

ACEPRIL TABLET

Lisinopril (10mg and 20mg)

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What ACEPRIL is used for

ACEPRIL is used to treat:

- high blood pressure
- adjunctive in the treatment of congestive heart failure.

How ACEPRIL works

ACEPRIL contains the active ingredient Lisinopril. It belongs to a group of medicines known as ACE inhibitors. It works by widening the blood vessels. This makes it easier for your heart to pump blood through the body.

Ask your doctor if you have any questions about why this medicine has been prescribed for you. Your doctor may have prescribed it for another reason.

Before you use ACEPRIL

- When you must not take it

Do not take this medicine if you have an allergy to:

- Lisinopril, the active ingredient
- any other ACE inhibitor
- any of the other ingredients listed at the end of this leaflet

Do not take ACEPRIL if:

- you have in the past suffered from acute swelling of the face, lips tongue or throat caused by treatment with similar medicine (ACE Inhibitor)
- you are pregnant or breastfeeding
- you are undergoing haemodialysis

Do not take this medicine after the expiry date printed on the pack or if the packaging is torn or shows signs of tampering.

If it has expired or is damaged, return it to your pharmacist for disposal.

If you are not sure whether you should start taking this medicine, talk to your doctor.

- Before you start to use it

Tell your doctor if you have allergies to any other medicines, foods, preservatives or dyes.

Tell your doctor if you have or have had any of the following medical conditions:

- Kidney problems
- Liver problems
- Low blood pressure
- Narrowing of aortic valve in the heart.

Tell your doctor if you plan to become pregnant or breastfeeding. ACEPRIL should not be used during pregnancy or while breastfeeding.

If you have not told your doctor about any of the above, tell him/her before you start taking ACEPRIL.

- Taking other medicines

Tell your doctor or pharmacist if you are taking any other medicines, including any that you get without a prescription from your pharmacy, supermarket or health food shop.

Some medicines and ACEPRIL may interfere with each other.

These include:

- Other medicines used to treat high blood pressure
- Diuretics
- Potassium supplement
- Lithium
- Anti-inflammatory drugs

These medicines may be affected by ACEPRIL or may affect how well it works. You may need different amounts of your medicines, or you may need to take different medicines.

Your doctor and pharmacist have more information on medicines to be careful with or avoid while taking this medicine.

How to use ACEPRIL

Follow all directions given to you by your doctor or pharmacist carefully. They may differ from the information contained in this leaflet.

If you do not understand the instructions, ask your doctor or pharmacist for help.

- How much to use

Your doctor will decide how many tablets you will need to take each day. This depends on

the condition being treated and whether or not you are taking any other medicines.

For high blood pressure

For most patients, the usual starting dose is 10 mg taken once a day.

Some patients may need a lower starting dose. The dose may need to be increased depending on your blood pressure.

Most patients take between 10 to 20 mg each day, taken once a day.

- When to use it

Take ACEPRIL at about the same time each day.

It does not matter if you take ACEPRIL before or after food.

- How long to use it

Continue taking your medicine for as long as your doctor tells you.

ACEPRIL helps control your high blood pressure and helps improve your heart failure, but does not cure it.

ACEPRIL must be taken every day.

- If you forget to use it

Take your dose as soon as you remember, and continue to take it as you would normally.

If it is almost time for your next dose, skip the dose you missed and take your next dose when you are meant to.

Do not take a double dose to make up for the dose that you missed. This may increase the chance of you getting an unwanted side effect.

If you are not sure what to do, ask your doctor or pharmacist.

If you have trouble remembering to take your medicine, ask your pharmacist for some hints.

- If you use too much (overdose)

Immediately telephone your doctor for advice, or go to Accident and Emergency at the nearest hospital, if you think that you or anyone else may have taken too much ACEPRIL.

Do this even if there are no signs of discomfort or poisoning.

You may need urgent medical attention.

While you are using it

- Things you must do

Always follow your doctor's instructions carefully.

Tell your doctor if, for any reason, you have not taken your medicine exactly as directed.

Tell all the doctors, dentists and pharmacists who are treating you that you are taking ACEPRIL.

Tell your doctor if you become pregnant while taking ACEPRIL.

Tell your doctor immediately if you feel any light-headedness or dizziness after you take your first dose of ACEPRIL or if your dose is increased.

If you are about to start on any new medicine, remind your doctor and pharmacist that you are taking ACEPRIL.

- Things you must not do

Do not stop taking your medicine or lower the dosage

without checking with your doctor.

Do not take ACEPRIL to treat any other complaints unless your doctor tells you to.

Do not give your medicine to anyone else, even if they have the same condition as you.

- Things to be careful of

Be careful driving or operating machinery until you know how ACEPRIL affects you.

ACEPRIL may cause dizziness (lightheadedness) or tiredness in some patients, especially after the first dose or if the dose is increased.

Make sure you know how you react to ACEPRIL before you drive a car, operate machinery, or do anything else that could be dangerous if you are dizzy or light-headed.

If you drink alcohol, dizziness or light-headedness may be worse.

Side effects

All medicines can have side effects. Sometimes they are serious, most of the time they are not. You may need medical attention if you get some of the side effects.

Do not be alarmed by the following lists of side effects. You may not experience any of them.

Ask your doctor or pharmacist to answer any questions you may have.

Tell your doctor if you notice any of the following and they worry you:

- light-headedness or dizziness
- headache
- fatigue
- dry cough

- mild stomach upsets such as feeling sick, diarrhoea, or stomach pains

Tell your doctor or pharmacist if you notice anything else that is making you feel unwell. Other side effects not listed above may also occur in some people.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers → Reporting).

Storage and Disposal of ACEPRIL

- Storage

Keep your medicine in the original container. If you take it out of its original container it may not keep well.

Keep your medicine in a place where the temperature stays below 25°C.

Do not store ACEPRIL or any other medicine in the bathroom or near a sink. Do not leave it on a window sill or in the car. Heat and dampness can destroy some medicines.

Keep it where children cannot reach it.

A locked cupboard at least one-and-a-half metres above the ground is a good place to store medicines.

- Disposal

If your doctor tells you to stop taking this medicine or the expiry date has passed, ask your pharmacist what to do with any medicine that is left over.

Product Description

- What it looks like

ACEPRIL 10MG TABLET
10mm oblong tablet, light green in colour with marking "DUO 861".

ACEPRIL 20MG TABLET
10mm oblong tablet, light orange in colour with marking "DUO 861".

- Ingredients

Active ingredient

ACEPRIL 10MG TABLET
• Each tablet contains 10mg lisinopril

ACEPRIL 20MG TABLET
• Each tablet contains 20mg lisinopril

Inactive ingredients:

ACEPRIL 10MG TABLET
• Promigel
• Brilliant Blue FCF
• Lactose
• Aerosil
• Quinoline Yellow
• Cornstarch
• Magnesium stearate

ACEPRIL 20MG TABLET
• Promigel
• Sunset Yellow
• Lactose
• Aerosil
• Quinoline Yellow
• Cornstarch
• Magnesium stearate

- MAL number

ACEPRIL 10MG TABLET
MAL19950166A

ACEPRIL 20MG TABLET
MAL19950167A

Manufacturer

DUOPHARMA (M) SDN. BHD. (42491-M)
Lot. 2599, Jalan Seruling 59, Kawasan 3, Taman Klang Jaya, 41200 Klang, Selangor Darul Ehsan, Malaysia.

Product Registration Holder

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Lot. 2599, Jalan Seruling 59, Kawasan 3, Taman Klang Jaya, 41200 Klang, Selangor Darul Ehsan, Malaysia.

Date of Revision

04/02/2014