

NERBONS TABLET

Thiamine mononitrate/pyridoxine hydrochloride/cyanocobalamin (100mg/200mg/200µg)

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What Nerbons is used for

It is used to treat vitamin B1, B6 and B12 deficiencies, inflammation of the nerves and in conditions requiring increased intake.

How Nerbons works

Thiamine is associated with carbohydrate metabolism. Thiamine deficiency results in tiredness, loss of appetite, gastrointestinal disturbances, increased heart rate and irritability. Pyridoxine and cyanocobalamin are used in protein, carbohydrate and fat metabolism.

Before you use Nerbons

- When you must not use it

- Do not take Nerbons:
- if allergic to any ingredients in the tablet.
 - if there is high calcium or magnesium in the blood, inflammation in the kidney and blood disorders.
 - in Leber's disease because degradation of nerve for vision will occur.
 - in breastfeeding mothers.

- Before you start to use it

Inform the doctor or pharmacist if you have degeneration of the nerves. Exposure to large doses of pyridoxine in uterus may result in a pyridoxine dependency in the newborn. Large doses may interfere with metabolism of other vitamin B and cause symptoms of other deficiencies if you are undernourished.

- Taking other medicines

- Tell your doctor if you are taking:
- antibiotic (chloramphenicol, isoniazide, penicillamine, ethionamide, cycloserine)
 - hydralazine (for high blood pressure)
 - immunosuppressants (for cancer)
 - levodopa (for Parkinson)

How to use Nerbons

- How much to use

Adult, 1 tablet daily, or as directed by doctor. Follow all directions given by your doctor and pharmacist carefully.

They may differ from information in this leaflet on the label. If you do not understand the instructions, ask your doctor or pharmacist for help.

- When to use it

Use as directed by your doctor or pharmacist.

- How long to use it

Continue taking Nerbons for as long as your doctor recommends.

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it. Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using Nerbons

- Things you must do

Take your medicine exactly as your doctor has told you. Tell the doctor, dentist and pharmacist treating you that you are taking Nerbons. Tell your doctor immediately if you are pregnant while taking this medication.

- Things you must not do

Do not stop taking the medicine unless advised by your doctor. Do not take any new medicines without consulting your doctor or pharmacist. Do not give Nerbons to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

Large doses are not recommended without doctor's advice.

Side effects

Generally, Nerbons is well tolerated. This product should not be given before a doctor's diagnosis is fully established because of the possibility of masking symptoms of degeneration of the spinal cord. Cyanocobalamin in Nerbons is not a suitable treatment for degeneration of nerve

for vision associated with high cyanocobalamin level in the blood. You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, visiting the website npra.moh.gov.my (Public → Reporting Medicinal Problems / Side Effects / AEFI / Vaccine Safety).

Storage and Disposal of Nerbons

- Storage

Store in cool, dry place below 30°C. Protect from light. Keep out of reach of children.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required.

Product description

- What it looks like

White, biconvex, film-coated tablet.

- Ingredients

- Active ingredients: thiamine mononitrate, pyridoxine hydrochloride and cyanocobalamin.
- Inactive ingredients: lactose monohydrate, cornstarch, polyvinylpyrrolidone, magnesium stearate, hydroxypropyl methyl cellulose, deionised water, talc, titanium dioxide, carbowax 6000, simethicone 70460, aerosil 200 and denatured alcohol.

- MAL number:

MAL07101317XZ

Manufacturer and Product Registration Holder

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Date of revision

24/08/2017

Serial number

NPRA(R4/1)240817/00224