

BREATHNINE SYRUP

Salbutamol Sulphate (2mg / 5 ml)

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What Breathnine is used for

- a. Relief of bronchial asthma (a chronic, inflammatory disease of the airway, which is characterized by bronchial hyperreactivity and respiratory obstruction.)
- b. Chronic bronchitis (a chronic inflammatory condition in the lungs that causes the airways to be swollen and irritated, increases the mucus production and damages the lungs.)
- c. Emphysema (disease of the lungs that primarily causes shortness of breath)
- d. Acute dyspnea (a sudden difficulty in breathing).

How Breathnine works

Breathnine contains active ingredient salbutamol.

Salbutamol belongs to a group of medicines called bronchodilators. Bronchodilators help the airways in your lungs to stay open. This makes it easier for air to get in and out. They help to relieve chest tightness, wheezing and cough.

Before you take Breathnine

-When you must not take it

Talk to your doctor and do not take Breathnine syrup, if you have :

1. Heart problem
2. Diabetes
3. Enlarged prostate
4. Hyperthyroidism (overactive thyroid).
5. High Blood pressure

-Before you start to take it

Inform your doctor if you have any medical problem or if you are pregnant/breastfeeding or plan to get pregnant/breastfeeding.

Taking Breathnine while you are pregnant may cause harm to your baby. Your doctor will decide whether Breathnine is still suitable for you.

-Taking other medicines

Talk to your doctor/pharmacist if you are taking any medicine including those you buy without a prescription. Some of the medicines may interact with Breathnine syrup if taken together, such as :

- Adrenocorticoid and glucocorticoid oral inhalation aerosols that contain fluorocarbon.
- Some anaesthetic.
- Diuretics (anti-high blood pressure medicine).
- Beta - adrenergic blocking agents (medicine used for high blood pressure and heart problem).
- Medicines that stimulate central nervous system.
- Digitalis glycosides (medicine used for heart problem).
- Epinephrine or other sympathomimetic aerosol bronchodilators.
- (Medicine used in parkinson).
- Monoamine oxidase (MAO) inhibitors, including furazolidone, pargyline and procarbazine or Tricyclic antidepressants .
- Nitrates- medicines used for heart problem).
- Other oral sympathomimetics.
- Thyroid hormones
- Xanthines

-Consult your doctor/pharmacist if you have any problem or if you are not sure whether you should take Breathnine syrup.

How to take Breathnine

-How much to take

Usual adult dose: 2-6mg 3-4 times a day initially. The dosage may be increased as needed and tolerated to a maximum of 8mg 4 times a day to treat the tightening airways.

Usual elderly person and individuals sensitive to beta- adrenergic stimulants (medications that relax muscles of the airways, which widens the airways and results in easier breathing).

- Dose: 2 mg, three or four times a day initially, the dosage may be increased as needed and tolerated a maximum of 8 mg, three or four times a day.

Usual dose for children 2-6 years old :
- 100 mcg (0.1 mg) per kg of body weight three times a day initially; the dosage may be increased as needed and tolerated to 200 mcg (0.2 mg) per kg of body weight, not to exceed 4 mg three times a day.

Usual dose for children 6-14 years old :
2 mg three or four times a day initially, the dosage may be increased as needed and tolerated to a maximum of 24 mg per day in divided doses.

Usual dose for children age 14 years and above: same as adult dose.

Breathnine syrup dosage has not been established for children up to 2 years of age.

-When to take it

Take at the same time each day will help you to remember taking Breathnine.

-How long to take it

Please follow doctors advice.

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-If you forget to take it

Take the missed dose as soon as possible as you remember it. However if it is almost time for the next dose, skip the missed dose and continue your regular doing schedule. Do not take a double dose to make up for a missed one.

-If you take too much (overdose)

If you or anyone else accidentally taken too much Breathnine syrup, immediately go to the nearest hospital as medical attention may be needed.

While you are using Breathnine

-Things you must do

Follow doctors advice.

It is very important that you use this medicine only as directed. Do not use more than your doctor instructed. Check with your doctor immediately if you experience the following side effects: Chest pain, severe dizziness, severe or continuing headache, continuing nausea or vomiting, unusual fast or pounding heartbeat.

-Things you must not do

Do not stop taking without consulting doctor first .Do not give your medicine to other people who experience the same symptoms as you.

-Things to be careful of

- If you are pregnant or breast feeding.
- If you are elderly.
- If you are a diabetics.

Side Effects

Like all medicines, Breathnine can cause side effects, although not everybody gets them. Some of the side effects are fine tremor (usually hands), nervous tension, headache.

Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine. You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers →Reporting).

Storage and Disposal of Breathnine

-Storage

Store below 25°C.Protect from light & moisture. KEEP ALL MEDICINES OUT OF REACH OF CHILDREN. Store in well-closed containers Protect from freezing.

-Disposal

Medicines should not be disposed of via waste water or household waste. These measures will help you to protect the environment.

Products Description

-What it looks Like

A clear, red coloured liquid with sweet taste and raspberry flavour.

-Ingredients:

Active Ingredient:

Each 5ml contains 2mg Salbutamol Sulphate

In active Ingredients:

Flavour (Raspberry), Sodium Benzoate, Ponceau 4R Supra, Citric Acid Monohydrate, Sorbitol (70%) Solution Purified Water, Menthol, Propylene Glycol and Sodium Saccharin.

-MAL number: MAL19940726AZ

Manufacturer and Product Registration Holder

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