sure what to do, ask your doctor or pharmacist.

If you take too much

If you or anyone else takes too many tablets, you tell your doctor and go to your nearest hospital emergency department immediately. Do this even if there are no signs of discomfort or poisoning. Take the carton or any remaining tablets you have with you.

5. WHILE YOU ARE USING LIPOTHIN

Things you must do

- Check your blood cholesterol level when requested by the doctor to see if the medicine works for you.
- Your doctor may perform blood test to see if your blood cell counts and liver functions are normal.
- Tell your doctor immediately if you experience unexpected muscle pain, cramps or weakness, particularly if accompanied by malaise or fever.
- Tell your doctor if you have abdominal pain, nausea, vomiting which might be due to inflammation. Pancreas inflammation could be a sign of gallstone formation.
- Inform your doctor, dentist, pharmacist that you are taking *Lipothin*
- Inform your doctor, pharmacist if you are going to be started on a new drug that you are taking *Lipothin*.
- Inform your doctor if you become pregnant while taking *Lipothin*.

Things you must not do

- Avoid drinking large amount of alcohol as it may cause liver problems
- Do not use *Lipothin* to treat other complaints.
- Do not stop taking this medicine without discussing with your doctor.

Things to be careful of

Lipothin generally does not cause any problems with your ability to drive but as with many other medicines, it may cause dizziness in some people.

6. POSSIBLE SIDE EFFECTS

Like all medicines, ***Lipothin*** can cause side effects, although not everybody gets them. The following side effects may happen with this medicine:

Common:

- gastrointestinal disturbances such as abdominal pain, nausea, vomiting, diarrhoea and flatulence
- skin reactions such as rashes, redness, itchiness, light sensitivity
- neurological disorder with symptoms like headache, insomnia
- fatigue and vertigo (dizziness).

Rare:

- liver problems (elevated level of liver enzymes, hepatitis)
- development of gallstones
- muscle weakness, cramps joint pain, rhabdomyolysis (muscle breakdown)
- decreased sexual drive
- alopecia (hair loss)
- low red and white blood cells count

Tell your doctor or pharmacist if you notice anything else that is making you feel unwell. Other side effects not listed above may also occur in some people.

7. HOW TO STORE *LIPOTHIN*

Storage

Keep medicines in original packaging. Store in a cool (below 30°C), dry place, away from direct heat and light and excessive moisture. Do not leave your medicine in the car.

Keep all medicines out of the reach of children.

Disposal

Medicines should not be disposed of via household waste. Ask your doctor and pharmacist how to dispose of medicines.

8. PRODUCT DESCRIPTION

White powder filled in orange-orange capsule.

Active ingredient: each capsule contains 200mg of fenofibrate

Other ingredients: colloidal silicon dioxide, sodium starch glycolate, corn starch, povidone K-90, lactose, magnesium stearate, sodium lauryl sulfate

Packing

Aluminium blisters of 3 x 10's capsules per box

Registration No

MAL20040802A

9. MANUFACTURER

T.O. Chemicals (1979) Ltd.
280 Soi Sabaijai,
Suthisarn Road,
Bangkok 10320, Thailand.

**10. MARKETING
AUTHORIZATION HOLDER**

IMEKS Pharma Sdn. Bhd.
No. 1 & 2, Jalan 6/33B,
MWE Commercial Park,
52000 Kuala Lumpur, Malaysia

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