

DHACODINE SYRUP

Pholcodine 15mg/5ml

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What Dhacodine is used for

Dhacodine is used to relieve dry coughs that do not produce phlegm or mucus on the chest.

How Dhacodine work

Dhacodine contain pholcodine which is a cough suppressant. Pholcodine can be used to block the cough reflex by reducing the nerve signals sent from a part of the brain called the coughing centre to the muscles that produce coughing.

Before you use Dhacodine

When you must not take it

Do not take Dhacodine if:

- you are allergic (hypersensitive) to pholcodine or any of the other ingredients
- you have liver failure
- you have difficulty in breathing
- you have high blood pressure or heart disease
- you have increase pressure in the skull (intracranial pressure)
- you have asthma
- you are taking monoamine oxidase inhibitors (an antidepressant medicine for depression)

Before you start to take it

You should check with your doctor or pharmacist before taking Dhacodine if:

- you have a long-term cough or asthma
 - If you are pregnant or breastfeeding,
- If you are not sure if any of the above applies to you, talk to

your doctor or pharmacist before taking Dhacodine.

Taking other medicines

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription, including the following:

- Central Nervous System (CNS) depressants such as sedatives and tranquilizers (drugs used to treat anxiety and tension).

How to use Dhacodine

How much to use

Adults:

15mg 2 to 3 times a day.

Children 5-14 years:

5-7.5mg 2 to 3 times a day

When to take it

Take Dhacodine at the same time every day. If you are not sure, check with your doctor or pharmacist.

How long to take it

Always take Dhacodine exactly as your doctor has told you. If you are not sure, check with your doctor or pharmacist.

If you forget to take it

If you forget to take a dose, take it as soon as you remember it and then take the next dose at the right time.

Do not take a double dose to make up for a forgotten dose.

If you take too much (overdose)

If you (or someone else) took a lot of syrup at the same time, or you think a child may have swallowed any, contact your nearest hospital casualty department or tell your doctor immediately.

Symptoms of overdose are:

- restlessness
- excitement
- ataxia (uncoordinated movement)
- drowsiness

-respiratory depression (difficulty in breathing)

While you are taking Dhacodine

Things you must do

- Take Dhacodine for as long as your doctor recommends. If the symptom still persists or not lighten after a few days, please consult your doctor.
- Tell all the doctors, dentists and pharmacists treating you that you are taking Dhacodine.
- Tell your doctor immediately if you become pregnant while taking this medication.

Things you must not do

- Do not give Dhacodine to anyone else, even if they have the same condition as you.
- Do not take Dhacodine to treat any other complaints unless your pharmacist or doctor tells you to.
- Do not take more than the recommended dose unless your pharmacist or doctor tells you to.

Things to be careful of

Dhacodine may cause drowsiness. If affected, do not drive or operate machinery. Avoid alcoholic drink.

Side Effects

Like all medicines, Dhacodine may cause side effects, although not everybody gets them.

Consult doctor or pharmacist for further information if you notice any of the following and they worry you:

- Restlessness
 - Nausea and drowsiness
 - excitement
 - ataxia (lack of muscle coordination)
 - Long term consumption may produce tolerance and physical dependence.
- Consult doctor or pharmacist for further information if you notice any other side effects and they worry you.

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You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers → Reporting).

Storage and Disposal of Dhacodine

- Storage

Keep all medicines out of the reach of children.

Store below 25°C and protect from light. Store in airtight container.

- Disposal

Do not take this medicine after the expiry date stamped on the pack.

Return any unused syrups to your pharmacist to be disposed of. Only keep the syrups if your doctor tells you to. Do not throw them away in your normal household drainage or waste. This will help to protect the environment.

Product Description

- What it looks like

Clear yellow syrup, sweet taste with passion fruit flavour.

Ingredients

- Active Ingredient

Each 5ml syrup contains 15mg pholcodine.

- Inactive ingredients

Methyl hydroxybenzoate, Propyl hydroxybenzoate, citric acid monohydrate, granulated sugar, quinoline yellow, liquid glucose, passion fruit flavor, purified water

- MAL Number

MAL19890531A

Manufacturer

Drug Houses of Australia Pte. Ltd.

#09-01/02 Haw Par Tiger Balm Building,
No. 2, Chia Ping Road,
Singapore 619968

Product Registration Holder

Actavis Sdn Bhd

Unit 304, Level 3, Uptown 2, 2
Jalan SS21/37, Damansara
Uptown, 47400 Petaling Jaya,
Selangor Darul Ehsan, Malaysia

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