



NATIONAL PHARMACEUTICAL  
REGULATORY AGENCY  
(NPRA)

# NATURAL AND HEALTH SUPPLEMENT PRODUCTS

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## PROHIBITED /BANNED INGREDIENTS

- Prohibited/banned ingredients are ingredients that are not allowed to be included in the formulation of natural products. This include ingredients that fall under the following categories:
- Botanicals and botanical ingredients containing scheduled poisons as listed under the Poison Act 1952.
- Botanicals and botanical ingredients which are banned due to reported side effects.
- Ingredients (botanical and substance from animal source) which are banned due to safety reasons.



**For the list of  
prohibited/banned  
ingredients, please  
refer to:**

**DRGD - Appendix 5 - 2.1.3  
Prohibited/Banned  
Ingredients.**



# ALLOWABLE CLAIMS FOR HEALTH SUPPLEMENTS

## General or Nutritional Claims

- **Definition:** General Health Maintenance / Benefits derived from supplementation beyond normal dietary intake
- **Example:** For energy; Helps to maintain good health
- Established scientific references are required.

For Health Supplement Claims, please refer to DRGD - Appendix 4 - 4.4 Health Supplement Claim

## Functional Claims

- **Definition:** Maintains or enhances the structure or function of the human body, excluding disease related claims
- Example: Vitamin A helps to maintain growth and vision
- Established scientific references are required.
- Fulfillment of quality criteria

## Disease Risk Reductions Claims

- **Definition:** Significantly altering or reducing a risk factor of a disease or health related condition.
- **Example:** Helps to reduce the risk of osteoporosis by strengthening the bone.
- Full evaluation (new drug requirements)
- Established scientific references are required.
- Fulfillment of quality criteria

# ALLOWABLE CLAIMS FOR NATURAL PRODUCTS

- **Example:** To promote good health and wellbeing
- Supported by literature on traditional use
- Excludes 20 diseases outlined in the Medicines Advertisements and Sales Act such as venereal diseases, diabetes, cancer and others

For Natural Product Claims, please refer to DRGD - Appendix 5 - 2.3 Indications



## Guidelines

- Drug Registration Guidance Document (DRGD)  
boleh dimuat turun daripada laman sesawang <https://www.npra.gov.my>
- Appendix 4: Guideline on registration of Health Supplements
- Appendix 5: Guideline on registration of Natural Products