

PHARMANIAGA TERBUTALINE TABLET

Terbutaline Sulphate (2.5mg)

What is in this leaflet

1. What Pharmaniaga Terbutaline Tablet is used for
2. How Pharmaniaga Terbutaline Tablet works
3. Before you use Pharmaniaga Terbutaline Tablet
4. How to use Pharmaniaga Terbutaline Tablet
5. While you are using Pharmaniaga Terbutaline Tablet
6. Side effects
7. Storage and disposal of Pharmaniaga Terbutaline Tablet
8. Product description
9. Manufacturer and Product Registration Holder
10. Date of revision

What Pharmaniaga Terbutaline Tablet is used for
Pharmaniaga Terbutaline Tablet is used to relief and prevent bronchial asthma.

How Pharmaniaga Terbutaline Tablet works

Terbutaline belongs to the class of medications called *bronchodilators*. It works by relaxing certain muscles which helps to open airways in the lungs and makes breathing easier.

Before you use Pharmaniaga Terbutaline Tablet

-When you must not use it

Do not take Pharmaniaga Terbutaline Tablet if you:

- are allergic to any medicine containing terbutaline or any other ingredients listed below.
- are allergic to any others bronchodilators e.g salbutamol, formoterol
- are pregnant

-Before you start to use it

Tell your pharmacist if you have allergies to any other medicines, foods, preservatives or dyes.

Tell your doctor or pharmacist if

you are pregnant or plan to become pregnant or are breast-feeding. Your doctor or pharmacist can discuss with you the risks and benefits involved.

Check with your doctor or pharmacist before taking Pharmaniaga Terbutaline Tablet if:

- You have diabetes. If so, you may need some additional blood sugar tests when you start taking Pharmaniaga Terbutaline Tablet.
- You have a history of heart disease, irregular heart rhythm, increased heart rate or angina (chest pain).
- You have an overactive thyroid gland.
- You have abnormal heart rhythms associated with fast heart rate.

If you are not sure if any of the above applies to you, talk to your doctor or pharmacist before taking Pharmaniaga Terbutaline Tablet.

-Taking other medicines

Tell your pharmacist if you are taking any other medications, including ones without a prescription from your pharmacy, supermarket or health food shop.

Pharmaniaga Terbutaline Tablet can affect the way some medicines work and some medicines can have an effect on Pharmaniaga Terbutaline Tablet.

These include :

- cyclopropane, halothane or other halogenated anaesthetics
- cardiac glycosides (to treat heart disorders)
- quinidine (to treat irregular heartbeat)
- tricyclic antidepressants

How to use Pharmaniaga Terbutaline Tablet

Follow all directions given to you by your pharmacist or doctor carefully. They may differ from the information contained in this leaflet.

If you do not understand the directions on your prescription label, ask your pharmacist, nurse or doctor to explain the instructions to you.

-How much to use

Adults:

Initially 2.5mg three times daily, increased to 5mg three times daily as necessary.

Children over 7 years:

2.5mg two or three times daily or 75mcg per kg body weight three times daily.

-When to use it

Take Pharmaniaga Terbutaline Tablet exactly as your doctor has told you. It is usually taken three times a day but your doctor will tell you the suitable amount of dose for you. Your dose will also be on the label of the pack to remind you.

Try to take Pharmaniaga Terbutaline Tablet at the same times each day, as this will help you to remember to take it.

-How long to use it

Continue taking your medicine for as long as your doctor tells you. It is important to keep taking your medicine even if you feel well.

-If you forget to use it

Take the missed dose as soon as you remember. If it is almost time for your next dose, skip the dose you missed and take your next dose when you are meant to.

PHARMANIAGA TERBUTALINE TABLET

Terbutaline Sulphate (2.5mg)

Do not take a double dose to make up for the dose that you missed. This may increase the chance of you getting an unwanted side effect.

If you are not sure what to do, ask your doctor or pharmacist.

If you have trouble remembering when to take your medicine, please consult your pharmacist for some assistance.

-If you use too much (overdose)

Contact your doctor or go to your nearest hospital immediately. Do not drive if you have taken too many. You may need urgent medical attention.

If you take too much Pharamaniaga Terbutaline Tablet you may experience tremor (shaky hands) and fast or irregular heartbeat.

While you are using Pharamaniaga Terbutaline Tablet

-Things you must do

Follow all directions given to you by your doctor or pharmacist carefully. They may differ from the information contained in this leaflet.

If you have an Asthma Action Plan that you have agreed with your doctor, follow it closely at all times.

If you find that the usual dose of Pharamaniaga Terbutaline Tablet is not giving you as much relief as before, or you need to use it more often, please contact your doctor so that your condition can be checked.

Your pharmacist or doctor will assess your condition and decide

if you should continue to take the medicine. This is important to ensure your breathing problem is controlled properly.

See your doctor regularly to ensure that your asthma is not getting worse.

Tell any other doctors, dentists and pharmacists who are treating you that you are using Pharamaniaga Terbutaline Tablet.

If you are about to start on a new medicine, tell your doctor or pharmacist that you are using Pharamaniaga Terbutaline Tablet.

If you become pregnant while using Pharamaniaga Terbutaline Tablet, tell your doctor or pharmacist.

-Things you must not do

Do not take Pharamaniaga Terbutaline Tablet to treat any other complaints unless your pharmacist or doctor tells you to.

Do not give your medicine to anyone else, even if they have the same condition as you.

Do not take more than the recommended dose unless your pharmacist or doctor tells you so.

-Things to be careful of

Be careful when driving or operating any machineries until you know how Pharamaniaga Terbutaline Tablet affects you.

Side effects

Tell your pharmacist or doctor as soon as possible if you feel unwell when taking the Pharamaniaga Terbutaline Tablet.

This medicine helps most people, but it may have

unwanted side effects on some people. All medicines can have side effects. Sometimes they are serious, most of the time they are not.

You may need medical attention if you get some of the side effects. Do not be alarmed by the following list of side effects. You may not experience any of them.

Ask your pharmacist or doctor regarding any questions that you may have.

Tell your doctor or pharmacist if you notice any of the following and they worry you:

- headache
- tremor (shaky hands)
- fear and anxiety
- increased heart rate or irregular heart beat
- nausea (feeling sick) and vomiting
- confusion, irritability, weakness and psychotic states
- sweating
- low blood pressure with dizziness and fainting and flushing
- agitation, restlessness and insomnia
- appetite may be reduced
- chest pain
- difficulty breathing or worsening of your breathing problem

Listed above are some of the serious side effects. You may need urgent medical attention when you experience any of them. Serious side effects are rare. Tell your doctor if you notice anything else that is making you feel unwell. Other

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Terbutaline Sulphate (2.5mg)

side effects not listed above may occur in some patients.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers → Reporting)

Storage and disposal of Pharmaniaga Terbutaline Tablet

-Storage

Keep the medicines in a cool dry place where the temperature stays below 25°C. Protect from light.

Do not store it or any other medicine in the bathroom, or near a sink, or on a window sill.

Do not leave it in the car on hot days. Heat and dampness may destroy some medicines.

Do not use this medication after the expiry date which is printed on the product packaging. The expiry date refers to the last day of that month.

Keep out of reach of children.

-Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines which are no longer required. These measures will help to protect the environment.

Product description

-What it looks like

White to off white, round, biconvex tablet with 'RMB' scoreline on one side and

diamond shape marking on the other.

-Ingredients:

-Active ingredient:

Pharmaniaga Terbutaline Tablet
2.5mg contains Terbutaline Sulphate 2.5mg

-Inactive ingredients:

Lactose Monohydrate,
Cornstarch, Magnesium Stearate,
Purified Water and Talcum.

-MAL Number:

Pharmaniaga Terbutaline Tablet
2.5mg: MAL19920521A

Manufacturer:

Pharmaniaga Manufacturing Berhad (60016-D),
11A, Jalan P/1,
Kawasan Perusahaan Bangi,
43650 Bandar Baru Bangi,
Selangor Darul Ehsan,
Malaysia.

Product Registration Holder:

Pharmaniaga Manufacturing Berhad (60016-D),
11A, Jalan P/1,
Kawasan Perusahaan Bangi,
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