

# FIBID CAPSULE

Gemfibrozil (300mg)

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## What is in this leaflet

1. What Fibid is used for
2. How Fibid works
3. Before you use Fibid
4. How to use Fibid
5. While you are using it
6. Side effects
7. Storage and Disposal of Fibid
8. Product Description
9. Manufacturer and Product Registration Holder
10. Date of Revision

## What Fibid used for

Fibid can be used to prevent the occurrence of heart problems in patients with high lipid/fat in the blood. (hypercholesterolemia, mixed dyslipidemia and hypertriglyceridemia). Fibid is indicated when a patient does not respond well to low fat diet and other non-medical treatment such as exercise and weight loss.

## How Fibid works

Fibid is an antihyperlipidemic agent. It works by lowering the blood levels of triglycerides (a type of fat) and bad cholesterol (Low-density Lipoprotein, LDL) by reducing their production by the liver. It also increases blood levels of good cholesterol (High-density Lipoprotein, HDL).

## Before you use Fibid

- When you must not use it

Do not take Fibid if

- if you are hypersensitive to gemfibrozil or any of the other ingredients of Fibid
- if you have liver disease
- if you have severe kidney disease
- if you have a history of gall stones, bile and gall bladder disease (biliary tract disease)

- Before you start to use it

Some medical conditions may interact with Fibid. Tell your doctor or pharmacist if you have any medical conditions, especially if any of the following apply to you:

- if you are pregnant, planning to become pregnant, or are breast-feeding
- if you have allergies to medicines or other substances
- if you have kidney problems, an underactive thyroid, or diabetes
- if you have very high blood triglyceride levels, are overweight, or drink alcohol regularly
- if you are taking estrogen

- Taking other medicines

Some medicines may interact with Fibid. Tell your health care provider if you are taking any prescription or nonprescription medicine, herbal preparation or dietary supplement, especially any of the following:

- HMG-CoA reductase inhibitors (eg, simvastatin) because the risk of side effects, such as muscle pain, weakness, and kidney problems, may be increased
- Oral anticoagulants (eg, warfarin) because the risk of side effects, including the risk of bleeding, may be increased

## How to use Fibid

- How much to use

The recommended daily dose is 900-1200mg. The maximum daily dose is 1500mg.

Adult: Oral 1.2g a day in two divided doses thirty minutes before the morning and evening meals.

Children: Dosage has not been established.

- When to use

Take Fibid by mouth twice a day 30 minutes before morning and evening meals, unless otherwise directed by your doctor.

- How long to use it

Do not stop taking Fibid unless your doctor tells you to. It is recommended that you follow all the advice given while you are taking Fibid so as to gain the full benefit of the treatment.

Your doctor might stop Fibid if the response is inadequate after 3 months of treatment.

- If you forget to use it

If you miss a dose of Fibid, take it as soon as possible. If it is almost time for your next dose, skip the missed dose and go back to your regular dosing schedule. Do not take 2 doses at once.

- If you use too much (overdosage)

If you accidentally take too much Fibid contact your doctor at once or go to the nearest hospital accident and emergency department. Always take the labelled medicine package with you, whether there is any Fibid left or not.

## While you are using it

- Things you must do

For best results, Fibid should be used along with exercise, a low-cholesterol and low-fat diet, and a weight loss program if you are overweight. Follow the diet and exercise program given to you by your health care provider.

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- Things you must not do

Do not drink alcohol while you are using Fibid.

- Things to be careful of

Fibid may cause dizziness, drowsiness, or blurred vision. These effects may be worse if you take it with alcohol or certain medicines. Use Fibid with caution. Do not drive or perform other possibly unsafe tasks until you know how you react to it.

Check with your doctor right away if you have unexplained muscle pain or weakness, these could be symptoms of a serious muscle problem called myositis

### Side effects

The most common side effect with gemfibrozil are indigestion, rash, diarrhea, headache, blurred vision, sense of spinning or swaying, vomiting and feeling sick. If you encounter any other side effects or the side effects become worsen, please consult your doctor or pharmacist.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website [portal.bpfk.gov.my](http://portal.bpfk.gov.my) (Consumer→Reporting)

### Storage and Disposal of Fibid

- Storage

Store in a cool dry place below 30°C. Keep the container tightly closed.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your

pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

### Product Description

- What it looks like

Size '0' scarlet/white coloured hard gelatin capsule containing white to off white powder.

- Ingredients

- Active ingredient

Gemfibrozil

- Inactive ingredients

Colloidal silicone dioxide, Hydroxypropylmethyl cellulose, Docusate sodium, Isopropyl alcohol, Magnesium stearate, Purified water, Sodium starch glycolate, Corn starch and Microcrystalline cellulose.

- MAL number:

MAL19992758AZ

### Manufacturer

Noripharma Sdn. Bhd.

Lot 5030, Jalan Teratai,  
5 ½ Miles off Jalan Meru  
41050 Klang, Selangor

### Product Registration Holder

Pahang Pharmacy Sdn. Bhd.  
Lot 5979, Jalan Teratai,  
5 ½ Miles off Jalan Meru  
41050 Klang, Selangor

### Date of Revision

- 10/06/2015

### Serial Number

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