## LORADYNE TABLET

Loratadine (10mg)

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#### What Loradvne is used for

Loradyne is used for the relief of symptoms associated with allergic rhinitis (inflammation of the mucous membrane inside the nose) e.g. sneezing, nasal discharge and itching, as well as itching and burning sensation of the eyes and chronic urticaria (a raised, itchy rash on the skin) and other allergic skin disorders.

#### How Loradyne works

Loradyne contains loratadine, which belongs to a group of medicines called antihistamines. Antihistamines help reduce allergic symptoms by preventing the effects of a substance called histamine. Histamine is produced by the body in response to foreign substances which the body is allergic to.

## Before you use Loradyne

- When you must not use it
- Do not take Loradyne if you are allergic to its active ingredient or to other ingredients in it.

## Pregnancy and breastfeeding

Use in pregnancy has not been established. Loratadine is excreted in breast milk and this increases the risk of antihistamines in infants. Therefore the risks and benefits should be considered before use.

## - Before you start to use it

Inform the doctor or pharmacist if you are pregnant, breast feeding or have liver disorders.

## - Taking other medicines

Tell your doctor if you are taking any other medicines including any medicine that you buy without a prescription from a pharmacy, supermarket or health food shop.

These may include medicines such as macrolide antibiotics, ketoconazole, cimetidine, ranitidine and theophylline.

#### How to use Loradyne

## - How much to use

Adult and children over 12 years: 10mg once daily.

Liver failure or kidney insufficiency: initial dose of 10mg every other day.

Follow all directions given by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

#### - When to use it

Use as directed by your doctor or pharmacist.

## - How long to use it

Continue taking Loradyne for as long as your doctor recommends.

## - If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it. Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

## - <u>If you use too much (overdose)</u>

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Symptoms of overdose include somnolence (sleepiness), increased heart rate and headache.

#### While you are using Loradyne

- Things you must do
- Take your medicine exactly as your doctor has told you.
- Tell all the doctors, dentists and pharmacists treating you that you are taking Loradyne.
- Tell your doctor immediately if you become pregnant while taking this medication.

## - Things you must not do

- Do not stop taking the medicine unless advised by your doctor.
- Do not take any new medicines without consulting your doctor.
- Do not give Loradyne to anyone else,

even if they have the same symptoms or condition as you.

## - Things to be careful of

Caution when driving or doing jobs requiring alertness because of possible drowsiness. Avoid alcoholic beverages. Although Loradyne is a non-sedating antihistamine which does not enhance the effects of alcohol, but few patients has experienced drowsiness. Therefore, caution should be exercised when administered concomitantly.

#### Side effects

Like all medicines, Loradyne can cause side effects, although not everybody gets them. Visit the doctor or pharmacist immediately if you experience any side effects after taking this medicine.

Common side effects are fatigue, headache, somnolence (sleepiness), dry mouth, hair loss, anaphylaxis (a severe, potentially lifethreatening allergic reaction), abnormal liver function and gastrointestinal disorders e.g. nausea, stomach inflammation and allergic symptoms.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website <u>portal.bpfk.gov.my</u> (Consumers → Reporting)

## Storage and disposal of Loradyne

## - Storage

Store in a cool, dry place, below 30°C. Protect from light.
Keep out of reach of children.

#### - Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

## **Product description**

- What it looks like

White, oval-shaped and top-scored tablet.

- Ingredients
- Active ingredient: loratadine.
- Inactive ingredients: cornstarch, lactose monohydrate, and magnesium stearate.

## - <u>MAL number:</u>

MAL20020366AZ

# **Manufacturer and Product Registration Holder**

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