BONAIR HFA INHALER

Salbutamol sulphate (100mcg/actuation)

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What Bonair is used for

Bonair is used as a prevention and relief medication in mild, moderate or severe asthma.

How Bonair works

Bonair contain Salbutamol which acts especially on the bronchi (airway) by relaxing the smooth muscles. Bonair provides short-acting (4 to 6 hour) bronchodilation (widening the airways) in reversible airways obstruction with fast onset (within 5 minutes).

Before you use Bonair

When you must not use it

Do not use Bonair if you are hypersensitive to salbutamol sulfate or to any other ingredients listed at the end of this leaflet.

Pregnancy and lactation

Administration of Bonair during pregnancy should only be considered if the expected benefit to the mother is greater than any possible risk to the foetus. Unnecessary administration of medicine during the 1st trimester of pregnancy is undesirable.

As Salbutamol is probably secreted in breast milk its use in nursing mothers is not recommended unless the expected benefits outweigh any potential risk. It is not known whether salbutamol in breast milk has a harmful effect on the newborn.

Before you start to use it

Tell your doctor if you have any of the following conditions:

- heart disease
- high blood pressure
- high blood sugar

Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy from a pharmacy, supermarket or health food shop without a prescription.

Concomitant used with β -Blockers eg, propranolol will inhibit the effect of salbutamol.

Additional adrenergic agents, monoamine oxidase inhibitor (MAOI) for depression or tricyclic antidepressants should be used with caution concomitantly with salbutamol because of cardiovascular (heart and blood vessels) effects.

How to use Bonair

How much to use

In acute bronchospasm (tightening of the airways going into the lungs):

Adult dosage : 100 to $200 \mu g$ daily. Children's : $100 \mu g$ daily. If required, the dose can be increased to $200 \mu g$.

Prevention of exercise-induced bronchospasm:

Adult dosage: 200 µg daily before exertion.

Children's : $100 \mu g$ daily before exertion. If required, the dose can be increased to $200 \mu g$.

In Chronic therapy:

Adult dosage $\,:\,$ Up to 200 μg four times daily.

Children's : Up to $100 \mu g$ four times daily.

When to use it

Use as directed by your doctor or pharmacist.

How long to use it

Continue taking Bonair for as long as your doctor recommends.

If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your

next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

The sign of overdose include:

- Seizures
- Angina (chest pain)
- High or low blood pressure
- An Abnormally rapid heart rate of more than 100 beats per minute
- Arrhythmias (irregular heartbeat)
- Nervousness
- Headache
- Tremor
- Dry mouth
- Palpitation
- Nausea
- Dizziness
- Fatigue
- Insomnia.

While you are using it

Things you must do

Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists that are treating you that you are taking Bonair.

Tell your doctor immediately if you become pregnant while taking this medication.

Things you must not do

Do not take any new medicines without consulting your doctor.

Do not give Bonair to anyone else, even if they have the same symptoms or condition as you.

Things to be careful of

If you are pregnant or become pregnant or breast-feeding during treatment, you should not take salbutamol unless your doctor tells you to. This is because the risk to your unborn baby is not yet known.

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Side effects

Like all medicines, Bonair can cause side effects, although not everybody gets them. Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine.

Hypokalaemia (low level of potassium in the blood) is known to be a possible side-effect during treatment with Salbutamol & this may be enhanced during concomitant diuretic therapy (increase the volume of urine).

The side effect includes:

- Tachycardia (Fast abnormal heartbeat, often more than 100 beats per minute)
- Palpitations (abnormal heart rate)
- Cardiac arrhythmias (Improper beating of the heart, whether irregular, too fast, or too slow.
- Precipitation of angina pectoris (chest pain or discomfort due to coronary heart disease)
- Central nervous system stimulations
- Dry mouth
- Sweating
- Headache
- Dizziness
- Nausea
- Vomiting
- Nervousness
- Anxiety
- Tremor.

If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers → Reporting).

Storage and Disposal of *Bonair Storage*

Keep out of the reach and sight of children.

Store below 25°C. Do not freeze. Avoid storage in direct sunlight or heat.

Do not puncture or burn the pressurized vial even when empty.

Do not use your medicine after the expiry date which is stated on the pack after 'EXP'. The expiry date refers to the last day of that month.

Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

What it looks like

An easily actuated aerosol containing a white to off-white suspension in the Propellants filled in a metallic cans & fitted with metering valve.

Ingredients

Active ingredient

• Salbutamol Sulphate BP equivalent to Salbutamol

Inactive ingredients

- Ethanol
- Oleic acid
- Propellant 134 a/p

MAL number: MAL07090894ACZ

Manufacturer

MIDAS CARE PHARMACEUTICALS PVT. LTD. B-16, MIDC Waluj, Aurangabad 431136 INDIA

Product Registration Holder

STERILINE SDN. BHD. Lot 5979, Jalan Teratai, 5 ½ Mile Off Jalan Meru, 41050 Klang, Selangor MALAYSIA

Date of revision

30/09/2015

Serial number

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