# **DYNAMOL CAPSULE**

Paracetamol (500 mg)

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## What Dyna Dynamol Capsule is used for

Indicated for the relief of fever, menstrual pain, toothache, headache, muscle pain and pain associated with cold and flu.

## **How Dynamol Capsule works**

Paracetamol acts by inhibiting the production of hormone-like substances that participate in a wide range of body functions such as the contraction and relaxation of muscle, the dilation and constriction of blood vessels, control of blood pressure and modulation of inflammation. It is considered to affect the brain that controls body temperature.

## Before you use Dynamol Capsule

- When you must not use it
- Do not take if you have
- Hypersensitivity to Paracetamol or other ingredients in this product.
- Before you start to use it

Tell your doctor if you have any of the conditions:

- Liver and kidney impairment

Pregnancy and lactation
No reports regarding adverse effects.

Ask your doctor or pharmacists for advice before taking Dynamol Capsule.

## - Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

Paracetamol should not be taken concomitantly with

- Alcohol
- Cholestyramine (reduce cholesterol)
- Warfarin (prevent blood clot)
- Metoclopramide or Domperidone (treat nausea and vomitting).

## How to use Dynamol Capsule

- How much to use

Children 12 years and above: 1 capsule Adults: 2 capsule

The directions given may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

## - When to use it

Use as directed by your doctor or pharmacist.

All to be taken 3 to 4 times daily (not more than 4 doses in any 24 hours unless prescribed by the physician.

#### - How long to use it

Continue taking Dynamol Capsule for as long as your doctor recommends. Do not exceed the recommended dose or use for more than 10 days unless prescribed.

## - <u>If you forget to use it</u>

Take the missed dose as soon as you remember. If it almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

#### - If you use too much (overdose)

The only early features of Paracetamol poisoning are nausea and vomiting. This is usually followed by pain and tenderness in the right side of lower ribs area of the abdomen. Overdose can cause liver damage that is signified by yellowing of skin and eyes, gastrointestinal bleeding and low blood glucose level.

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

## While you are using it

- Things you must do

Take your medicine exactly as your doctor has told you.

Tell the doctor, dentist and pharmacist treating you that you are taking Dynamol Capsule.

#### - Things you must not do

Do not take any new medicines without consulting your doctor or pharmacist.

Do not give Dynamol Capsule to anyone else, even if they have the same symptoms or condition as you.

## - Things to be careful of

Paracetamol should not be taken concomitantly with a medicine that acts on the liver.

This preparation contains PARACETAMOL. Do not take any other Paracetamol containing medicine at the same time.

#### Side effects

Side effects of the Dynamol Capsule usually mild. Nausea, gastro-intestinal upsets, rashes and allergic conditions have occurred.

Allergy alert: Paracetamol may cause severe skin reactions; skin reddening, blisters or rash. These could be signs of a serious condition. If these reactions occur, stop use and seek medical assistance right away.

Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine. You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website <a href="mailto:npra.moh.gov.my">npra.moh.gov.my</a> (Public → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI).

# Storage and Disposal of Dynamol Capsule

- <u>Storage</u>

Keep out of reach of children Protect from light Store in dry place below 30°C Keep the container tightly closed

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## - Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

## **Product Description**

- <u>What it looks like</u>

Capsule with transparent colour body and red cap with blue and yellow granules.

- Ingredients
- Active ingredients

Paracetamol

- Inactive ingredients Brilliant Blue, Quinoline Yellow & Gelatin 240/250 Bloom.

- <u>MAL number</u> MAL20014530XZ

## **Manufacturer & Product registration** holder

Dynapharm (M) Sdn. Bhd. 2497, Mk 1, Lorong Perusahaan Baru 5, Kawasan Perusahaan Perai 3, 13600 Perai, Pulau Pinang, Malaysia.

#### **Date of revision**

02/05/2018

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